

Sri Chinmoy Iron Cove 7 km Run

Iron Cove, Lilyfield : 9 Jun 2024
90 Runners

Male Under 50 : 33 Runners : 7 Kms

Place	No.	Name	Time	Time Dif
1	515	Felipe Argoty	27:46	
2	536	Leon Goh	28:14	0:28
3	502	Sean McDonald	28:16	0:30
4	516	Chris Ryan	28:56	1:10
5	517	Chris Vallely	29:13	1:27
6	519	Scott Allison	29:18	1:32
7	504	Clint Yabuka	29:33	1:47
8	532	Michael Magee	29:44	1:58
9	525	Hamish Reeve	30:11	2:25
10	507	John Ohalloran	30:25	2:39
11	501	Alex Geeves	31:39	3:53
12	518	Daniel Brown	32:36	4:50
13	522	Ken Wong	32:56	5:10
14	520	Paul Humphreys	33:50	6:04
15	537	Martin Zida	35:15	7:29
16	527	Charles-Eric Deladriere	35:49	8:03
17	531	Andrew Berry	35:53	8:07
18	530	Stuart Cosgriff	36:32	8:46
19	503	Peter Heatley	36:54	9:08
20	529	Thomas Mulcrone	37:19	9:33
21	535	Joey Lake	38:01	10:15
22	534	Gopinaath Ragavan	38:10	10:24
23	510	Dean Twomey	39:02	11:16
24	521	Sean Ferriter	39:27	11:41
25	539	Storm Bolton	39:30	11:44
26	538	Jesse Malone	39:54	12:08
27	513	Kingsley Cheung	39:56	12:10
28	524	Adam Fernandez	40:16	12:30
29	514	Andrew Pitts	41:04	13:18
30	511	Hugo Aguilera-Mendoza	42:23	14:37
31	523	George Cains	49:02	21:16
32	528	Paul McDonald	51:38	23:52
33	526	Robert Walshaw	1:04:22	36:36

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Male 50-59 : 9 Runners : 7 Kms

Place	No.	Name	Time	Time Dif	
1	607	David Carson	30:16		
2	604	Aaron Francey	31:45	1:29	
3	602	John Hayes	34:32	4:16	
4	609	Bradley Forssman	35:57	5:41	
5	603	Brian Walsh	37:50	7:34	
6	605	Cameron Woods	39:19	9:03	
7	611	Garry Pendergast	39:42	9:26	
8	601	David Ryan	40:22	10:06	
9	610	Mark Traynor	55:32	25:16	

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Male 60-69 : 3 Runners : 7 Kms

Place	No.	Name	Time	Time Dif	
1	643	Grant Nicholls	32:35		
2	641	Greg Bisset	37:46	5:11	
3	642	Stephen Brown	1:02:44	30:09	

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Male 70+ : 5 Runners : 7 Kms

Place	No.	Name	Time	Time Dif	
1	662	Rob Ellis	33:14		
2	665	David Iverach	35:29	2:15	
3	663	Peter Turner	39:13	5:59	
4	664	Derek Bolton	44:28	11:14	
5	661	Peter Allen	1:00:06	26:52	

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Female Under 50 : 25 Runners : 7 Kms

Place	No.	Name	Time	Time Dif
1	675	Olivia Ghisoni	26:55	
2	672	Natasha Hammond	31:00	4:05
3	680	Lila Sloom	33:58	7:03
4	688	Ruth Moldovan	34:25	7:30
5	692	Caroline Fyfe	35:18	8:23
6	693	Nikita Iulchenko	35:50	8:55
7	705	Sorcha Bennett	37:48	10:53
8	683	Samantha Grenville	38:00	11:05
9	696	Amy Olsson	38:18	11:23
10	702	Diana Pitts	38:38	11:43
11	704	Bronwyn Bolton	39:33	12:38
12	691	Yuan Qi	40:24	13:29
13	689	Jennifer MacDonald	40:38	13:43
14	676	Sharni Ludowyk	40:41	13:46
15	697	Carla Odonnell	41:02	14:07
16	681	Sally Leighton	41:37	14:42
17	687	Lee Anna Grantham	42:53	15:58
18	695	Sarah Ambrose	43:54	16:59
19	685	Shauna Rabbitte	45:13	18:18
20	678	Siobhan Tracey	45:16	18:21
21	684	Annie Wang	47:31	20:36
22	677	Clodagh Cunningham	49:04	22:09
23	699	Stephanie Hill	56:46	29:51
24	682	Trudy Talbot	56:48	29:53
25	690	Emily Cains	1:08:33	41:38

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Female 50-59 : 9 Runners : 7 Kms

Place	No.	Name	Time	Time Dif
1	763	Rebekah Johnston	32:37	
2	751	Roisin Boyle	32:38	0:01
3	759	Tracey Odonnell	36:38	4:01
4	760	Nicole Reeve	38:17	5:40
5	764	Yumi Suzuki	40:12	7:35
6	752	Rosamond Freeman Hayes	44:22	11:45
7	761	Jessica Charlton	50:20	17:43
8	758	Marcelle Cacciattolo	54:36	21:59
9	762	Louise Brooks	59:53	27:16

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Female 60-69 : 3 Runners : 7 Kms

Place	No.	Name	Time	Time Dif	
1	782	Terri Hannigan	46:33		
2	784	Hayley Nicholls	48:59	2:26	
3	781	Carolyn Hinds	52:11	5:38	

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Female 70+ : 3 Runners : 7 Kms

Place	No.	Name	Time	Time Dif	
1	791	Mieke Masselos	38:14		
2	793	Merridy Odonnell	47:04	8:50	
3	792	Kathy Stanley	48:18	10:04	