

SELF TRANSCENDENCE 24 HOUR RACE 16th/17thSEPTEMBER 2017

10 KM SPLITS

EXTRAPOLATED FROM LAP SHEETS. 400M TRACK MEANS ALL 10K SPLITS ARE AT THE FINISH LINE.

STOPWATCH TIMES UNDERLINED OTHER TIMES EXTRAPOLATED FROM COMPLETED LAPS ON LAP SHEETS

POSITION	NO			LAPS	10K	20K	30K	40K	50K	60K	70K
1	<u>26</u>	Norbert	Mihalik	648	00:50:48	01:38:31	02:29:34	03:17:21	04:02:34	04:51:45	05:41:59
2	<u>8</u>	Therese	Falk	592	00:56:18	01:51:45	02:47:39	03:42:40	04:39:27	05:35:23	06:31:30
3	<u>57</u>	Jamie	Hauxwell	556	00:50:36	01:42:31	02:35:16	03:30:08	04:26:15	05:23:13	06:22:35
4	<u>36</u>	Matthew	Blackburn	545	00:52:50	01:49:53	02:48:37	03:47:16	04:44:06	05:43:50	06:48:33
5	<u>22</u>	Andy	Jordan	535	0:48:57	01:37:54	02:26:59	03:16:40	04:09:25	04:57:40	05:54:40
6	<u>81</u>	Tadeusz	Sekretarczyk	532	00:56:46	01:54:18	02:54:20	03:56:52	05:01:18	06:05:12	07:19:00
7	<u>78</u>	Claus	Rasmussen	514	00:52:05	01:44:27	02:37:10	03:32:25	04:29:30	05:27:33	06:31:00
8	<u>9</u>	Isobel	Wykes	508	01:02:25	02:03:33	03:02:50	04:05:59	05:09:53	06:12:31	07:17:52
9	<u>42</u>	Rodrigo	Freeman	501	01:00:58	02:05:13	03:10:06	04:12:08	05:18:32	06:28:04	07:40:22
10	<u>55</u>	Mich	Hardie	492	00:57:32	01:55:13	02:53:30	03:53:35	04:52:20	05:50:30	06:52:35
11	<u>59</u>	Samuel	Kilpatrick	474	1:00:42	02:03:44	03:06:08	04:13:07	05:18:31	06:29:15	07:38:00
12	<u>20</u>	Mark	Bissell	473	00:52:01	01:48:31	02:45:46	03:43:49	04:42:40	05:40:10	06:44:20
13	<u>79</u>	Brian	Robb	466	00:47:00	01:34:47	02:21:58	03:13:01	04:07:37	05:04:00	05:59:49
14	<u>75</u>	Dave	More	466	01:00:32	02:11:49	03:15:27	04:16:10	05:20:49	06:29:44	07:35:50
15	<u>82</u>	Jonni	Suckling	453	01:00:18	01:58:22	02:54:50	03:53:03	04:50:26	05:45:25	06:45:23
16	<u>91</u>	Adam	Yates	448	00:56:40	01:54:20	02:56:20	03:54:45	05:09:30	06:14:40	07:27:49
17	<u>80</u>	Paul	Rowlinson	445	01:02:50	02:04:50	03:09:42	04:12:32	05:15:59	06:23:47	07:33:51
18	<u>58</u>	Neil	Kapoor	439	00:56:54	02:00:07	03:04:58	04:13:25	05:23:00	06:37:50	07:58:20
19	<u>19</u>	Charlotte	Smith	427	01:00:05	01:58:40	03:01:40	04:06:10	05:22:20	06:28:10	07:31:55
20	<u>84</u>	Russell	Tullett	423	01:04:30	02:13:10	03:20:00	04:27:30	05:34:15	06:44:25	07:59:36
21	<u>40</u>	Ian	Ferguson	411	01:00:39	01:55:10	02:46:08	03:42:38	04:42:55	05:45:47	06:57:47
22	<u>60</u>	Luke	Latimer	409	01:10:43	02:26:20	03:37:48	04:52:21	06:09:40	07:23:50	08:41:15
23	<u>61</u>	Euan	MacMillan	409	00:53:42	01:47:02	02:46:05	03:48:40	04:58:59	05:59:14	07:17:15
24	<u>38</u>	Sam	Bolton	403	01:10:05	02:18:50	03:17:10	04:28:34	05:42:46	07:03:01	08:36:11
25	<u>90</u>	Artur	Venis	382	01:07:20	02:22:40	03:31:45	04:39:56	05:53:15	07:23:15	09:08:30
26	<u>16</u>	Roz	Glover	377	01:05:50	02:16:10	03:29:20	04:43:20	05:59:10	07:25:55	09:00:12
27	<u>39</u>	Derren	Peters	363	01:02:03	02:17:15	03:24:00	04:42:42	05:58:50	07:28:30	09:13:00

