

Sri Chinmoy 10K and 4K Runs Lake Ginninderra

Category Finisher List 10 km

* RACE PLACES ARE DETERMINED BY GUN TIME*

Cat. Pl.	Name (Bib)	Time	Pace (min/km)
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10 km

Male Under 50

1.	Kane Fillingham (2007)	36:14	3:37
2.	Daniel Randall (68)	36:42	3:40
3.	Dan Cook (2002)	36:43	3:40
4.	Ben Crabb (1632)	37:33	3:45
5.	Stephen Kiley (1910)	38:42	3:52
6.	Shamsher Foley (1636)	39:10	3:54
7.	James Brown (390)	42:38	4:15
8.	Luke Wines (1600)	43:38	4:21
9.	Aaron Shrubbs (796)	44:07	4:24
10.	Alistair Scherer (931)	44:36	4:27
11.	Ryan Hedley (2012)	45:31	4:33
12.	Wendell Fox (1905)	45:33	4:33
13.	Paul Wallace (1760)	46:21	4:38
14.	Miki Giampaolo (2009)	47:20	4:43
15.	Daniel Woolstencroft (2041)	47:20	4:43
16.	Nathan Johnson (193)	47:34	4:45
17.	Malcolm Jones (2014)	48:01	4:48
18.	Evan Hunter (1229)	48:59	4:53
19.	Jay Hawkins (2011)	54:17	5:25
20.	Joel Anderson (807)	54:36	5:27
21.	David Humphrey (838)	54:52	5:29
22.	Sam Hyland (2013)	56:04	5:36
23.	Cameron Neumann (2025)	56:50	5:40
24.	Sandeep Chandra (235)	57:40	5:45
25.	Chris Toyne (2035)	59:01	5:54
26.	Chris Trengrove (2039)	59:07	5:54
27.	Cameron Bokenham (1999)	1:00:35	6:03
28.	Sean Benjamin (1680)	1:15:14	7:31

Male 50-59

1.	Aston Duncan (722)	36:48	3:40
2.	Jon Schol (115)	45:00	4:29
3.	Stephen Graham (252)	45:57	4:35
4.	James O'Neill (104)	46:08	4:36
5.	Andrew Denny (433)	46:24	4:38
6.	Andrew Gardner (1434)	53:33	5:21
7.	Scott Marshall (734)	56:05	5:36
8.	Luigi Spagnolo (751)	1:05:32	6:33
9.	Wayne Cole (2001)	1:11:11	7:07

Male 60-69

1.	Kim Houghton (137)	45:42	4:34
2.	Keith Bennett (817)	49:46	4:58
3.	Colin Thomson (372)	49:53	4:59
4.	Rod Wilkins (227)	53:20	5:19
5.	Ken Seach (2032)	1:07:01	6:42
6.	Collin Acton (1638)	1:07:02	6:42

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Cat. Pl.	Name (Bib)	Time	Pace (min/km)
Male 70 and Over			
1.	Trevor Jacobs (294)	49:40	4:57
Female Under 50			
1.	Georgina Pembroke (2027)	40:32	4:03
2.	Sarah King (1717)	42:51	4:17
3.	Emily Stacey (1533)	43:29	4:20
4.	Lindsay Hamilton (1234)	45:39	4:33
5.	Prue Myers (1452)	46:32	4:39
6.	Bernie Connors (1345)	48:38	4:51
7.	Chloe Hanbury (1082)	49:26	4:56
8.	Kate Lynch (2019)	50:00	4:59
9.	Rebecca Granlund (219)	51:18	5:07
10.	Allie Corripio (328)	52:50	5:16
11.	Annabelle Remy (2029)	53:10	5:18
12.	Kate Phillips (1580)	53:11	5:19
13.	Vanessa Willetts (2040)	54:13	5:25
14.	Lorena Blacklock (1624)	55:51	5:35
15.	Charlotte Marshall (2021)	55:59	5:35
16.	Lyndall Goss (775)	56:36	5:39
17.	Sammi Woods (1893)	58:33	5:51
18.	Amy Fowlie (1607)	58:34	5:51
19.	Mikaela Danvers (1617)	58:45	5:52
20.	Evelyn Toyne (2036)	59:01	5:54
21.	Lisa Rauter (1655)	59:31	5:57
22.	Portia Sardinha (2031)	1:05:20	6:31
23.	Amy Pes (1919)	1:09:38	6:57
24.	Sarah Benjamin (1998)	1:15:13	7:31
25.	Belinda Miller (1450)	1:16:56	7:41
Female 50-59			
1.	Sarah Fien (1064)	49:21	4:56
2.	Debra Kay (780)	52:08	5:12
3.	Lynne Hanbury (159)	55:10	5:30
4.	Debi Campbell (1637)	56:30	5:38
5.	Leah Weeden (1433)	59:43	5:58
6.	Susan Hallissy (1641)	1:02:19	6:13
7.	Helen Toyne (2037)	1:04:53	6:29
8.	Karina Sommers (123)	1:05:06	6:30
Female 60-69			
1.	Elizabeth Simpson (81)	47:26	4:44
2.	Pam Muston (299)	51:59	5:11
3.	Christine Pauling (292)	53:24	5:20
4.	Razz Wilkins (256)	56:58	5:41
5.	Liz McClarnen (2023)	1:05:10	6:30
6.	Elsbeth Nicholas (1640)	1:05:10	6:30
7.	Judith Bibo (119)	1:13:49	7:22

Number of records: 84