

Sri Chinmoy Cooks River 8 km Run

Ewen Park, Hurlstone Park : 21 Jun 2009

95 Runners

Male Under 50 : 31 Runners : 8 Kms

Place	No.	Name	Time	Time Dif
1	429	Cameron Fraser	29:30	
2	401	Pavol Sefcik	31:22	1:52
3	413	Scott Stefl	31:43	2:13
4	421	Rob Lutz	33:07	3:37
5	411	Matt Bourke	33:10	3:40
6	428	Alan Podmore	34:32	5:02
7	405	Grantley Smith	34:48	5:18
8	423.	George Gourlas	34:51	5:21
9	434	Peter Meyer	35:36	6:06
10	426	Stephen Chrisfield	36:19	6:49
11	402	Adam Luck	36:23	6:53
12	417	Ken Noonan	36:34	7:04
13	422	Andrew Wills	36:58	7:28
14	424	Peter Harris	37:02	7:32
15	430	Hamish Baxter	37:27	7:57
16	403	Cody Lundquist	37:35	8:05
17	416	Brendan Dobbin	38:55	9:25
18	409	Eric Lewis	39:04	9:34
19	435	Mark O'Donnell	39:06	9:36
20	408	Scott Vitelli	39:18	9:48
21	432	Johathan Lou Wong	41:43	12:13
22	420	Steve Shelley	42:23	12:53
23	431	Troy Fraser	42:35	13:05
24	433	Peter Wong	43:19	13:49
25	414	Jeff Karger	44:34	15:04
26	437	Stephen Nevin	47:39	18:09
27	404	Nick Del Baglivo	47:46	18:16
28	410	Andrew Morgan	48:11	18:41
29	436	Chris Anderson	50:47	21:17
30	425	Henry Palmerlee	53:37	24:07
31	427	Luke Palmerlee	1:20:12	50:42

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Male 50-59 : 11 Runners : 8 Kms

Place	No.	Name	Time	Time Dif	
1	502	David McEwan	32:09		
2	511	Dennis Johnson	32:11	0:02	
3	504	Ken Cross	33:26	1:17	
4	509	Allan Sutherland	37:33	5:24	
5	503	Walter Helfensdorfer	37:47	5:38	
6	501	John Walsh	38:52	6:43	
7	510	Mark Gooch	41:33	9:24	
8	512	Doug Fulford	41:45	9:36	
9	507	Karl Castan	46:00	13:51	
10	505	Ken McIlwain	46:35	14:26	
11	508	Rob Pearsall	50:43	18:34	

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Male 60-69 : 5 Runners : 8 Kms

Place	No.	Name	Time	Time Dif	
1	565	Rob Connolley	34:24		
2	563	Jim Box	34:40	0:16	
3	564	Steve Bishop	39:02	4:38	
4	561	Neville Bunce	44:09	9:45	
5	562	Ron Briggs	59:07	24:43	

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Female Under 50 : 42 Runners : 8 Kms

Place	No.	Name	Time	Time Dif
1	625	Sally Lynch	34:13	
2	643	Emma Grubb	34:19	0:06
3	624	Carina Vitelli	39:16	5:03
4	648	Wendy Lynch	40:04	5:51
5	654	Rachel Craig	41:21	7:08
6	609	Rosie Warren	41:49	7:36
7	615	Karen Wlasichuk	42:03	7:50
8	621	Kathryn Stuckey	42:28	8:15
9	647	Rose Tofalakins	43:23	9:10
10	629	Ana Mullins	43:32	9:19
11	620	Lee-Anne Del Baglivo	43:33	9:20
12	627	Jo Bradshaw	44:13	10:00
13	622	Kendall Hall	45:33	11:20
14	651	Rene Fraser	45:41	11:28
15	604	Peta Bray	45:49	11:36
16	617	Amanda Bennie	45:53	11:40
17	623	Eithne Hannan	46:10	11:57
18	603	Jennifer Wilson	46:12	11:59
19	655	Chal Ballantyne-Smith	46:18	12:05
20	649	Sarah Cooke	47:07	12:54
21	630	Stacey Berkman	47:25	13:12
22	632	Jodie Hayley	47:28	13:15
23	634	Rhian Saunders	47:37	13:24
24	646	Clare Powell	47:40	13:27
25	650	Linda Yan	47:41	13:28
26	641	Meyke Haruman	48:09	13:56
27	644	Alison Gilmore	48:37	14:24
28	645	Kylie Walker	48:54	14:41
29	608	Emma Goddard	49:06	14:53
30	631	Joanne Crocker	49:56	15:43
31	614	Yvonne Atkinson	50:15	16:02
32	619	Rosemary Carroll	50:36	16:23
33	626	Liza Merheb	50:46	16:33
34	628	Quinta Turton	53:10	18:57
35	618	Anne Niland	54:18	20:05
36	613	Keran Barrett	54:19	20:06
37	652	Martina Lyons	55:32	21:19
38	610	Cheri Lutz	55:52	21:39

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3 9	612	Tarnia Luck	55:53	21:40	
4 0	640	Fiona Donovan	57:08	22:55	
4 1	633	Louise Reiken	58:13	24:00	
4 2	639	Janmaree McPherson	59:32	25:19	

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Female 50-59 : 5 Runners : 8 Kms

Place	No.	Name	Time	Time Dif	
1	704	Pennie Psaltis	39:53		
2	707	Sylvia Nichols	40:01	0:08	
3	703	Tonia Wood	47:36	7:43	
4	706	Julie Van Der Ley	54:15	14:22	
5	705	Pauline Coppin	55:38	15:45	

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Female 60-69 : 1 Runners : 8 Kms

Place	No.	Name	Time	Time Dif
1	761	Kerry Bray	43:54	