POSITION	NO			LAPS	10K	20K	30K	40K	50K	60K	70K
28	41	Adharanand	Finn	359	01:02:49	02:09:06	03:13:38	04:22:23	05:28:39	06:45:52	08:00:41
29	18	Patricia	Seabrook	330	01:23:10	02:53:20	04:25:30	06:01:20	07:41:10	09:24:21	11:12:07
30	63	Michal	Masnik	328	00:53:48	01:47:10	02:40:33	03:32:53	04:32:22	05:26:40	06:20:17
31	10	Jessica	Aideborn	326	00:59:59	02:01:22	03:06:16	04:10:28	05:18:27	06:30:39	08:01:27
32	37	Karteek	Clarke	326	01:05:30	02:18:09	03:44:09	05:16:06	07:01:22	09:07:30	10:54:50
33	92	James	Young	325	01:05:00	02:10:35	03:16:30	04:24:40	05:35:59	06:43:04	08:03:47
34	76	Geoff	Oliver	322	01:08:20	02:18:01	03:32:34	05:50:21	06:24:23	08:19:10	10:15:14
35	56	Reima	Hartikainen	287	00:57:12	02:01:35	03:05:39	04:33:37	05:54:30	07:37:45	09:30:05
36	23	Richard	Keefe	287	00:56:30	01:52:59	02:50:30	03:47:20	04:50:40	06:16:35	08:23:10
37	17	Anne	Jennings	259	01:06:10	02:15:10	03:24:55	04:36:30	05:40:30	06:50:10	07:58:10
38	77	James	Quinn	255	01:06:23	02:17:16	03:21:08	04:25:15	05:27:36	06:35:22	07:52:10
39	83	Keith	Sullivan	252	01:03:15	02:09:25	03:13:00	04:21:24	05:45:55	07:12:22	08:31:40
40	44	Don	Hannon	251	01:05:50	02:12:40	03:20:09	04:33:00	05:31:52	06:34:50	07:33:25
41	62	Ranjeet	Mahla	226	01:02:50	02:25:37	04:00:18	05:46:03	07:44:25	10:28:55	13:12:12
42	64	Ray	McCurdy	221	01:34:32	03:17:20	05:22:45	07:28:40	12:28:25	14:40:50	20:14:45
43	43	Russell	Gardham	184	00:49:20	01:54:44	02:54:07	04:09:06	05:22:51	06:34:05	07:54:29
44	21	Sergey	Ionov	129	00:50:45	01:43:31	02:38:55	03:42:00	04:42:00		
45	7	Stephen	Campbell	77	00:57:16	02:00:38	03:37:00				

