

# Sri Chinmoy Royal National Park 10 km Trail Run

Royal National Park : 19 Nov 2023

80 Runners

## Male Under 50 : 23 Runners : 7 Kms

Place	No.	Name	Time	Time Dif
1	428	Angus Pearson	39:49	
2	437	David Winning	43:18	3:29
3	403	Chris Valley	43:47	3:58
4	415	Gero Farruggio	44:01	4:12
5	408	Andres Calderon	44:09	4:20
6	417	Ben Hanley	46:30	6:41
7	441	Paul Spratt	48:11	8:22
8	410	Benjamin Challenor	48:15	8:26
9	426	Jack Osborn	48:30	8:41
10	440	Ben Rigney	49:34	9:45
11	439	Maxwell Padley	50:00	10:11
12	434	Drew Scheidl	50:55	11:06
13	442	Justin Foord	51:09	11:20
14	430	Victor Prados-Valerio	54:51	15:02
15	412	David Clarke	56:42	16:53
16	432	Duncan Rutishauser	57:07	17:18
17	421	Jake McGraw	1:01:06	21:17
18	420	Luke McCarthy	1:01:11	21:22
19	424	Matt North	1:03:58	24:09
20	404	Simon Adams	1:05:55	26:06
21	407	Brad Buchanan	1:08:36	28:47
22	422	Travis McGraw	1:11:57	32:08
23	427	Bruce Payne	1:16:13	36:24

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## Male 50-59 : 10 Runners : 7 Kms

Place	No.	Name	Time	Time Dif
1	552	Stephen Mitchell	52:12	
2	555	Tom Riordan	53:26	1:14
3	548	Brett Scott	53:43	1:31
4	547	Warren McGuire	54:47	2:35
5	551	Andrew Szemenyei	57:21	5:09
6	554	Jason Wendt	57:52	5:40
7	544	Brad Innes	1:01:54	9:42
8	542	David Dalessio	1:03:08	10:56
9	546	Jason Letchford	1:05:39	13:27
10	553	Bernie McCarthy	2:31:42	1:39:30

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**Male 60-69** : 3 Runners : 7 Kms

Place	No.	Name	Time	Time Dif	
1	574	Michael Wilding	47:02		
2	573	Colin Taylor	59:59	12:57	
3	572	Ray Nunn	1:09:53	22:51	

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## Male 70+ : 5 Runners : 7 Kms

Place	No.	Name	Time	Time Dif	
1	593	Rob Ellis	49:36		
2	591	David Iverach	52:36	3:00	
3	595	Brian Radburn	1:01:43	12:07	
4	594	Dave Hayden	1:18:13	28:37	
5	592	Keith Edwards	1:20:39	31:03	

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## Female Under 50 : 26 Runners : 7 Kms

Place	No.	Name	Time	Time Dif
1	632	Eileen Cantwell	47:11	
2	601	Natasha Hammond	49:56	2:45
3	633	Joanne Rolland	50:35	3:24
4	636	Frances Potter	50:47	3:36
5	638	Chantelle Cole	51:14	4:03
6	612	Elissa Haddrick	52:20	5:09
7	613	Danielle Harper-brady	53:25	6:14
8	637	Sarah Waldron	54:02	6:51
9	622	Harriette Munro	54:34	7:23
10	608	Jenny Bourke	56:56	9:45
11	634	Janysie Johnson	59:17	12:06
12	609	Chloe Davies	59:32	12:21
13	614	Philippa Hicks	1:00:28	13:17
14	630	Naomi Tully	1:00:56	13:45
15	610	Samantha Doyle	1:01:12	14:01
16	607	Penny Attwells	1:01:14	14:03
17	619	Pamela McCabe	1:01:51	14:40
18	624	Ella Ramm	1:02:21	15:10
19	635	Rachel Spencer	1:03:48	16:37
20	617	Ella Letchford	1:05:36	18:25
21	606	Jacqui Adams	1:05:57	18:46
22	628	Emma Trehy	1:06:17	19:06
23	623	Alison Pinney	1:06:18	19:07
24	627	Monica Talbot	1:20:24	33:13
25	605	Pam Young	1:20:37	33:26
26	626	Yvette Sams	1:24:29	37:18

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## Female 50-59 : 9 Runners : 7 Kms

Place	No.	Name	Time	Time Dif	
1	769	Jo Tornatore-Gallo	57:27		
2	765	Catriona McKenzie	1:02:34	5:07	
3	770	Veronila Peters	1:04:18	6:51	
4	761	Rosamond Freeman Hayes	1:04:33	7:06	
5	766	Kate Musgrave	1:08:58	11:31	
6	762	Annabelle Hamilton	1:09:25	11:58	
7	764	Maree Davies	1:09:39	12:12	
8	763	Meegan Cuell	1:24:38	27:11	
9	768	Deb Thompson	1:25:42	28:15	

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## Female 60-69 : 3 Runners : 7 Kms

Place	No.	Name	Time	Time Dif	
1	781	Joan Feeney	56:13		
2	784	Corinne Nunn	1:10:49	14:36	
3	782	Sandra Lanz	1:19:22	23:09	



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**Female 70+** : 1 Runners : 7 Kms

Place	No.	Name	Time	Time Dif
1	792	Mieke Masselos	1:00:07	