

Results 4 miles - 15th June 2015 - Sri Chinmoy A.C.

				1 mile	2 mile	3 miles	4 mile
1	SM	M Pearce	Headington	5.59	11.52	17.37	23.14
2	SM	S.Naylor	U/A	5.59	11.57	18.03	23.56
3	V40	Kevin Hennessy	St Clare's			18.03	23.57
4	V50	Mark Lewy	Abingdon	5.59	11.57	18.02	24.06
5	V60	Bryan Vaughan			11.56	19.05	24.15
6	SW	Jenny McBain	Alchester		12.04	18.17	24.35
7	V40	Graham Wallace	Abingdon		12.35	18.52	25.11
9	V50	Alan Roberts	Vale of Aylesbury	5.59	12.27	19.12	25.56
10	SM	David Smyth	Abingdon		12.47	19.31	26.14
11	V40	Tom Clarke	Abingdon		13.20	20.07	26.33
12	V50	Anthony Wood	Headington	6.31	13.14	20.08	26.49
13	V40	Andy Muir	Abingdon		13.04	20.06	26.53
14	SM	Tom Wilson	U/A	6.26	13.21	20.27	27.28
15	V50	John Summers		7.08	14.11	21.06	27.43
16	V50	Mark Shepley	Abingdon	6.52	13.53	20.59	27.46
17	V40	Kenny Lowies	Headington		13.47	20.59	28.16
18	V50	Peter Stepney	Abingdon AC	6.52	13.56	21.28	28.18
19	SW	Suzana Pearce	Headington	6.52	14.06	21.22	28.34
20	SW	Catriona Scott	Headington	7.24	15.02	22.43	30.12
21	V40	John Newton	Abingdon			23.05	30.32
22	V50	Jim McGowan	Abingdon	7.34	15.16	23.07	30.40
23	SW	Gabriella Blazewicz	Abingdon		15.18		30.40
24	SW	Sam Bardsley	U/A		13.11		30.44
25	WV40	Erica Woosey-Griffin	Abingdon		15.10	23.05	30.48
26	WV40	Liz Bedford	Abingdon	7.27	15.14	23.14	31.07
27	WV40	Bex Compton	Abingdon	7.56	15.47	23.38	31.27
28	WV40	Julia Pennington	Abingdon	7.46	15.44	23.53	31.57
29	V50	Terry Francis	Abingdon	7.46	15.50	24.05	32.11
30	WV40	Alison Kinnaird	Abingdon	7.56	16.03	24.18	32.15
31	V50	Andrew Garner	Abingdon	7.41	16.07	24.24	32.55
32	WV50	Gina Lodowski	Abingdon	7.53	16.10	24.42	33.09
34	V60	Ian Tarvitt	Fell Runners		16.27	25.05	33.47
35	V50	Anton Andersen		8.13	16.41	25.27	34.19
36	WV40	Liz French	Alchester	8.47	17.27	26.07	34.39
37	SW	Helen Bower	Abingdon	8.26	17.21	26.22	35.08
8	WV50	Patricia Wilson	Abingdon	8.32	17.32	26.41	35.20
33	V60	Martin Reynolds		8.48	17.35		35.27
38	SW	Wei Sha Hembury	St Clare's	8.00	17.01	26.33	35.32
39	SW	Helen Smith	Abingdon	8.28	17.32	26.47	35.57
40	SW	Michelle Piper	Abingdon	8.49	17.49	27.08	36.55
41	V50	Paul Grimsdale	Oxford	9.28	18.47	28.23	38.11
42	WV50	Noel Blatchford	Abingdon	9.05	18.46	28.48	38.24

43	V60	Kit Villiers		11.41	23.22	25.04	46.54
44	WV40	Emma Moore	Abingdon	11.25	23.22	35.27	47.13

Categories

Senior men

						points	
SM	M Pearce	Headington	23.14				4
SM	S.Naylor	U/A	23.56				3
SM	David Smyth	Abingdon	26.14				2
SM	Tom Wilson	U/A	27.28				1

Senior Women

SW	Jenny McBain	Alchester	24.35				5
SW	Suzana Pearce	Headington	28.34				4
SW	Catriona Scott	Headington	30.12				3
SW	Gabriella Blazewicz	Abingdon	30.40				2
SW	Sam Bardsley	U/A	30.44				1
SW	Helen Bower	Abingdon	35.08				
SW	Wei Sha Hembury	St Clare's	35.32				
SW	Helen Smith	Abingdon	35.57				
SW	Michelle Piper	Abingdon	36.55				

