

# Sri Chinmoy 5K Race

Battersea Park, London

8 August 2016



## WINNERS

RANK FIRST NAME SURNAME CLUB M | F TIME AGE

### Men U/50

1	Olivier	Ie Polain	London Heathside AC	M	00:15:35	34
2	Mark	Worringham	Reading Roadrunners	M	00:15:38	38
3	Timothy	Bowen	Dulwich Runners AC	M	00:15:45	32
4	Simon	Beedell	Woodford Green AC	M	00:15:57	34
5	Conor	Kissane-Wood	Thames Valley H	M	00:16:00	21
6	Pavan	Rooprai		M	00:16:05	23
7	Richard	Macaulay	London Heathside	M	00:16:11	30

### Women U/50

1	Steph	McCall	South London Harriers	F	00:16:37	22
2	Amelia	Pettitt	Vale Royal AC	F	00:17:23	
3	Rebecca	Piggott	London Heathside	F	00:17:35	30
4	Megan	De Silva	Ranelagh Harriers	F	00:17:45	33
5	Lisa	Rooney	Collingwood AC	F	00:18:27	37
6	Suzy	Whatmough	Ranelagh Harriers	F	00:18:49	27
7	Helena	Hayes	London City Athletics Club	F	00:19:42	23

### Men Vet 50

1	Stephen	Philcox	Ilford AC	M	00:17:07	50
2	Peter	Clarke	Hercules Wimbledon	M	00:17:30	54
3	Michael	Bridgeland	Chelmsford AC	M	00:17:38	58

### Women Vet 50

1	Carol	Jones	Ealing Southall & Middx	F	00:21:43	59
2	Caroline	White	London heathside	F	00:22:56	59
3	Sarah	Newton	Serpentine	F	00:23:35	59

### Men Vet 60

1	Andrew	Roberts	Serpentine	M	00:19:14	63
2	Michael	Abrahams	London Heathside	M	00:20:26	60

### Women Vet 60

1	Ann	Davidson	Purple Patch R	F	00:26:33	63
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### Men Vet 70

1	Dennis	Williams	Hercules Wimbledon	M	00:24:04	70
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## RESULTS

RANK FIRST NAME SURNAME CLUB M | F TIME AGE CATEGORY

1	Olivier	Ie Polain	London Heathside AC	M	00:15:35	34	M U/50	1
2	Mark	Worringham	Reading Roadrunners	M	00:15:38	38	M U/50	2
3	Timothy	Bowen	Dulwich Runners AC	M	00:15:45	32	M U/50	3
4	Simon	Beedell	Woodford Green AC	M	00:15:57	34	M U/50	4
5	Conor	Kissane-Wood	Thames Valley H	M	00:16:00	21	M U/50	5
6	Pavan	Rooprai		M	00:16:05	23	M U/50	6
7	Richard	Macaulay	London Heathside	M	00:16:11	30	M U/50	7
8	Billy	Ryan	Newham & Essex Beagles	M	00:16:13	25	M U/50	8
9	Daniel	Ansell	Trafford AC	M	00:16:14	28	M U/50	9
10	Andy	Barnes	London Heathside	M	00:16:20	33	M U/50	10
11	Alex	Galloway		M	00:16:22	32	M U/50	11
12	Simon	Craddock	Serpentine	M	00:16:22	34	M U/50	12
13	Filip	Jenozah	Polish Express Team	M	00:16:24	27	M U/50	13
14	andrew	inglis	cambridge harriers	M	00:16:27	39	M U/50	14
15	Oilly	Laws	Newham and Essex Beagles/O	M	00:16:31	36	M U/50	15
16	Duncan	Lawrence	Fulham RC	M	00:16:33	28	M U/50	16
17	Allan	Whatmough	London Heathside	M	00:16:34	29	M U/50	17
18	James	MacDonald	Cambridge Harriers	M	00:16:36	36	M U/50	18
19	Steph	McCall	South London Harriers	F	00:16:37	22	W U/50	1
20	Kimon	Doulis	London Heathside	M	00:16:37	30	M U/50	19
21	Phillip	Coales	Striders of Croydon	M	00:16:40	24	M U/50	20
22	Paul	Devine	Dulwich	M	00:16:40	38	M U/50	21
23	Richard	Purdy	Serpentine	M	00:16:42	34	M U/50	22
24	Nicolas	Besson	Serpentine	M	00:16:49	35	M U/50	23
25	Simon	Thompson	Herne Hill H	M	00:16:50	37	M U/50	24

