

# Sri Chinmoy 10K Race

Battersea Park, London

1st December 2018

## GRIZZLY BEAR 10K



**SRI CHINMOY  
MARATHON TEAM**



### WINNERS

RANK	FIRST NAME	SURNAME	CLUB	M   F	TIME	AGE
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#### Men U/50

1	Jonny	Earl	Hercules Wimbledon	Male	00:31:52	
2	Ben	Shearer	Cambridge Harriers	Male	00:32:09	42
3	charles	Sandison	Fulham Running Club	Male	00:33:02	23
4	Matthew	Ryde	reigate priory ac	Male	00:33:09	43
5	Robert	Donohue	Blackheath and Bromley Harrie	Male	00:33:44	26
6	Andrew	Grigg	Herne Hill Harriers	Male	00:33:48	32
7	Nick	Bowker	Clapham Chasers	Male	00:34:00	32

#### Women U/50

1	Rose	Penfold	Fulham Running Club	Female	00:37:28	27
2	Cordelia	Parker	Abingdon Athletic Club	Female	00:37:36	24
3	Liberty	Thompson	Fulham Running Club	Female	00:38:07	29
4	Stacy	Wheat	Herne Hill Harriers	Female	00:39:22	32
5	Sophie	Tomaszczyk	West4Harriers	Female	00:39:54	29
6	Laura	Bohm	Clapham Chasers	Female	00:40:10	28
7	Meriel	Holden	Wimbledon Windmillers	Female	00:40:59	

#### Men Vet 50

1	thomas	cheetham	hercules wimbledon ac	Male	00:41:22	52
2	David	Cornock	Barnes Runners	Male	00:41:45	55
3	Gary	Forde	hercules wimbledon ac	Male	00:42:15	51

#### Women Vet 50

1	Eve	Gallop-Evans	Les Croupiers Running Club	Female	00:51:31	54
2	Sharon	Mitchell	Run Through	Female	00:57:48	50

#### Men Vet 60

1	Steve	Butcher	Ranelagh H	Male	00:54:21	
2	John	Grigg	Fulham RC	Male	00:54:49	

#### Women Vet 60

1	Phil	Kelvin	serpentine rc	Female	00:56:52	67
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#### Men Vet 70

1	Bernard	Simmons	Dulwich Park Runners	Male	00:54:21	71
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## ALL RESULTS BELOW

"Congratulations on completing the race. Ours is a runbritain-licensed event and therefore your time is included in calculating your free runbritain handicap score. More than 66,000 runners of all standards have now claimed their runbritain handicap score. As well as giving you a current score, between scratch and 36.0, your free personalised running biog page includes your current national ranking by age band and postcode, your position on the national ladder, your progress graph, your strongest distance, a head-to-head comparison with other runners and downloadable training schedules to improve your score next time you race. Your handicap score also updates automatically every time you complete a licensed event. To claim your score now, click on <http://www.runbritainrankings.com/user/claimhandicap.aspx>"