	80K	90K	100K	110K	120K	130K	140K	150K	160K	170K	180K	190K	200K
Mihalik	06:33:41	07:24:55	<u>08:17:55</u>	09:15:02	10:08:20	11:05:30	12:05:03	13:00:03	13:59:58	14:59:10	15:55:55	16:53:59	<u>17:54:08</u>
Falk	07:30:44	08:27:35	<u>09:23:50</u>	10:20:17	11:17:15	12:16:05	13:12:05	14:11:12	15:13:34	16:13:45	17:18:55	18:25:20	19:36:15
Hauxwell	07:23:15	08:25:20	09:29:20	10:38:03	11:45:12	12:56:27	14:14:10	15:29:30	16:46:01	18:10:29	19:28:20	20:36:09	<u>21:40:52</u>
Blackburn	07:51:37	08:58:03	10:01:50	11:05:35	12:17:45	13:25:10	14:32:05	15:47:23	17:04:10	18:35:14	19:54:11	21:02:03	<u>22:05:47</u>
Jordan	06:54:15	07:48:20	<u>09:00:10</u>	10:24:45	11:56:20	13:00:30	14:36:30	17:00:40	18:11:57	19:28:06	20:31:22	21:39:05	<u>22:37:48</u>
Sekretarczyk	08:22:16	09:32:18	10:47:07	11:54:40	13:07:23	14:24:07	15:28:00	16:29:40	17:43:20	18:56:38	19:56:58	21:03:37	<u>22:18:36</u>
Rasmussen	07:36:58	08:44:49	09:56:25	11:09:18	12:23:17	13:40:36	14:54:05	16:17:25	17:47:50	19:18:00	20:34:10	21:47:20	<u>23:03:05</u>
Wykes	08:24:14	09:28:55	10:37:20	11:48:38	13:00:46	14:10:26	15:21:50	16:36:05	17:18:10	19:08:15	20:22:15	21:42:20	<u>23:19:45</u>
Freeman	08:53:14	10:18:12	11:35:25	12:50:30	14:13:17	15:45:30	17:00:45	18:23:50	19:32:25	20:43:25	21:48:50	22:58:59	<u>23:57:00</u>
Hardie	07:55:30	08:58:05	10:00:40	11:06:36	12:18:27	13:23:40	14:33:15	15:45:55	16:58:02	20:18:00	21:46:17	23:07:57	
Kilpatrick	08:52:40	10:10:21	11:29:10	12:44:55	14:00:30	15:19:00	16:35:00	17:59:50	19:26:07	20:54:36	22:29:24		
Bissell	07:48:20	08:52:00	09:57:30	11:05:20	12:20:30	13:29:40	14:42:00	16:04:20	17:33:35	19:00:38	21:25:48		
Robb	06:57:17	07:49:30	08:54:15	09:50:49	10:52:07	11:54:30	13:06:30	14:15:47	15:30:00	17:45:35	21:40:41		
More	08:47:00	10:07:32	11:23:40	12:35:34	13:49:10	15:10:53	16:33:31	18:08:20	19:26:25	20:59:30	22:52:50		
Suckling	07:56:30	08:49:56	09:54:44	11:09:11	12:19:12	13:37:42	19:32:10	20:26:27	21:27:11	22:44:25	23:54:00		
Yates	08:31:23	09:52:54	10:55:20	12:24:10	13:44:00	15:14:30	17:08:50	19:02:00	20:33:00	22:27:20			
Rowlinson	08:46:30	09:59:22	11:20:02	12:47:01	14:15:11	15:47:13	17:26:10	19:10:15	20:48:00	22:34:32			
Kapoor	09:30:30	11:02:47	12:26:10	13:57:53	15:26:04	16:59:38	18:36:55	20:02:45	21:30:16	23:12:19			
Smith	08:57:12	10:07:36	11:38:50	13:28:02	15:10:28	17:11:02	18:54:52	20:52:37	22:12:52	23:48:21			
Tullett	09:16:25	10:30:00	11:45:47	13:07:00	14:26:20	15:47:05	17:18:35	18:47:50	20:13:00				
Ferguson	08:14:08	09:25:01	10:34:02	12:25:30	13:59:48	15:49:45	17:56:15	19:47:47	21:37:05				
Latimer	09:56:10	11:22:01	12:43:55	14:14:10	15:15:22	18:38:25	20:07:59	21:39:15	23:19:35				
MacMillan	08:37:26	10:01:40	12:05:12	13:41:55	15:33:38	18:15:00	20:02:20	21:48:25	23:18:45				
Bolton	10:01:03	11:27:35	13:03:20	14:43:05	16:25:10	18:05:47	19:49:00	21:33:03	23:17:48				
Venis	10:36:10	12:32:40	14:02:30	16:01:20	18:17:25	20:16:20	22:12:40	23:24:55					
Glover	10:39:55	12:05:57	13:48:18	15:33:20	17:44:21	19:17:12	21:36:26	23:48:33					
Peters	10:32:50	11:55:04	13:23:02	14:49:40	17:18:55	18:44:29	22:46:11						

	80K	90K	100K	110K	120K	130K	140K	150K
Finn	09:30:24	11:08:21	13:23:10	16:25:40	19:46:55	22:09:49	23:35:23	
Seabrook	13:24:20	15:16:35	18:10:26	20:16:44	21:52:34	23:39:28		
Masnik	07:15:10	08:12:09	09:16:10	10:18:15	11:23:38	12:36:15		
Aideborn	09:22:25	10:52:55	13:28:47	17:21:54	21:28:00	23:53:10		
Clarke	12:48:50	15:00:30	17:10:20	19:55:53	21:56:55	23:54:00		
Young	09:25:27	10:42:37	12:13:19	14:16:02	15:32:10			
Oliver	11:53:58	14:09:05	16:24:10	18:40:21	20:53:47			
Hartikainen	12:42:15	16:41:35	20:40:40	22:53:44				
Keefe	10:46:30	12:47:15	20:10:02	23:18:00				
Jennings	09:29:10	10:52:15	12:11:07					
Quinn	09:05:40	10:21:56	11:48:30					
Sullivan	09:57:10	11:43:25	13:11:40					
Hannon	08:43:30	09:52:05	12:01:30					
Mahla	17:57:50	23:48:52						
McCurdy	22:25:07							

	210K	220K	230K	240K	250k
Mihalik	18:53:35	19:53:53	20:53:50	21:55:28	<u>23:04:28</u>
Falk	20:41:25	21:49:45	22:56:35		
Hauxwell	22:42:33	23:43:17			
Blackburn	23:07:50				
Jordan	23:35:40				
Sekretarczyk	23:35:08				