Vet 40 Men

V40	Kevin Hennessy	St Clare's	23.57				5
V40	Graham Wallace	Abingdon	25.11				4
V40	Tom Clarke	Abingdon	26.33				3
V40	Andy Muir	Abingdon	26.53				2
V40	Kenny Lowies	Headington	28.16				1
V40	John Newton	Abingdon	30.32				

V50 Men

V50	Mark Lewy	Abingdon	24.06				5
V50	Alan Roberts	Vale of Aylesbury	25.56				4
V50	Anthony Wood	Headington	26.49				3
V50	John Summers		27.43				2
V50	Mark Shepley	Abingdon	27.46				1
V50	Peter Stepney	Abingdon AC	28.18				
V50	Jim McGowan	Abingdon	30.40				
V50	Terry Francis	Abingdon	32.11				

V50	Andrew Garner	Abingdon	32.55
V50	Anton Andersen		34.19
V50	Paul Grimsdale	Oxford	38.11

V60 Men

V60	Bryan Vaughan		24.15	5
V60	Ian Tarvitt	Fell Runners	33.47	4
V60	Martin Reynolds		35.27	3
V60	Kit Villiers		46.54	2

WV40

WV40	Erica Woosey-Griffin	Abingdon	30.48	5
WV40	Liz Bedford	Abingdon	31.07	4
WV40	Bex Compton	Abingdon	31.27	3
WV40	Julia Pennington	Abingdon	31.57	2
WV40	Alison Kinnaird	Abingdon	32.15	1
WV40	Liz French	Alchester	34.39	
WV40	Emma Moore	Abingdon	47.13	

WV50

WV50	Gina Lodowski	Abingdon	33.09	3
WV50	Patricia Wilson	Abingdon	35.20	2
WV50	Noel Blatchford	Abingdon	38.24	1

Grand Prix Series

Junior Men	11-May	25-May	01-Jun	15-Jun	Points
Brendan McGrath		3			3
Dan James	3				3
Laurent Ackerman	2				2

Junior women

Chloe Ridewood	3		3		6
Natalia Sharapova	2	1	2		5
Sydney Hampson		4			4
Sophie Clargo		3			3
Anna Sofia Ray		2			2

Senior Men

Tom Wilson	3	1		1	5	
M Pearce				4	4	
Simon Kerr		3			3	
S.Naylor					3	
Mark Franks		2			2	
D.Smyth					2	

Senior Women

Catriona Scott	3	3	3	3	12	
Jennifer McBain		5		5	10	
Larry Ackermann		4			4	
Eva Cibenkova	2	2			4	
Lisa Sammons	4				4	
Suzanne Pearce				4	4	
Wei Sha-Hemburg	1	1		1	3	
Gabriella Blazewicz				2	2	
Sam Bardsley				1	1	

V40 Men

Kevin Hennessy	3	4	4	5	16	
John Clargo		2	3		5	
Martin Ridewood	2		2		4	
G.Wallace					4	
Jolyon Friedhoff	1	1	1		3	
Phil Gray		3			3	
Tom Clarke					3	
Andy Muir					2	
Kenny Lowies					1	

V50 Men

Alan Roberts	3	4	7	4	18	
Anthony Wood		5	6	3	14	
Andy Thompson	2	1	4		7	
John Summers			5	2	7	

Carey Gray		3			3	
Anton Anderson			3		3	
Kevin Gleeson		2			2	
Paul Grimsdale			2	1	3	
Peter Stepney			1		1	
M.Lewy				5	5	
M.Shepley				1	1	

V60 Men

Bryan Vaughan		6	4	5	15	
Ian Tarvitt	3		3	4	10	
Martin Reynolds		3	2	3	8	
Phillip Lister		5			5	
Barrie Roberts		4			4	
Duncan Jenkinson	2	2			4	
Kit Villiers		1	1	2	4	

WV40 Women

Erica Woosey-Griffin

5

5

Emma Moore			3	1	4	
Liz Bedford				4	4	
Maria Ray		3			3	
Bex Compton				3	3	
Julia Pennington				2	2	
Alison Kinnaird				1	1	

WV50 Women

Gina Lodowski	3	2	3	3	11	
Gwyneth Hueter	4	3			7	
Patricia Wilson	1	1	2	2	6	
Stephanie Kay	2				2	
Noel Blatchford				1	1	

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