## RESULTS

RANK	FIRST NAME	SURNAME	CLUB	M   F	TIME	AGE	CATEGORY	CAT. POS.
1	Jonny	Earl	Hercules Wimbledon	Male	00:31:52		M U/50	1
2	Ben	Shearer	Cambridge Harriers	Male	00:32:09	42	M U/50	2
3	charles	Sandison	Fulham Running Club	Male	00:33:02	23	M U/50	3
4	Matthew	Ryde	reigate priory ac	Male	00:33:09	43	M U/50	4
5	Robert	Donohue	Blackheath and Bromley Harrie	Male	00:33:44	26	M U/50	5
6	Andrew	Grigg	Herne Hill Harriers	Male	00:33:48	32	M U/50	6
7	Nick	Bowker	Clapham Chasers	Male	00:34:00	32	M U/50	7
8	Matthew	Robertson	Herne Hill Harriers	Male	00:34:27	30	M U/50	8
9	Joe	Elliott	Clapham Chasers	Male	00:34:30	24	M U/50	9
10	Simon	Shaw		Male	00:34:42	46	M U/50	10
11	Eddie	Rolls	Clapham Chasers	Male	00:34:56	27	M U/50	11
12	Christopher	Westcott	Stevenage & North Herts AC	Male	00:35:16	46	M U/50	12
13	Stewart	Mcandie	Fulham Running Club	Male	00:35:21	44	M U/50	13
14	David	Williams	Sutton Runners	Male	00:35:26	47	M U/50	14
15	Jim	Lurkins	The Stragglers	Male	00:35:27	30	M U/50	15
16	Nicola	Barberis Negra	serpentine rc	Male	00:35:50	38	M U/50	16
17	Steve	Hodges	Cambridge H	Male	00:35:51		M U/50	17
18	Thomas	Glasock		Male	00:35:52	27	M U/50	18
19	Bryn	Reynolds	Herne Hill Harriers	Male	00:36:00	30	M U/50	19
20	Rob	Shearer	Cambridge Harriers	Male	00:36:01	40	M U/50	20
21	James	Hampshire	Fulham RC	Male	00:36:01		M U/50	21
22	Isaac	Leigh	serpentine running club	Male	00:36:05	25	M U/50	22
23	Stephen	McLeod	Fulham Running Club	Male	00:36:09	29	M U/50	23
24	Simon	Zieleniewski		Male	00:36:10	29	M U/50	24
25	Andy	Yiannouzis		Male	00:36:29	40	M U/50	25
26	Tom	MacHale		Male	00:36:42	28	M U/50	26
27	paul	sterland	Clapham Chasers	Male	00:36:42	47	M U/50	27
28	Lee	Savage	reigate priory athletics club	Male	00:36:58	39	M U/50	28
29	roderick	akihary	Fulham Running Club	Male	00:37:01	33	M U/50	29
30	Matthew	Aylott	reigate priory ac	Male	00:37:01	44	M U/50	30
31	Rose	Penfold	Fulham Running Club	Female	00:37:28	27	W U/50	1
32	Phoenix	Green	Clapham Chasers	Male	00:37:29	25	M U/50	31
33	Eric	Dol	Herne Hill H	Male	00:37:33		M U/50	32
34	Cordelia	Parker	Abingdon Athletic Club	Female	00:37:36	24	W U/50	2
35	Michael	Wiggins	Clapham Pioneers	Male	00:38:01		M U/50	33
36	Mathew	Gutch	Ealing Eagles Running Club	Male	00:38:02	39	M U/50	34
37	Liberty	Thompson	Fulham Running Club	Female	00:38:07	29	W U/50	3
38	Pascal	Lussier Duquette		Male	00:38:43	39	M U/50	35
39	Charles	Harvey		Male	00:38:46	34	M U/50	36
40	Lee	Tolentino	Serpentine	Male	00:39:05	25	M U/50	37
41	Christopher	Daniels	reigate priory athletics club	Male	00:39:07	34	M U/50	38
42	Cormac	Toomey	Clapham Chasers	Male	00:39:14	36	M U/50	39
43	Paul	Nazarov		Male	00:39:19	37	M U/50	40
44	Stacy	Wheat	Herne Hill Harriers	Female	00:39:22	32	W U/50	4
45	Stephen	Barron	London Heathside Runners	Male	00:39:25	48	M U/50	41
46	Fernando	Campos	Serpentine	Male	00:39:28	35	M U/50	42
47	George	Potter	Clapham Chasers	Male	00:39:30	25	M U/50	43
48	Matty	Hassen		Male	00:39:30	39	M U/50	44
49	Richard	Powney	SHAEF Shifters	Male	00:39:36	34	M U/50	45
50	James	Ritchie	Ranelagh Harriers	Male	00:39:47	46	M U/50	46
51	Arnaud	ANTOINE		Male	00:39:50	36	M U/50	47