26	Lee	Martin	Springfield Striders	M	00:16:53	45	M U/50	25
27	Sion	Lewis	London heathside	M	00:16:54	34	M U/50	26
28	Dan	Pettitt	Horsham Joggers	M	00:16:57	21	M U/50	27
29	Samuel	Cornforth	Springfield Striders	M	00:16:58	23	M U/50	28
30	Robert	Lloyd Smith	Sutton Runners	M	00:17:04	43	M U/50	29
31	Stephen	Philcox	Iford AC	M	00:17:07	50	M Vet 50	1
32	Peter	Holmes	Serpentine	M	00:17:09	38	M U/50	30
33	Matthew	Woodman	Stafford harriers	M	00:17:14	39	M U/50	31
34	Simon	Dunderdale	London Heathside	M	00:17:15	34	M U/50	32
35	Peter	Flew	Victoria Park Harriers	M	00:17:16	32	M U/50	33
36	Kevin	Smith	Clapham Chasers	M	00:17:17	32	M U/50	34
37	Daniel	Nichols	Barnet & District	M	00:17:17	33	M U/50	35
38	Thomas	Daley	Fulham RC	M	00:17:20	41	M U/50	36
39	Robin	Sanderson	Herne Hill H	M	00:17:23	39	M U/50	37
40	Amelia	Pettitt	Vale Royal AC	F	00:17:23		W U/50	2
41	Peter	Clarke	Hercules Wimbledon	M	00:17:30	54	M Vet 50	2
42	James	Hampshire	Fulham RC	M	00:17:34	36	M U/50	38
43	Rebecca	Piggott	London Heathside	F	00:17:35	30	W U/50	3
44	Jonathan	Abel	West 4 Harriers	M	00:17:38	33	M U/50	39
45	Michael	Bridgeland	Chelmsford AC	M	00:17:38	58	M Vet 50	3
46	Joseph	McKeown	London Heathside	M	00:17:40	32	M U/50	40
47	Ross	Brown	Beckenham	M	00:17:43	28	M U/50	41
48	Thomas	Glasock	Ealing Eagles	M	00:17:44	24	M U/50	42
49	Megan	De Silva	Ranelagh Harriers	F	00:17:45	33	W U/50	4
50	Chris	Cooke		M	00:17:47	42	M U/50	43
51	Peter	Mannion	Windle Valley R	M	00:17:50	55	M Vet 50	4
52	Russell	Beard	Clapham Chasers	M	00:17:50	40	M U/50	44
53	Matt	Deamer		M	00:17:51	28	M U/50	45
54	Dave	Roberts	Fell Runners Ass.	M	00:17:51	48	M U/50	46
55	John	Booth	East London Runners	M	00:17:53	36	M U/50	47
56	Philip	Duggan	London Heathside	M	00:17:57	45	M U/50	48
57	Jake	Spencer	London Heathside Runners AC	M	00:18:01	31	M U/50	49
58	Jacob	Howe	London Heathside	M	00:18:02	43	M U/50	50
59	Tom	Ashby	London Heathside	M	00:18:05	34	M U/50	51
60	Martin	Carmack	Serpentine	M	00:18:06	46	M U/50	52
61	Daniel	Lally	Windle Valley Runners	M	00:18:07	35	M U/50	53
62	Joe	Garrood		M	00:18:09	30	M U/50	54
63	Peter	Barnes	Clapham Chasers	M	00:18:12	38	M U/50	55
64	Gareth	Marshall	London Heathside	M	00:18:16	34	M U/50	56
65	Jonathan	Litchfield	London Heathside	M	00:18:16	41	M U/50	57
66	Jonathon	Lines		M	00:18:17	31	M U/50	58
67	Paul	Quilter	Fulham RC	M	00:18:18	28	M U/50	59
68	Andre	Dahlkamp	Victoria Park H	M	00:18:22	44	M U/50	60
69	Paul	Mercer	London Heathside	M	00:18:22	41	M U/50	61
70	James	Hamilton	Wimbledon Windmillers	M	00:18:23	45	M U/50	62
71	Nadi	Jahangiri		M	00:18:26	55	M Vet 50	5
72	James	Spooner		M	00:18:26	32	M U/50	63
73	Lisa	Rooney	Collingwood AC	F	00:18:27	37	W U/50	5
74	Martin	White	West 4 Harriers	M	00:18:28	38	M U/50	64
75	thomas	flannery	Clapham Chasers	M	00:18:33	32	M U/50	65
76	Tony	Gould	Serpentine	M	00:18:34	46	M U/50	66
77	Christopher	Cooper	Fulham RC	M	00:18:35	29	M U/50	67
78	Robert	Lewis		M	00:18:36	31	M U/50	68
79	Philip	Hogg	London Heathside	M	00:18:36	46	M U/50	69
80	Andrew	Doig	East Essex Tri	M	00:18:47	42	M U/50	70
81	George	Bilsby		M	00:18:48	23	M U/50	71
82	Suzy	Whatmough	Ranelagh Harriers	F	00:18:49	27	W U/50	6
83	James	Turner	Serpentine	M	00:18:52	38	M U/50	72
84	Pritpal	Aujla		M	00:18:53	22	M U/50	73
85	Darren	Hyatt		M	00:18:54	31	M U/50	74
86	David	Miller		M	00:18:59	34	M U/50	75
87	Tom Erik	Aasen	Team Sportsmanden	M	00:19:04	35	M U/50	76
88	Peter	Martin	Clapham Chasers	M	00:19:05		M U/50	77
89	Andrew	Bright		M	00:19:08	32	M U/50	78
90	Tom	Cheetham	Hercules Wimbledon	M	00:19:12	49	M U/50	79
91	James	Stenning	London Fronrunners	M	00:19:13	37	M U/50	80
92	Andrew	Roberts	Serpentine	M	00:19:14	63	M Vet 60	1
93	James	McBride		M	00:19:20	24	M U/50	81
94	Lewis	George		M	00:19:22	27	M U/50	82
95	Niclas	Lundquist	Clapham Chasers	M	00:19:25	27	M U/50	83
96	Liam	Hazelton	London Heathside	M	00:19:26	34	M U/50	84

