

# Sri Chinmoy 10K Race

Battersea Park, London

19th October 2019

## GOLDEN LEAF 10K



**SRI CHINMOY  
MARATHON TEAM**



### WINNERS

RANK	FIRST NAME	SURNAME	CLUB	M   F	TIME	AGE
------	------------	---------	------	-------	------	-----

#### Men U/50

1	Chris	Wright	Serpentine RC	Male	00:31:12	27
2	Paul	Piper	West4Harriers	Male	00:31:30	37
3	Paul	Prothero	South London H	Male	00:32:16	38
4	Ben	Shearer	Cambridge Harriers	Male	00:32:20	43
5	Benjamin	Tolputt	Serpentine	Male	00:32:28	29
6	David	Jordan	East London Runners	Male	00:32:42	34
7	George	Roux	Reigate Priory AC	Male	00:33:30	30

#### Women U/50

1	Stephanie	Davis	Clapham Chasers	Female	00:33:21	29
2	Laura	taylor	South London Harriers	Female	00:39:27	42
3	Victoria	Randall	Crystal Palace Tri	Female	00:40:42	36
4	Ruth	Dervan	Clapham pioneers	Female	00:40:48	32
5	Courtney	Bowen	London City Athletics Club	Female	00:40:56	31
6	Kelly	Morgan	London Frontrunners	Female	00:41:53	41
7	Jilly	Raw	Datchet Dashers	Female	00:42:09	35

#### Men Vet 50

1	Martin	Potter	London Heathside	Male	00:36:48	52
2	Norman	Urquia	Wimbledon Windmilers	Male	00:37:51	53
3	Pascal	Sacrepaye		Male	00:40:00	55

#### Women Vet 50

1	Clare	Hawling	Cheltenham Harriers	Female	00:45:24	56
2	Fiona	Elwin		Female	00:47:17	54
3	Jackie	Wastell	London Heathside	Female	00:49:33	58

#### Men Vet 60

1	Andrew	Roberts	Serpentine	Male	00:41:55	67
2	Carl	Heap	London Heathside	Male	00:46:09	66

#### Women Vet 60

1	Phil	Kelvin	Serpentine	Female	01:01:52	68
---	------	--------	------------	--------	----------	----

#### Men Vet 70

1	Brian	Wiggins		Male	00:52:24	71
---	-------	---------	--	------	----------	----

## ALL RESULTS BELOW

“Congratulations on completing the race. Ours is a runbritain-licensed event and therefore your time is included in calculating your free runbritain handicap score. More than 66,000 runners of all standards have now claimed their runbritain handicap score. As well as giving you a current score, between scratch and 36.0, your free personalised running biog page includes your current national ranking by age band and postcode, your position on the national ladder, your progress graph, your strongest distance, a head-to-head comparison with other runners and downloadable training schedules to improve your score next time you race. Your handicap score also updates automatically every time you complete a licensed event. To claim your score now, click on <http://www.runbritainrankings.com/user/claimhandicap.aspx>”

