

Sri Chinmoy Iron Cove 14 km Run

Iron Cove, Lilyfield : 5 Nov 2023
35 Runners

Male Under 50 : 16 Runners : 14 Kms

| Place | No. | Name | Time | Time Dif |
|-------|-----|--------------------|---------|----------|
| 1 | 16 | Adrian Peachey | 50:27 | |
| 2 | 14 | Michael Karsten | 55:18 | 4:51 |
| 3 | 17 | Tom Matson | 1:06:40 | 16:13 |
| 4 | 25 | Masato Hamajima | 1:08:15 | 17:48 |
| 5 | 30 | Rengan Vijayakumar | 1:08:24 | 17:57 |
| 6 | 12 | Cameron Maxwell | 1:09:01 | 18:34 |
| 7 | 21 | Alex Payne | 1:12:36 | 22:09 |
| 8 | 29 | Alastair Stephens | 1:13:19 | 22:52 |
| 9 | 23 | Matthew Charles | 1:14:43 | 24:16 |
| 10 | 11 | Porla Rao | 1:16:53 | 26:26 |
| 11 | 26 | Benji Prawer | 1:19:10 | 28:43 |
| 12 | 32 | Philip Martin | 1:20:01 | 29:34 |
| 13 | 27 | Brad Buchanan | 1:35:33 | 45:06 |
| 14 | 5 | Jake Moody | 1:36:14 | 45:47 |
| 15 | 9 | Paul Blewitt | 1:42:09 | 51:42 |
| 16 | 13 | James Tanna | 1:42:11 | 51:44 |

Sri Chinmoy Iron Cove 14 km Run

Iron Cove, Lilyfield : 5 Nov 2023
35 Runners

Male 50-59 : 7 Runners : 14 Kms

| Place | No. | Name | Time | Time Dif | |
|-------|-----|----------------|---------|----------|--|
| 1 | 150 | Gauss Xu | 56:24 | | |
| 2 | 152 | Geoff Wadeson | 1:04:24 | 8:00 | |
| 3 | 153 | Dan Condon | 1:05:26 | 9:02 | |
| 4 | 148 | David Heazlett | 1:07:50 | 11:26 | |
| 5 | 141 | John Hayes | 1:09:55 | 13:31 | |
| 6 | 144 | Charles Xu | 1:15:45 | 19:21 | |
| 7 | 143 | Jun Zhang | 1:16:36 | 20:12 | |

Sri Chinmoy Iron Cove 14 km Run

Iron Cove, Lilyfield : 5 Nov 2023
35 Runners

Male 60-69 : 1 Runners : 14 Kms

| Place | No. | Name | Time | Time Dif |
|-------|-----|-------------|---------|----------|
| 1 | 171 | Jeff Hodder | 1:22:47 | |

Sri Chinmoy Iron Cove 14 km Run

Iron Cove, Lilyfield : 5 Nov 2023
35 Runners

Male 70+ : 1 Runners : 14 Kms

| Place | No. | Name | Time | Time Dif |
|-------|-----|----------------|---------|----------|
| 1 | 191 | Ben Dall'Amico | 1:21:26 | |

Sri Chinmoy Iron Cove 14 km Run

Iron Cove, Lilyfield : 5 Nov 2023
35 Runners

Female Under 50 : 8 Runners : 14 Kms

| Place | No. | Name | Time | Time Dif | |
|-------|-----|------------------|---------|----------|--|
| 1 | 226 | Abbey Connor | 1:06:35 | | |
| 2 | 227 | Hazel Blackwood | 1:07:10 | 0:35 | |
| 3 | 215 | Alice Caldwell | 1:11:54 | 5:19 | |
| 4 | 206 | Chantelle Cole | 1:13:11 | 6:36 | |
| 5 | 205 | Nathalie Elliott | 1:14:57 | 8:22 | |
| 6 | 214 | Amanda Metcalf | 1:30:03 | 23:28 | |
| 7 | 209 | Leanne Perkins | 1:35:58 | 29:23 | |
| 8 | 204 | Hannah Blewitt | 1:42:08 | 35:33 | |

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35 Runners

Female 50-59 : 2 Runners : 14 Kms

| Place | No. | Name | Time | Time Dif | |
|-------|-----|--------------------|---------|----------|--|
| 1 | 346 | Xiaohui Sherry Zou | 1:32:51 | | |
| 2 | 345 | Sandrah Foda | 1:36:03 | 3:12 | |