

#### 12km Run

Overal	1				Gender	Category	RACES	
Pos	Name	Race No.	Gender	Category	Pos	Pos	Net Time	Finish Time
1	George SKOUFIS	3833	Male	18-39	1	1	00:47:05	00:47:10
2	Ernie STEWART	3856	Male	60-69	2	1	00:51:14	00:51:19
3	Dean ROBERTS	3834	Male	40-49	3	1	00:51:25	00:51:29
4	Yassime BELAABED	3845	Male	60-69	4	2	00:52:30	00:52:34
5	Anthony SHAW	3819	Male	18-39	5	2	00:52:08	00:52:41
6	Craig MELSOM	3800	Male	40-49	6	2	00:53:17	00:53:31
7	Michael GRECH	3861	Male	18-39	7	3	00:53:40	00:53:57
8	Jenny ALEXANDER	3825	Female	50-59	1	1	00:56:04	00:56:16
9	Aline PALLOURE	3844	Female	40-49	2	1	00:56:16	00:56:31
10	Andrew KOMAKI-WOOD	3801	Male	50-59	8	1	00:56:52	00:57:04
11	H-J GRIEP	3831	Male	18-39	9	4	00:57:09	00:57:20
12	Andrew PUTNAM	3798	Male	18-39	10	5	00:57:08	00:57:21
13	Ingrid TSILIGIANNIS	3830	Female	50-59	3	2	00:57:24	00:57:34
14	Michele PAULL	3814	Female	18-39	4	1	00:57:45	00:57:51
15	Lerwick HARDING	3829	Male	40-49	11	3	00:57:50	00:57:56

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Overal	1				Gender Categor		RACES	
Pos	Name	Race No.	Gender	Category	Pos	Pos	Net Time	Finish Time
16	Stuart DAWSON	3836	Male	50-59	12	2	00:57:50	00:58:03
17	John SMITH	3824	Male	60-69	13	3	00:57:52	00:58:06
18	Anthony D'ASPROMONTE	3788	Male	18-39	14	6	00:58:34	00:58:38
19	Peter MURPHY	3847	Male	18-39	15	7	00:58:23	00:58:40
20	Murray JONES	3837	Male	60-69	16	4	00:58:26	00:58:49
21	Rick BAILES	3822	Male	50-59	17	3	00:59:39	00:59:49
22	Richard GOUGH	3828	Male	18-39	18	8	00:59:42	00:59:51
23	Kelly-Anne CAMILLO	3797	Female	18-39	5	2	00:59:46	00:59:57
24	Eddie ZGRABLIC	3789	Male	40-49	19	4	00:59:37	01:00:11
25	Paula WATERS	3820	Female	18-39	6	3	01:00:01	01:00:21
26	Sam ROBINSON	3854	Male	18-39	20	9	01:00:06	01:00:21
27	Kathyrn READ	3793	Female	40-49	7	2	01:00:17	01:00:29
28	Rachal MCKINNON	3827	Female	40-49	8	3	01:00:19	01:00:29
29	Sonya WILKINSON	3826	Female	18-39	9	4	01:00:19	01:00:30
30	Lorraine BRADBURY	3813	Female	50-59	10	3	01:00:42	01:00:50

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Overall					Gender Category		RI	RACES	
Pos	Name	Race No.	Gender	Category	Pos	Pos	Net Time	Finish Time	
31	Kris ANDERSON	3794	Male	18-39	21	10	01:00:38	01:00:55	
32	David COOK	3855	Male	18-39	22	11	01:00:44	01:00:59	
33	Kevin HORRIGAN	3846	Male	50-59	23	4	01:01:01	01:01:12	
34	Christopher WORSNOP	3809	Male	50-59	24	5	01:01:56	01:02:00	
35	Mark BROCKHUS	3815	Male	50-59	25	6	01:01:55	01:02:03	
36	Alan SENIOR	3850	Male	50-59	26	7	01:01:47	01:02:07	
37	Philip OSWALD	3803	Male	60-69	27	5	01:01:43	01:02:08	
38	Nick FIELD	3802	Male	18-39	28	12	01:02:11	01:02:18	
39	Mark PROCTOR	3762	Male	18-39	29	13	01:03:01	01:03:17	
40	Rebecca VELLA	3821	Female	18-39	11	5	01:03:20	01:03:35	
41	Michael BENTLEY	3812	Male	18-39	30	14	01:04:12	01:04:24	
42	Dean DANIELE	3840	Male	18-39	31	15	01:04:08	01:04:24	
43	Kim PAIGE	3841	Female	18-39	12	6	01:04:19	01:04:36	
44	Mark HAYMAN	3805	Male	50-59	32	8	01:04:28	01:04:54	
45	Jordan MANDANICI	3842	Male	18-39	33	16	01:05:01	01:05:22	