97	John	Hutchinson	Clapham Chasers	M	00:19:28	37	M U/50	85
98	Robert	Boston		M	00:19:33	36	M U/50	86
99	Trevor	Wilson	London Heathside	M	00:19:34	47	M U/50	87
100	Paul	Lewis		M	00:19:34	39	M U/50	88
101	Victor	Ray	Hercules Wimbledon	M	00:19:37	39	M U/50	89
102	Mark	Kell	Serpentine	M	00:19:41	35	M U/50	90
103	Helena	Hayes	London City Athletics Club	F	00:19:42	23	W U/50	7
104	Charlie	Maclean	Horsham Blue Stars	M	00:19:47	17	M U/50	91
105	Glynn	McDonald	London Frontrunners	M	00:19:47	53	M Vet 50	6
106	matthew	o'brien		M	00:19:48	45	M U/50	92
107	James	Newton		M	00:19:50	42	M U/50	93
108	Ken	McCallum	Serpentine	M	00:19:52	45	M U/50	94
109	Manuel	Corriente		M	00:19:53	45	M U/50	95
110	Damian	Ings	Clapham Runners	M	00:19:56	42	M U/50	96
111	Daniel	Neather	Clapham Pioneers	M	00:20:01	30	M U/50	97
112	Mat	Barber		M	00:20:02	38	M U/50	98
113	Steve	Land	Clapham Chasers	M	00:20:02	33	M U/50	99
114	Daniel	Day		M	00:20:07	35	M U/50	100
115	Courtney	Bowen	Serpentine	F	00:20:10	28	W U/50	8
116	Chris	Rogers		M	00:20:12	34	M U/50	101
117	David	Cornock	Barnes Runners	M	00:20:13	52	M Vet 50	7
118	Gen	Huss	Herne Hill Harriers	F	00:20:14	23	W U/50	9
119	Lizzie	Goldie-Scot	Belgrave Harriers	F	00:20:15		W U/50	10
120	Jon	Harrison	Chorlton Runners	M	00:20:16	28	M U/50	102
121	Tom	Gillard		M	00:20:16	35	M U/50	103
122	Tom	Bedwell	London Heathside	M	00:20:18	37	M U/50	104
123	Ynon	Gablinger		M	00:20:25	46	M U/50	105
124	Michael	Abrahams	London Heathside	M	00:20:26	60	M Vet 60	2
125	David	Maclean	Horsham Blue Stars	M	00:20:30	50	M Vet 50	8
126	Nick	Dodd	London Heathside	M	00:20:31	59	M Vet 50	9
127	Carl	Heap	London Heathside AC	M	00:20:33	63	M Vet 60	3
128	Andy	Atkins	London Frontrunners	M	00:20:36	49	M U/50	106
129	Lily	Woolcock	London Heathside	F	00:20:37		W U/50	11
130	Mauricio	Marinkovic		M	00:20:42	16	M U/50	107
131	Richard	Peachment	London Heathside	M	00:20:45	49	M U/50	108
132	Mike	Mann	Dulwich R	M	00:20:59	68	M Vet 60	4
133	Will	Johnson		M	00:21:10	36	M U/50	109
