

Sri Chinmoy Iron Cove 7 km Run

Iron Cove, Lilyfield : 16 Dec 2018

93 Runners

Male Under 50 : 37 Runners : 7 Kms

Place	No.	Name	Time	Time Dif
1	436	Alasdair Marshall	26:38	
2	438	Greg Churchill	27:04	0:26
3	412	Kieran Zubrinich	28:47	2:09
4	432	Jack Wedgwood	29:47	3:09
5	425	Matthew Dyer	31:28	4:50
6	446	Huon Groves	31:59	5:21
7	410	Connor Robertshaw	32:26	5:48
8	413	Romain Vanhee	33:44	7:06
9	411	David Carson	34:14	7:36
10	408	Peter Budnik	34:30	7:52
11	406	Dominic Francis	34:58	8:20
12	449	Dan Misra	35:14	8:36
13	427	John Woods	36:21	9:43
14	423	Samuel Holmes	36:25	9:47
15	437	Michael Cherney	36:48	10:10
16	441	Ben Boyd	37:43	11:05
17	417	Cristobal Bergmann	37:48	11:10
18	422	Chris Horowitz	38:39	12:01
19	445	David Scott	39:02	12:24
20	424	Ascanio Cascione	40:27	13:49
21	428	Le Zeng	41:00	14:22
22	442	Elijah McMonigal	41:21	14:43
23	434	Syed Rhine	41:40	15:02
24	448	Adrian OFlynn	41:44	15:06
25	435	Imad Faruque	41:50	15:12
26	450	Andrew Newitt	42:12	15:34
27	431	Albert Ho	42:44	16:06
28	440	Andrew Harvey	43:09	16:31
29	444	Max Collins	43:52	17:14
30	443	Dan Collins	43:53	17:15
31	418	Lounis Boumediene	44:16	17:38
32	439	Greg Sawyer	44:35	17:57
33	421	Kushal Panse	46:34	19:56
34	419	Mark Traynor	47:35	20:57
35	430	Alex Lassalle	48:43	22:05
36	447	William Lindsay	50:31	23:53
37	409	Giammichele Laccetti	58:25	31:47

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Male 50-59 : 9 Runners : 7 Kms

Place	No.	Name	Time	Time Dif
1	549	Richard Sarkies	26:40	
2	544	Peter Sewell	27:08	0:28
3	551	Bruce Burns	28:15	1:35
4	547	David Short	29:20	2:40
5	543	Aaron Francey	30:57	4:17
6	548	Mark Wedgwood	31:47	5:07
7	550	Aron Bourne	43:13	16:33
8	546	Hugh Langshaw	43:58	17:18
9	545	Manny Aston	1:10:01	43:21

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Male 60-69 : 5 Runners : 7 Kms

Place	No.	Name	Time	Time Dif	
1	576	Kieron Blackmore	31:05		
2	574	Brian Radburn	32:48	1:43	
3	572	Rob Ellis	34:10	3:05	
4	573	Marc Jarman	36:32	5:27	
5	575	Ric Giddins	40:15	9:10	

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Male 70+ : 1 Runners : 7 Kms

Place	No.	Name	Time	Time Dif
1	591	David Iverach	33:14	

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Female Under 50 : 30 Runners : 7 Kms

Place	No.	Name	Time	Time Dif
1	631	Marnie Ponton	25:06	
2	633	Ellie Sarka	31:20	6:14
3	630	Megan Scott	32:21	7:15
4	607	Lara Rogerson-Wood	36:40	11:34
5	640	Julie Crawford	37:03	11:57
6	632	Carla Sawyer	38:00	12:54
7	626	Natalie Osborne	39:00	13:54
8	638	Cassey Hails	40:17	15:11
9	628	Charlotte Woods	41:30	16:24
10	603	Deborah Andersson	42:09	17:03
11	639	Joanna Crawford	43:35	18:29
12	612	Felicity Boath	43:45	18:39
13	619	Vanessa Moreau	44:14	19:08
14	637	Ileana Jimenez	45:02	19:56
15	615	Teneile Weatherburn	46:37	21:31
16	606	Alison Newitt	46:39	21:33
17	614	Sabrina Terry	46:55	21:49
18	641	Melise Bactol	48:45	23:39
19	605	Ellen Ramos	50:28	25:22
20	642	Helen O'Rordan	50:33	25:27
21	613	Samantha Harris	50:42	25:36
22	643	Naomi Vestnes	52:10	27:04
23	636	Louise McMonigal	54:42	29:36
24	635	Emma Bourne	54:42	29:36
25	611	Jenny Sullivan	58:34	33:28
26	634	Sarah Roebuck	58:44	33:38
27	623	Julie-Anne Chapman	59:37	34:31
28	629	Isabella Vincent Delgado	1:03:00	37:54
29	622	Emily Aston	1:08:03	42:57
30	621	Gabriella Aston	1:09:56	44:50

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Female 50-59 : 6 Runners : 7 Kms

Place	No.	Name	Time	Time Dif	
1	776	Hollee James	33:33		
2	780	Martine Woodhill	40:19	6:46	
3	777	Rosemary Morgan	41:47	8:14	
4	774	Josephine Linehan	43:32	9:59	
5	779	Pam Burnett	45:46	12:13	
6	778	Clare Holland	46:57	13:24	

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Female 60-69 : 5 Runners : 7 Kms

Place	No.	Name	Time	Time Dif	
1	793	Sylvia Nichols	39:41		
2	791	Judith Croxall	39:48	0:07	
3	795	Rasa Pes	40:21	0:40	
4	794	Sue Fordyce	45:05	5:24	
5	792	Gladys Amestoy	45:44	6:03	