## RESULTS

RANK	FIRST NAME	SURNAME	CLUB	M   F	TIME	AGE	CATEGORY	CAT. POS.
1	Chris	Wright	Serpentine RC	Male	00:31:12	27	M U/50	1
2	PAUL	PIPER	West4Harriers	Male	00:31:30	37	M U/50	2
3	Paul	Prothero	South London H	Male	00:32:16	38	M U/50	3
4	Ben	Shearer	Cambridge Harriers	Male	00:32:20	43	M U/50	4
5	Benjamin	Tolputt	Serpentine	Male	00:32:28	29	M U/50	5
6	David	Jordan	East London Runners	Male	00:32:42	34	M U/50	6
7	Stephanie	Davis	Clapham Chasers	Female	00:33:21	29	W U/50	1
8	George	Roux	reigate priory athletics club	Male	00:33:30	30	M U/50	7
9	Andrea	Fraquelli	Serpentine Running and Athletic	Male	00:33:46	35	M U/50	8
10	Tom	Sloan	kent ac	Male	00:33:55	46	M U/50	9
11	Ralph	Collett	Worthing and District Harriers	Male	00:33:56	35	M U/50	10
12	Hassen	Bedhiafi	Fulham Running Club	Male	00:34:00	34	M U/50	11
13	Noe	Monroig		Male	00:34:00	34	M U/50	12
14	Robin	Jones	Herne Hill Harriers	Male	00:34:02	46	M U/50	13
15	Carl	Selya-Hammer	Victoria Park Harriers & Tower H	Male	00:34:20	39	M U/50	14
16	Thomas	Glasock	East London R	Male	00:34:22	27	M U/50	15
17	Will	Pitt	London	Male	00:34:28	48	M U/50	16
18	James	Gillanders	Serpentine	Male	00:34:44	41	M U/50	17
19	Cameron	Adams	Clapham pioneers	Male	00:34:57	26	M U/50	18
20	Rafael	Guerrero		Male	00:34:57	40	M U/50	19
21	Stuart	Beaney	kent ac	Male	00:35:15	46	M U/50	20
22	Victor	Lio	Serpentine Running and Athletic	Male	00:35:32	30	M U/50	21
23	Matthew	Cartwright	Herne Hill H	Male	00:35:37	29	M U/50	22
24	Frederick	Roux	reigate priory athletics club	Male	00:36:06	22	M U/50	23
25	Roderick	Akihary	Fulham Running Club	Male	00:36:13	34	M U/50	24
26	Rodney	McCulloch	Shaef Shifters	Male	00:36:19	34	M U/50	25
27	Timothy	Harman	Ravens City of London Running	Male	00:36:30	37	M U/50	26
28	Bryn	Reynolds	Herne Hill H	Male	00:36:44	31	M U/50	27
29	Kevin	Smith	Clapham Chasers	Male	00:36:44	35	M U/50	28
30	Martin	Potter	London Heathside	Male	00:36:48	52	M Vet 50	1
31	William	Grbic		Male	00:36:57	33	M U/50	29
32	Anisse	Ismaili	Fulham Running Club	Male	00:37:22	33	M U/50	30
33	Jake	Herrera		Male	00:37:23	38	M U/50	31
34	Jesse	Baver		Male	00:37:34	34	M U/50	32
35	David	Sharman	Wimbledon Windmilers	Male	00:37:36	35	M U/50	33
36	Dominic	Seymour		Male	00:37:42	36	M U/50	34
37	Norman	Urquia	Wimbledon Windmilers	Male	00:37:51	53	M Vet 50	2
38	Tom	Darby	Clapham Chasers	Male	00:37:53	27	M U/50	35
39	Reynald	Pouchin	Clapham pioneers	Male	00:37:58	40	M U/50	36
40	Martin	Carmack	serpentine running club	Male	00:38:16	49	M U/50	37
41	Richard	Muscat	Clapham Pioneers	Male	00:38:23	35	M U/50	38
42	Kevin	Alston	Shettelston H	Male	00:38:25	33	M U/50	39
43	Ross	Gould		Male	00:38:30	28	M U/50	40
44	Ed	Matthews	Kent AC	Male	00:38:40	33	M U/50	41
45	Jim	Whitworth	Wimbledon Windmilers	Male	00:38:46	45	M U/50	42
46	Rasmus	Fitzner	Windrush Triathlon Club	Male	00:38:50	31	M U/50	43
47	Alex	Franks		Male	00:38:57	35	M U/50	44
48	Nicholas	Kilduff	Agnès	Male	00:39:08	36	M U/50	45
49	Oliver	Negus	London Heathside Runners	Male	00:39:18	26	M U/50	46
50	Andrew	Davies	hercules wimbledon ac	Male	00:39:24	45	M U/50	47
51	Laura	taylor	South London Harriers	Female	00:39:27	42	W U/50	2
52	Thibault	Jarlegant		Male	00:39:38	34	M U/50	48
53	Stephen	Tricklebank		Male	00:39:42	42	M U/50	49
54	michael	moore		Male	00:39:55	39	M U/50	50
55	Ben	Fiddes		Male	00:39:56	32	M U/50	51