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Overal	Overall				Gender	Gender Category		RACES	
Pos	Name	Race No.	Gender	Category	Pos	Pos	Net Time	Finish Time	
46	Doug STOKES	3832	Male	60-69	34	6	01:05:21	01:05:34	
47	Stephen BARKER	3853	Male	60-69	35	7	01:05:37	01:05:50	
48	Michelle ARMOUR	3848	Female	18-39	13	7	01:05:37	01:05:54	
49	Donna NEWSOME	3857	Female	18-39	14	8	01:05:16	01:06:02	
50	Kelly HAYLES	3862	Female	40-49	15	4	01:06:23	01:06:30	
51	Louise MADDEN	3790	Female	18-39	16	9	01:06:58	01:07:28	
52	Jayce NAIDOO	3810	Male	40-49	36	5	01:07:06	01:07:37	
53	Jackie O'CONNOR	3791	Female	18-39	17	10	01:07:46	01:08:16	
54	David MONTGOMERY	3776	Male	18-39	37	17	01:07:54	01:08:21	
55	Amy CROUCHER	3783	Female	18-39	18	11	01:08:17	01:08:33	
56	Justin MCLOUGHLAN	3778	Male	18-39	38	18	01:08:25	01:08:49	
57	Gaby LOTESTO	3843	Female	40-49	19	5	01:08:47	01:09:02	
58	Annie SENIOR	3851	Female	40-49	20	6	01:08:55	01:09:14	
59	Gil URQUHART	3859	Male	60-69	39	8	01:08:50	01:09:36	
60	Damian YEUNG	3785	Male	18-39	40	19	01:09:28	01:09:36	

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Overal	1				Gender	Category	ory RACES	
Pos	Name	Race No.	Gender	Category	Pos	Pos	Net Time	Finish Time
61	Nicole RESSTEL-PIRES	3764	Female	18-39	21	12	01:09:32	01:09:38
62	Kim GIDDEY	3852	Female	40-49	22	7	01:10:21	01:10:31
63	Janet ROBERTS	3835	Female	40-49	23	8	01:11:16	01:11:31
64	Mishelle TRUPKOVIC	3838	Female	18-39	24	13	01:11:28	01:12:04
65	Denis VANCE	3858	Male	60-69	41	9	01:12:01	01:12:23
66	Bill PAGE	3849	Male	80+	42	1	01:12:57	01:13:02
67	Jay SHAW	3806	Female	18-39	25	14	01:13:43	01:13:54
68	Mellane SOMERS	3808	Female	18-39	26	15	01:14:13	01:15:02
69	Katherine ANDERSON	3786	Female	18-39	27	16	01:14:37	01:15:15
70	Brigitte BENTLEY	3811	Female	18-39	28	17	01:15:17	01:15:29
71	Theresa O'MAHONEY	3804	Female	50-59	29	4	01:15:33	01:15:48
72	Gen FRANCIS	3860	Female	18-39	30	18	01:17:46	01:18:02
73	Viv MORETTO	3839	Female	50-59	31	5	01:19:15	01:19:47
74	Karen JONES	3807	Female	40-49	32	9	01:20:16	01:21:05
75	Lara BRAU	3863	Female	40-49	33	10	01:25:22	01:26:11

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If we believe in our own Self-transcendence-task,

Then there can be No unreachable goal.



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