

Canberra, Australia: 10 Nov 2024

Category	Time	Name	Team Name	Team Category
Solo M	lale			
1	22:50	Michael Brennan		
2	24:28	Glen Sturesteps		
3	27:42	Aston Duncan		
Male - i	n a Tea	m of 3		
1	22:32	Chris Moore	This Escalated Quickly	T3 Open
2	22:39	Murray Robertson	Dobbys Delinquents	T3 Open
3	25:57	Ben Buchler	Stuffed Puffs	T3 Open
Female	- in a T	eam of 3		
1	28:13	Veronique Wong Kai In	Well Tri	T3 Mixed
2	29:08	Caitlin Chandler	Couples Therapy	T3 Mixed
3	33:43	Kate Celese	Force de Femme	T3 Female
Male - i	n a Tea	m of 9		
1	23:39	Tim Robinson	Raging possums	T9 Open
2	23:44	Michael Pranckl	Very Mixed Bag	T9 Open
3	23:46	Perry Blackmore	Pent-up Energy	T9 Mixed
Female	- in a T	eam of 9		
1	23:05	Eliza Lawton	4 Tay Tay	T9 Female
2	26:25	Ruby Clark	We Trid	T9 Mixed
3	26:48	Frederike Stock	Resultz Racing	T9 Mixed



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ke 1 : 36K	(m			
Category	Time	Name	Team Name	Team Categor
Solo Ma	ale			
1	1:58:29	Michael Brennan		
2	2:03:26	Aston Duncan		
3	2:09:32	Glen Sturesteps		
Male - ir	n a Tea	m of 3		
1	1:42:23	Adrian Sheppard	Stuffed Puffs	T3 Open
2	1:45:21	Steve Fitchett	Tri-ceratops	T3 Open 50+
3	1:51:01	Thomas Brazier	Dobbys Delinquents	T3 Open
Female	- in a T	eam of 3		
1	2:10:07	Leanne Haupt	Tri IP	T3 Mixed 50+
2	2:35:14	Sue Moore	Force de Femme	T3 Female
Male - ir	n a Tea	m of 9		
1	1:41:40	Matthew Shadwell	Resultz Racing	T9 Mixed
2	1:47:01	Gavin Bates	SYD-ELITE	T9 Open
3	1:49:09	Leonard Pooley	Tri-Hards	T9 Mixed
Female	- in a T	eam of 9		
1	1:44:06	Katherine Hosking	The Courageous Crew Take 2	T9 Female
			0 1 0111	T0 F 1
2	1:48:36	Cristy Henderson	Spring Chickens	T9 Female



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Rur	1 1 : 1	8K	m			
	Catego	ory	Time	Name	Team Name	Team Category
	Solo	Ma	ale			
		1	1:55:47	Aston Duncan		
		2	1:56:25	Michael Brennan		
		3	2:00:08	Glen Sturesteps		
	Male	- ir	a Tea	m of 3		
		1	1:30:15	Tom Allen	3 Amigos	T3 Open
		2	1:35:42	Alex Birch	Dobbys Delinquents	T3 Open
		3	1:41:31	Samuel McNamara	Well Tri	T3 Mixed
	Fema	ale ·	· in a T	eam of 3		
	_	1	1:51:20	Caitlin Chandler	Couples Therapy	T3 Mixed
		2	2:31:43	Monica Armstrong	Challenge Accepted	T3 Open
		3	2:34:35	Meghan Kenny	Force de Femme	T3 Female
	Male	- ir	a Tea	m of 9		
	_	1	1:28:17	Alex Hughes	The Owls Hoot Hoot	T9 Mixed
	_	2	1:29:47	Matthew Van Arkel	Not All Those Who Wander Are Lost	T9 Open
		3	1:32:06	Brad Carron-Arthur	Sofa King Fast	T9 Mixed
	Fema	ale ·	in a T	eam of 9		
	_	1	1:45:19	Fan Xiang	Pent-up Energy	T9 Mixed
		2	1:50:56	Sanda Halpin	4 Tay Tay	T9 Female
	_	3	1:55:54	Lisa Krakowiak	The Courageous Crew Take 2	T9 Female