56	Pascal	Sacrepaye		Male	00:40:00	55	M Vet 50	3
57	John	Hancock		Male	00:40:29	48	M U/50	52
58	Victoria	Randall	Crystal Palace Tri	Female	00:40:42	36	W U/50	3
59	Conor	Forbes		Male	00:40:42	30	M U/50	53
60	Ruth	Dervan	Clapham pioneers	Female	00:40:48	32	W U/50	4
61	thomas	cheetham	hercules wimbledon ac	Male	00:40:49	52	M Vet 50	4
62	Courtney	Bowen	London City Athletics Club	Female	00:40:56	31	W U/50	5
63	richard	Hooley		Male	00:41:13	57	M Vet 50	5
64	Tariq	Ahmed		Male	00:41:18	42	M U/50	54
65	Chris	Twort	Fulham Running Club	Male	00:41:24	47	M U/50	55
66	Kevin	Glad	London Heathside Runners	Male	00:41:28	43	M U/50	56
67	Daniel	Savage		Male	00:41:32	32	M U/50	57
68	Kelly	Morgan	London Fronrunners	Female	00:41:53	41	W U/50	6
69	Andrew	Roberts	Serpentine	Male	00:41:55	67	M Vet 60	1
70	Michael	Krautzberger	Serpentine Running Club	Male	00:41:57	48	M U/50	58
71	Simon	Small		Male	00:42:08	48	M U/50	59
72	Jilly	Raw	datchet dashers	Female	00:42:09	35	W U/50	7
73	Stewart	Bond	Hercules Wimbledon	Male	00:42:14	50	M Vet 50	6
74	Mary	Cormack	London Fronrunners	Female	00:42:42	33	W U/50	8
75	James	Hadley		Male	00:42:56	39	M U/50	60
76	Richard	Morris	Fulham	Male	00:43:03	44	M U/50	61
77	Megan	Woodworth	Clapham pioneers	Female	00:43:09	28	W U/50	9
78	JC	sabran	Clapham pioneers	Male	00:43:24	48	M U/50	62
79	Jodie	Clarke		Female	00:43:25	23	W U/50	10
80	Jake	Pollard	Windrush Triathlon	Male	00:43:26	49	M U/50	63
81	Conor	D'Arcy		Male	00:43:30	31	M U/50	64
82	Michael	Henning		Male	00:43:32	32	M U/50	65
83	David	Ruegg	London Fronrunners	Male	00:43:36	49	M U/50	66
84	Rosie	Clarke	Clapham pioneers	Female	00:43:45	26	W U/50	11
85	Robert	Ferguson	Thames Valley Harriers	Male	00:43:57	37	M U/50	67
86	Brendan	Greene	Serpentine	Male	00:43:57	47	M U/50	68
87	Graham	Hughes		Male	00:43:58	28	M U/50	69
88	NUMBER 331			Male	00:44:05		M U/50	70
89	Laura	Codd		Female	00:44:10	39	W U/50	12
90	Elena	Chapman	Clapham pioneers	Female	00:44:17	24	W U/50	13
91	Laura	Sears	Clapham pioneers	Female	00:44:22	26	W U/50	14
92	Duncan	Wyncoll		Male	00:44:23	53	M Vet 50	7
93	Katie	Lockwood		Female	00:44:33	29	W U/50	15
94	Bethia	Josephine	Clapham pioneers	Female	00:44:34	26	W U/50	16
95	Clare	Hunter	Fulham Running Club	Female	00:44:35	26	W U/50	17
96	henri	placek	Fulham Running Club	Male	00:44:41	53	M Vet 50	8
97	Lewin	Craig-corbett		Male	00:44:55	37	M U/50	71
98	Ian	Tidder	Wimbledon Windmilers	Male	00:45:03	54	M Vet 50	9
99	Clare	Hawling	Cheltenham Harriers	Female	00:45:24	56	W Vet 50	1
100	Joshua	Carney		Male	00:45:41	27	M U/50	72
101	Cat	Prowse	Clapham pioneers	Female	00:45:42	23	W U/50	18
102	Jacky	Truong		Male	00:45:47	31	M U/50	73
103	Jo	Wint	Runhead	Female	00:45:47	38	W U/50	19
104	Olga	Lazarets		Female	00:45:48	29	W U/50	20
105	Laureen	O'Kane	Clapham pioneers	Female	00:45:59	37	W U/50	21
106	Frances	Collier-Wright		Female	00:46:00	33	W U/50	22
107	Carl	Heap	London Heathside	Male	00:46:09	66	M Vet 60	2
108	Charlotte	Tromans		Female	00:46:12	24	W U/50	23
109	Anish	Gupta		Male	00:46:17	29	M U/50	74
110	Susannah	Benson	Clapham pioneers	Female	00:46:21	27	W U/50	24
111	Lee	Taylor	Serpentine Running and Athletic	Male	00:46:30	56	M Vet 50	10
112	Sophie	Hamblin	Clapham pioneers	Female	00:47:07	32	W U/50	25
113	Darren	Palmer		Male	00:47:14	31	M U/50	75
114	Fiona	Elwin		Female	00:47:17	54	W Vet 50	2