52	Alessandro	Eusepi	Clapham Chasers	Male	00:39:53	29	M U/50	48
53	Sophie	Tomaszczyk	West4Harriers	Female	00:39:54	29	W U/50	5
54	Bob	Meijer	Clapham Chasers	Male	00:39:56	36	M U/50	49
55	Andrew	Egan		Male	00:40:01	27	M U/50	50
56	Laura	Bohm	Clapham Chasers	Female	00:40:10	28	W U/50	6
57	Meriel	Holden	Wimbledon Windmillers	Female	00:40:59		W U/50	7
58	Olivia	Zeltner	Herne Hill Harriers	Female	00:41:11	27	W U/50	8
59	Lowendo	Stevens	Wimbledon Windmillers	Male	00:41:21	35	M U/50	51
60	thomas	cheetham	hercules wimbledon ac	Male	00:41:22	52	M Vet 50	1
61	Ben	Dackerman		Male	00:41:34	39	M U/50	52
62	Andrew	Han	Fulham Running Club	Male	00:41:37	39	M U/50	53
63	Joe	FitzGerald	Sutton runners	Male	00:41:38	30	M U/50	54
64	Will	Yeates		Male	00:41:45	31	M U/50	55
65	David	Cornock	Barnes Runners	Male	00:41:45	55	M Vet 50	2
66	Clare	Meraz	Great Western Runners	Female	00:41:47	36	W U/50	9
67	Kalina	Babington-Stitt	Clapham Chasers	Female	00:41:21	26	W U/50	10
68	Jon	Killingley		Male	00:41:56	37	M U/50	56
69	Ernesto	Santana		Male	00:42:03		M U/50	57
70	Monika	Gajek	Herne Hill Harriers	Female	00:42:14	29	W U/50	11
71	Gary	Forde	hercules wimbledon ac	Male	00:42:15	51	M Vet 50	3
72	Edward	simmons	trent park running club	Male	00:42:17	52	M Vet 50	4
73	Dave	Sculthorpe		Male	00:42:37	27	M U/50	58
74	Damien	Wilson	Herne Hill H	Male	00:42:49		M U/50	59
75	Gareth	Hill		Male	00:43:04	32	M U/50	60
76	Raphael	Keymer		Male	00:43:11	39	M U/50	61
77	Rick	Meijer		Male	00:43:22	32	M U/50	62
78	Daniel	Cane		Male	00:43:35	34	M U/50	63
79	Paul	Gamester		Male	00:43:42	29	M U/50	64
80	Tom	Brightley	reigate priory athletics club	Male	00:43:50	30	M U/50	65
81	Matthew	Kulakowski		Male	00:43:53	29	M U/50	66
82	Claire	Curtin	Clapham Chasers	Female	00:44:03	41	W U/50	12
83	Karrie	Hill-Hughes		Female	00:44:17	33	W U/50	13
84	Thibault	LEBRUN		Male	00:44:37	28	M U/50	67
85	Andrew	Thompson	Clapham pioneers	Male	00:44:53	51	M Vet 50	5
86	Brian	Hearne		Male	00:45:29	36	M U/50	68
87	Richard	James		Male	00:45:50		M U/50	69
88	Joe	Brown		Male	00:45:54	39	M U/50	70
89	Vinh-Phuong	Hoang		Female	00:46:00	27	W U/50	14
90	Karina	Box	Clapham Chasers	Female	00:46:02	30	W U/50	15
91	Darko	Calina	Sutton runners	Male	00:46:08	54	M Vet 50	6
92	Piers	De Wilds		Male	00:46:10		M U/50	71
93	Daphne	Dadrie	Fulham RC	Female	00:46:12		W U/50	16
94	Rennie	Dickson		Male	00:46:23		M U/50	72
95	James	Blake-baldwin		Male	00:46:28	31	M U/50	73
96	Andrew	Frost		Male	00:46:30	28	M U/50	74
97	Ian	Rollinson		Male	00:47:00	40	M U/50	75
98	William	Paul		Male	00:47:35	22	M U/50	76
99	Stefano	Vernazza		Male	00:47:39	44	M U/50	77
100	Alice	Allan		Female	00:47:46	28	W U/50	17
101	Michael	Ashiotis	South London Harriers	Male	00:47:48	38	M U/50	78
102	Margarita	Murillo Benitez		Female	00:47:48	23	W U/50	18
103	Zoe	Buckland	Herne Hill Harriers	Female	00:47:52	26	W U/50	19
104	Farooq	Tariq		Male	00:47:59	38	M U/50	79
105	Joseph	Dean-Osgood		Male	00:48:03	39	M U/50	80
106	Alex	Cowley		Male	00:48:10	28	M U/50	81
107	Nick	Galloway		Male	00:48:34	24	M U/50	82