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im 2 :	3.5	Km			
Categ	ory	Time	Name	Team Name	Team Categor
Solo	Ma	ale			
-	1	42:05	Michael Brennan		
	2	47:26	Glen Sturesteps		
	3	58:27	Aston Duncan		
Male	- ir	n a Teal	m of 3		
-	1	39:52	Murray Robertson	Dobbys Delinquents	T3 Open
-	2	41:56	Andrew Noordhoff	This Escalated Quickly	T3 Open
-	3	43:26	Ben Buchler	Stuffed Puffs	T3 Open
Fema	ale	- in a T	eam of 3		
-	1	47:37	Veronique Wong Kai In	Well Tri	T3 Mixed
_	2	1:04:15	Kate Celese	Force de Femme	T3 Female
	3	1:08:55	Aimee McLaren	Keep it in the family plus 1	T3 Mixed
Male	- ir	n a Teal	m of 9		
	1	39:53	Daudi Somi	We Just Want to Finish Too	T9 Open
-	2	40:11	Tim Robinson	Raging possums	T9 Open
-	3	40:13	Michael Pranckl	Very Mixed Bag	T9 Open
Fema	ale	- in a T	eam of 9		
_	1	40:21	Eliza Lawton	4 Tay Tay	T9 Female
=	2	42:20	Sabrina Moir	TeamPA	T9 Open
=	3	44:58	Lauren Stumpf	Not All Those Who Wander Are Lost	T9 Open



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ke 2 :	36K	m			
Categ	jory	Time	Name	Team Name	Team Category
Solo	Ma	ale			
	1	2:00:25	Glen Sturesteps		
	2	2:18:58	Kael Hulin		
	3	2:19:09	Aston Duncan		
Male	- ir	a Tea	m of 3		
	1	1:33:11	Adrian Sheppard	Stuffed Puffs	T3 Open
	2	1:42:58	Steve Fitchett	Tri-ceratops	T3 Open 50+
	3	1:54:23	Thomas Brazier	Dobbys Delinquents	T3 Open
Fem	ale ·	- in a T	eam of 3		
	1	1:57:19	Leanne Haupt	Tri IP	T3 Mixed 50+
	2	2:13:36	Caitlin Chandler	Couples Therapy	T3 Mixed
	3	2:37:51	Sue Moore	Force de Femme	T3 Female
Male	- ir	a Tea	m of 9		
	1	1:34:03	Stav Wiats	Raging possums	T9 Open
	2	1:34:31	David Medlock	Buzz Lightyears Over 50s	T9 Open 50+
	3	1:36:04	Mackenzie Edwardson	Not All Those Who Wander Are Lost	T9 Open
Fem	ale ·	in a T	eam of 9		
	1	1:47:21	Amelie Burrell	4 Tay Tay	T9 Female
	2	1:53:56	Rosie Hurt	The Courageous Crew Take 2	T9 Female
	3	2:03:05	Susie Kluth	Spring Chickens	T9 Female



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ın 2 : 11K	m			
Category	Time	Name	Team Name	Team Category
Solo Ma	ale			
1	1:06:02	Glen Sturesteps		
2	1:12:08	Aston Duncan		
3	1:18:51	Kevin Archbold		
Male - ir	n a Tea	m of 3		
1	43:50	Matthew Robinson	We are not prepared	T3 Open
2	48:31	Tom Allen	3 Amigos	T3 Open
3	52:43	Alex Birch	Dobbys Delinquents	T3 Open
Female	- in a T	eam of 3		
1	1:22:27	Meghan Kenny	Force de Femme	T3 Female
2	1:35:49	Monica Armstrong	Challenge Accepted	T3 Open
Male - ir	n a Tea	m of 9		
1	44:09	Alexander Skeffington	Triple Threat	T9 Open
2	44:15	Daniel Carson	Not All Those Who Wander Are Lost	T9 Open
	F4.44	Alan Craigie	We Just Want to Finish Too	T9 Open
3	51:11	man Grangio		10 Opon
		eam of 9		ТО ОРОП
		•	Eager Kitesurfers and Aquatic	T9 Mixed
Female	- in a T	eam of 9		·