115	Elizabeth	Bracegirdle		Female	00:47:22	31	W U/50	26
116	Nicola	Pavitt	Clapham pioneers	Female	00:47:28	28	W U/50	27
117	Alex	Jewkes	Clapham pioneers	Male	00:47:30	30	M U/50	76
118	Anneka	Dew	Clapham pioneers	Female	00:47:32	32	W U/50	28
119	Caradog	Emanuel		Male	00:47:36	30	M U/50	77
120	Alice	Home	Clapham pioneers	Female	00:47:42	26	W U/50	29
121	David	Wall		Male	00:47:48	34	M U/50	78
122	Geoffrey	Schiavon		Male	00:48:02	34	M U/50	79
123	Philip	Marsden	kent ac	Male	00:48:23	49	M U/50	80
124	Alexander	Smolenski	Wimbledon Windmilers	Male	00:48:36	54	M Vet 50	11
125	Mike	Doxford		Male	00:48:42	33	M U/50	81
126	Monik	Crouse	hercules wimbledon ac	Female	00:48:44	42	W U/50	30
127	Dylan	Gaillard		Male	00:48:54	21	M U/50	82
128	Jackie	Wastell	London Heathside	Female	00:49:33	58	W Vet 50	3
129	Jane	Butler		Female	00:49:54	38	W U/50	31
130	Jill	Wintermitz		Female	00:49:59	33	W U/50	32
131	Juan Paolo	Canlas		Male	00:50:13	36	M U/50	83
132	Alec	Smith		Male	00:50:33	34	M U/50	84
133	Toby	Cuthbert Ashmore	Clapham pioneers	Male	00:51:05	32	M U/50	85
134	Anna	Delis		Female	00:51:10	38	W U/50	33
135	Rick	Lafranchi		Male	00:51:12	39	M U/50	86
136	Adam	Tidey	Clapham pioneers	Male	00:51:15	41	M U/50	87
137	Roxane	Saddier		Female	00:51:52	35	W U/50	34
138	Jen	Kingwill	west 4 harriers	Female	00:51:53	38	W U/50	35
139	Nigel	Whiteoak	RunThrough	Male	00:52:16	46	M U/50	88
140	BRIAN	WIGGINS		Male	00:52:24	71	M Vet 70	1
141	Alison	Hinton	serpentine rc	Female	00:52:28	50	W Vet 50	4
142	Sarah	Prescott	Clapham Pioneers	Female	00:53:43	50	W Vet 50	5
143	Luke	Deterding		Male	00:54:28	33	M U/50	89
144	Katy	Bailey		Female	00:54:39	31	W U/50	36
145	Jessica	Taylor-Tibbott		Female	00:54:48	27	W U/50	37
146	Emily	Knox		Female	00:54:56	26	W U/50	38
147	Charlotte	Nicholds		Female	00:56:28	30	W U/50	39
148	Sarah	Tyler		Female	00:56:30	49	W U/50	40
149	Joanna	Puttock	St. Albans Striders	Female	00:56:36	55	W Vet 50	6
150	Ellie	Hughes		Female	00:56:45	26	W U/50	41
151	Elodie	Hantz		Female	00:57:04	43	W U/50	42
152	Lyall	Elwin		Male	00:57:20	56	M Vet 50	12
153	Sushant	Sahani		Male	00:57:33	39	M U/50	90
154	Andrea	Gillespie		Female	00:58:02	35	W U/50	43
155	Laurence	Forrester		Male	00:59:15	38	M U/50	91
156	Roanne	Hathaway	Clapham pioneers	Female	01:00:07	35	W U/50	44
157	philip	pescud		Male	01:00:35	57	M Vet 50	13
158	Connie	Musallam	Ealing Eagles Running Club	Female	01:01:04	29	W U/50	45
159	Clare	Toolan		Female	01:01:11	42	W U/50	46
160	Phil	Kelvin	serpentine	Female	01:01:52	68	W Vet 60	1
161	Alana	O'kirwan		Female	01:02:38	28	W U/50	47
162	Katie	Cook		Female	01:02:52	24	W U/50	48
163	Catherine	Bell		Female	01:02:55	53	W Vet 50	7
164	Jane	Conley		Female	01:03:25	53	W Vet 50	8
165	Elaine	davis		Female	01:03:32	51	W Vet 50	9
166	Jeannette	Mueller	Serpentine	Female	01:03:47	51	W Vet 50	10
167	Sophie P A	Coogan		Female	01:05:03	24	W U/50	49
168	Todd	Mansfield		Male	01:08:21	45	M U/50	92
169	Camila	Gelber	Clapham Chasers	Female	01:10:51	47	W U/50	50
170	Nneka	Forrester		Female	01:12:09	37	W U/50	51
171	Nida	Mathew		Female	01:13:37	33	W U/50	52