134	Nicky	Napkins	victoria park harriers	M	00:21:12	50	M Vet 50	10
135	Harry	Collins		M	00:21:21	29	M U/50	110
136	Jessica	Vinluan	London Heathside	F	00:21:21		W U/50	12
137	Frank	Wood	Hercules Wimbledon	M	00:21:29	51	M Vet 50	11
138	Nick	Sutcliffe	London City Athletics Club	M	00:21:35	46	M U/50	111
139	Daniel	Comens	Sutton Runners	M	00:21:36	43	M U/50	112
140	Daisy	Christodoulou		F	00:21:38	31	W U/50	13
141	Valdis	Pauzers	Herne Hill H	M	00:21:38	62	M Vet 60	5
142	Carol	Jones	Ealing Southall & Middx	F	00:21:43	59	W Vet 50	1
143	Emilia	Vynnycky	London Heathside	F	00:21:45	47	W U/50	14
144	Matt	Davies	London City Runners	M	00:21:48	29	M U/50	113
145	Laura	Vincent	Dulwich R	F	00:21:48	34	W U/50	15
146	James	Lush	London City Athletics Club	M	00:21:57	28	M U/50	114
147	Sharon	Davidson	Purple Patch R	F	00:22:01	38	W U/50	16
148	claire	flannery	Clapham Chasers	F	00:22:07	35	W U/50	17
149	Danny	McLaughlin	Orpington RR	M	00:22:10	52	M Vet 50	12
150	Annamarie	Seymour	Hercules Wimbledon	F	00:22:24	43	W U/50	18
151	Jamie	Price		M	00:22:35	39	M U/50	115
152	Rene	Berende	Chiltern Church Runners	M	00:22:37	56	M Vet 50	13
153	Caroline	White	London heathside	F	00:22:56	59	W Vet 50	2
154	Alice	Ewen	Striders of Croydon	F	00:23:05	31	W U/50	19
155	Steve	Jones		M	00:23:08	36	M U/50	116
156	Pippa	Calvin	London City AC	F	00:23:09	25	W U/50	20
157	james	goodgame	wimbledon windmilers	M	00:23:13	47	M U/50	117
158	Jo	Tillman	London City Athletics Club	F	00:23:21	37	W U/50	21
159	gabrielle	johnson	london hearthside	F	00:23:34	47	W U/50	22
160	Anthony	Austin	Hercules Wimbledon	M	00:23:35	61	M Vet 60	6
161	Sarah	Newton	Serpentine	F	00:23:35	59	W Vet 50	3
162	Ian	Hall	Serpentine	M	00:23:37	63	M Vet 60	7
163	Joanne	Marshall	Serpentine	F	00:23:49	59	W Vet 50	4
164	Charlie	Perry		M	00:23:52	38	M U/50	118
165	Michael	White	Ranelagh Harriers	M	00:23:55	53	M Vet 50	14
166	Dennis	Williams	Hercules Wimbledon	M	00:24:04	70	M Vet 70	1
167	Marian	Ciortea		M	00:24:04	29	M U/50	119
168	Ian	Mursell	Vets AC	M	00:24:07	64	M Vet 60	8