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im 3 : 1.2	Km			
Category	Time	Name	Team Name	Team Categor
Solo Ma	le			
1	24:14	Glen Sturesteps		
2	32:15	Aston Duncan		
3	36:51	Kael Hulin		
Male - in	a Tea	m of 3		
1	18:27	Murray Robertson	Dobbys Delinquents	T3 Open
2	18:45	Andrew Noordhoff	This Escalated Quickly	T3 Open
3	21:28	Ben Buchler	Stuffed Puffs	T3 Open
Female -	in a T	eam of 3		
1	23:17	Caitlin Chandler	Couples Therapy	T3 Mixed
2	34:01	Aimee McLaren	Keep it in the family plus 1	T3 Mixed
3	34:18	Deb Hermanus	VO4 Max	T3 Mixed
Male - in	a Tea	m of 9		
1	18:57	Michael Pranckl	Very Mixed Bag	T9 Open
2	19:24	Tim Robinson	Raging possums	T9 Open
3	19:34	David Kelly	St Edwards	T9 Open
Female -	in a T	eam of 9		
1	19:02	Eliza Lawton	4 Tay Tay	T9 Female
2	19:12	Lucy Piva	The Owls Hoot Hoot	T9 Mixed
3	21:47	Jess Martin	AUSDE	T9 Mixed



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ke 3 : 23k	C m			
Category	Time	Name	Team Name	Team Categor
Solo M	ale			
1	1:38:39	Glen Sturesteps		
2	1:43:00	Aston Duncan		
3	1:56:20	Kevin Archbold		
Male - i	n a Tea	m of 3		
1	1:09:44	Ben Buchler	Stuffed Puffs	T3 Open
2	1:21:33	Patrick Kluth	Tri-ceratops	T3 Open 50+
3	1:24:27	Raymond McAleer	Well Tri	T3 Mixed
Female	- in a T	eam of 3		
1	1:31:10	Leanne Haupt	Tri IP	T3 Mixed 50+
2	1:58:57	Sue Moore	Force de Femme	T3 Female
Male - i	n a Tea	m of 9		
1	1:11:22	Mackenzie Edwardson	Not All Those Who Wander Are Lost	T9 Open
2	1:12:49	Brendan Hancox	Not All Those Who Wander Are Lost 2	T9 Mixed
3	1:12:50	Robert Joford	Resultz Racing	T9 Mixed
Female	- in a T	eam of 9		
	4 00 40	Rosie Hurt	The Courageous Crew Take 2	T9 Female
_ 1	1:23:48	110010 11411	<u> </u>	
2	1:23:48	Samantha Libbis	The Athletes Foot Belconnen	T9 Mixed



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Run :	3:13	Km			
С	ategor	y Time	Name	Team Name	Team Category
S	olo N	<i>l</i> lale			
	1	1:19:09	Glen Sturesteps		
	2	1:24:41	Aston Duncan		
	3	1:27:38	Kevin Archbold		
N	lale -	in a Tea	m of 3		
	1	58:44	Tom Allen	3 Amigos	T3 Open
	2	59:14	Murray Robertson	Dobbys Delinquents	T3 Open
	3	1:02:01	Dan Piercy	Challenge Accepted	T3 Open
F	emale	e - in a T	eam of 3		
	1	1:10:57	Caitlin Chandler	Couples Therapy	T3 Mixed
	2	1:37:20	Aimee McLaren	Keep it in the family plus 1	T3 Mixed
	3	1:43:40	Meghan Kenny	Force de Femme	T3 Female
N	lale -	in a Tea	n of 9		
	1	52:25	Jordan Kelly	We Just Want to Finish Too	T9 Open
	2	54:30	Daniel Hopkins	Bullseye	T9 Open
	3	56:17	Daniel Carson	Not All Those Who Wander Are Lost	T9 Open
F	emale	e - in a T	eam of 9		
	1	1:05:01	Lili Mooney	Not All Those Who Wander Are Lost 2	T9 Mixed
	2	1:05:21	Kari Soennichsen	Bilbettes	T9 Female
	3	1:07:43	Julia Madigan	The Expendables 24	T9 Open