108	Richard	Steed	hercules wimbledon ac	Male	00:48:49	58	M Vet 50	7
109	Sally	Conway		Female	00:49:24	29	W U/50	20
110	Harry	Darell-Brown		Male	00:49:25	47	M U/50	83
111	Ini	Ekwo	Lonely Goat RC 3795499	Male	00:49:33	50	M Vet 50	8
112	Angela	Wilson	South London H	Female	00:49:37		W U/50	21
113	Simon	Healey		Male	00:49:59	44	M U/50	84
114	Mohamed	Alowainati	Emirates running Club	Male	00:50:02	52	M Vet 50	9
115	Mana	Mahil		Female	00:50:17	35	W U/50	22
116	Sven	Kaemmerer		Male	00:50:21	31	M U/50	85
117	Sinead	Garcia		Female	00:50:22		W U/50	23
118	Natasha	Whishaw	Clapham Chasers	Female	00:50:42	19	W U/50	24
119	Ronan	Gallagher		Male	00:51:10	34	M U/50	86
120	Nolan	Browne		Male	00:51:12	38	M U/50	87
121	Neall	De Beer		Male	00:51:13	36	M U/50	88
122	Charles	Horsley		Male	00:51:19	28	M U/50	89
123	Jack	Marsden		Male	00:51:19	28	M U/50	90
124	Eve	Gallop-Evans	Les Croupiers Running Club	Female	00:51:31	54	W Vet 50	1
125	Alan	Jamieson	Peldon Rose	Male	00:51:33	54	M Vet 50	10
126	Anna	Rumbold	Peldon Rose	Female	00:51:33	25	W U/50	25
127	Camilla	Fellowes		Female	00:51:42	29	W U/50	26
128	Tatty	Bullard		Female	00:51:42	28	W U/50	27
129	emma	sheenhan		Female	00:52:20	33	W U/50	28
130	Kristy	Grant		Female	00:52:32	46	W U/50	29
131	kathleen	o regan		Female	00:52:59	34	W U/50	30
132	Leila	Gaafar	Serpentine	Female	00:53:02	29	W U/50	31
133	Lizzie	Cave		Female	00:53:27	35	W U/50	32
134	Ellie	Charman		Female	00:53:49	31	W U/50	33
135	Suzie	Alway	Hercules Wimbledon	Female	00:53:53		W U/50	34
136	Sophie	Harding		Female	00:54:12	28	W U/50	35
137	Clare	Freshwater	serpentine running club	Female	00:54:17	29	W U/50	36
138	Steve	Butcher	Ranelagh H	Male	00:54:21		M Vet 60	1
139	Bernard	Simmons	Dulwich Park Runners	Male	00:54:21	71	M Vet 70	1
140	Jo	Winnick	Clapham Pioneers	Male	00:54:26		M U/50	91
141	John	Grigg	Fulham RC	Male	00:54:49		M Vet 60	2
142	Anna	Hunscott		Female	00:54:56	28	W U/50	37
143	Jamie	Vivian		Male	00:54:57	30	M U/50	92
144	Isabel	Froemming		Female	00:56:26	21	W U/50	38
145	Phil	Kelvin	serpentine rc	Female	00:56:52	67	W Vet 60	1
146	Brian	Wiggins	Clapham pioneers	Male	00:57:18	70	M Vet 70	2
147	Sharon	Mitchell	Run Through	Female	00:57:48	50	W Vet 50	2
148	Florence	Dolivet		Female	00:58:26	36	W U/50	39
149	Charles	Horner		Male	00:59:46	56	M Vet 50	11
150	Jess	Reoch		Female	00:59:51	41	W U/50	40
151	Hannah	Abraham		Female	01:00:12	27	W U/50	41
152	Mary	D'Souza		Female	01:00:21		W U/50	42
153	claire	field	Serpentine	Female	01:00:39	33	W U/50	43
154	Michael	Leigh	hercules wimbledon ac	Male	01:00:41	75	M Vet 70	3
155	Jenna	Maloney		Female	01:02:45	26	W U/50	44
156	Helen	Todman		Female	01:02:58	30	W U/50	45
157	Hannah	Bunten		Female	01:06:08	33	W U/50	46
158	Ibiye	Harry		Female	01:07:51	33	W U/50	47