169	Rebecca	Sweet	London Heathside	F	00:24:10	33	W U/50	23
170	Emma	Collins		F	00:24:12	31	W U/50	24
171	John	Greenwood	Newham and Essex Beagles	M	00:24:12	31	M U/50	120
172	John	Wilson		M	00:24:30	38	M U/50	121
173	Colin	Armstrong		M	00:24:42	35	M U/50	122
174	charlotte	blum		F	00:24:43	35	W U/50	25
175	Alvaro	Perez		M	00:24:45	32	M U/50	123
176	Marietta	Horvath	Marietta Horvath	F	00:24:50	25	W U/50	26
177	Simon	Hemsley		M	00:24:53	43	M U/50	124
178	Adrian	Sevitz		M	00:24:55	41	M U/50	125
179	Keith	McNaught	Serpentine	M	00:25:01	42	M U/50	126
180	Tom	Pickersgill		M	00:25:03	21	M U/50	127
181	Natasha	Gillingham		F	00:25:06	21	W U/50	27
182	Chris	Taylor	Striders of Croydon	M	00:25:27	56	M Vet 50	15
183	Mariana	Scarpino		F	00:25:31	52	W Vet 50	5
184	Heidi	Rasmussen	Serpentine RC	F	00:25:33		W U/50	28
185	Marie	Cartwright	Orion Harriers	F	00:25:40	39	W U/50	29
186	Alan	Davidson	Ranelagh Harriers	M	00:25:42	69	M Vet 60	9
187	Cliff	Collins	Vets AC	M	00:25:57	80	M Vet 70	2
188	Stuart	Littlewood	Hercules Wimbledon	M	00:26:30	64	M Vet 60	10
189	Ann	Davidson	Purple Patch R	F	00:26:33	63	W Vet 60	1
190	Deepa	Sharma	Ranelagh Harriers	F	00:26:38	37	W U/50	30
191	Jen	Woolgar	Clapham Chasers	F	00:26:41	30	W U/50	31
192	Nigel	Whiteoak		M	00:26:46	42	M U/50	128
193	Michael	Leigh	Hercules Wimbledon	M	00:26:46	72	M Vet 70	3
194	Liz	Randall		F	00:26:50	35	W U/50	32
195	Joe	Aspinall	Vets AC	M	00:26:52	78	M Vet 70	4
196	Nina	Williams	Crawley Saints and Sinners	F	00:27:01	49	W U/50	33
197	Gideon	Ashby		M	00:27:06	34	M U/50	129
198	Lauren	Scoltock		F	00:27:23	24	W U/50	34
199	Fiona	Gooch		F	00:27:31	43	W U/50	35
200	Susan	Virtanen		F	00:27:41	38	W U/50	36
201	Tara	Flynn	Ealing Eagles	F	00:27:42	43	W U/50	37
202	Victoria	Webb		F	00:27:44	38	W U/50	38
203	David	Webb		M	00:27:44	40	M U/50	130
204	Peter	Torre	Mornington Chasers	M	00:27:50	74	M Vet 70	5
205	Elizabeth	Moore	Clapham Pioneers	F	00:27:58	58	W Vet 50	6
206	Christopher	Shaw	Fulham Running Club	M	00:28:18	37	M U/50	131
207	Elizabeth	Johnson		F	00:28:26	37	W U/50	39
208	Hayley	Gardiner		F	00:29:28	30	W U/50	40
209	Justyna	Lipska		F	00:29:52	35	W U/50	41
210	Dominie	Shelley		F	00:29:53	31	W U/50	42
211	Katie	Clark		F	00:30:02		W U/50	43
212	Edwin	Bartlett	Vets AC	M	00:30:25	72	M Vet 70	6
213	Shamsa	Phillips		F	00:30:42		W U/50	44
214	Irene	Garcia-Sacedon		F	00:30:53	35	W U/50	45
215	Nicole	Rialland		F	00:32:03	46	W U/50	46
216	Jonathan	Pegg	Sutton Runners	M	00:32:34	51	M Vet 50	16
217	Ian	Isherwood	Hercules Wimbledon	M	00:32:45	64	M Vet 60	11
218	Charlotte	Allan		F	00:34:21	26	W U/50	47
219	Anna	Butler		F	00:35:41	35	W U/50	48
220	Jonathan	Poleszczuk		M	00:35:41	31	M U/50	132
221	Michelle	Maginnis		F	00:35:41	28	W U/50	49
222	Shamsa O	Phillips		F	00:35:48		W U/50	50
223	Alyazia	Phillips		F	00:35:48		W U/50	51
224	Dan	Phillips		M	00:35:48		M U/50	133
225	Shamma	Phillips		F	00:36:56		W U/50	52
226	Glen	Phillips		M	00:37:00	31	M U/50	134
227	Kristen	Johnson		F	00:41:16		W U/50	53
228	Shemma	Phillips		F	00:41:16		W U/50	54
229	Max	Wilkins		M	00:41:16	35	M U/50	135