

# Sri Chinmoy 5K Race

Battersea Park, London

16th July 2018

## KANGAROO HOP



**SRI CHINMOY  
MARATHON TEAM**



### WINNERS

RANK	FIRST NAME	SURNAME	CLUB	M   F	TIME	AGE
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#### Men U/50

1	Jonathan	Poole	Serpentine	M	00:15:24	35
2	Rick	Weston	Serpentine	M	00:15:29	31
3	Danny	Brewer	Blackheath and Bromley Harriers	M	00:15:55	29
4	Patrick	Roddy	Thames Hare and Hounds	M	00:15:58	23
5	James	Laing	Hillingdon Athletics Club	M	00:16:11	26
6	Jonathan	Scott	Bournville Harriers	M	00:16:24	26
7	David	Craddock		M	00:16:26	32

#### Women U/50

1	Ellen	Downs	Sale harriers	F	00:17:27	21
2	Isabel	Brinsden	Epsom & Ewell Harriers	F	00:17:55	26
3	Rachel	Baker	Clapham Chasers	F	00:18:23	29
4	Martina	Bradacova	MK Kladno	F	00:19:23	44
5	Michelle	Edye	Clapham Chasers	F	00:19:44	32
6	Jesse	Brewer		F	00:19:54	17
7	Laura	Bohm	Clapham Chasers	F	00:20:00	28

#### Men Vet 50

1	Anthony	Constantinou	Collingwood AC	M	00:18:55	54
2	Mark	Constantinou	Collingwood AC	M	00:18:55	54
3	thomas	cheetham	hercules wimbledon ac	M	00:20:16	51

#### Women Vet 50

1	Ola	Balme	dulwich runners ac	F	00:22:30	51
2	Karen	Samuel	Bromley Vets	F	00:28:17	57
3	Donna	Richards	South London Harriers	F	00:28:45	52

#### Men Vet 60

1	Pete	Crockford	London Heathside	M	00:18:41	60
2	Martin	Milward	Fulham Running Club	M	00:20:44	63

#### Women Vet 60

1	Rosa	Constantinou	Collingwood AC	F	00:30:27	50
2	Sarah	Newton	Serpentine	F	00:24:24	61

#### Men Vet 70

1	Mike	Mann	Dulwich R	M	00:21:16	70
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#### Men Vet 80

1	Cliff	Collins	Vets AC	M	00:28:21	82
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## ALL RESULTS BELOW

"Congratulations on completing the race. Ours is a runbritain-licensed event and therefore your time is included in calculating your free runbritain handicap score. More than 66,000 runners of all standards have now claimed their runbritain handicap score. As well as giving you a current score, between scratch and 36.0, your free personalised running biog page includes your current national ranking by age band and postcode, your position on the national ladder, your progress graph, your strongest distance a

national ranking by age band and postcode, your position on the national ladder, your progress graph, your strongest distance, a head-to-head comparison with other runners and downloadable training schedules to improve your score next time you race. Your handicap score also updates automatically every time you complete a licensed event. To claim your score now, click on <http://www.runbritainrankings.com/user/claimhandicap.aspx>

## RESULTS

RANK	FIRST NAME	SURNAME	CLUB	M   F	TIME	AGE	CATEGORY	CAT. POS.
1	Jonathan	Poole	Serpentine	M	00:15:24	35	M U/50	1
2	Rick	Weston	Serpentine	M	00:15:29	31	M U/50	2
3	Danny	Brewer	Blackheath and Bromley Ha	M	00:15:55	29	M U/50	3
4	Patrick	Roddy	Thames Hare and Hounds	M	00:15:58	23	M U/50	4
5	James	Laing	Hillingdon Athletics Club	M	00:16:11	26	M U/50	5
6	Jonathan	Scott	Bournville Harriers	M	00:16:24	26	M U/50	6
7	David	Craddock		M	00:16:26	32	M U/50	7
8	Jasper	Taylor	UBSC	M	00:16:28	21	M U/50	8
9	Simon	Craddock	Serpentine	M	00:16:44	36	M U/50	9
10	Stewart	Mcandie	Fulham Running Club	M	00:16:50	44	M U/50	10
11	Carl	Selya-Hammer	Ranelagh Harriers	M	00:16:51	37	M U/50	11
12	Jonathan	Abel	West 4 H	M	00:17:03	35	M U/50	12
13	Jamie	Bannister	Clapham Chasers	M	00:17:05	31	M U/50	13
14	Stuart	Farmer	Fulham Running Club	M	00:17:07	41	M U/50	14
15	Jonathan	Vintner	Blackheath&Bromley	M	00:17:13	29	M U/50	15
16	Ian	Gutteridge	Datchet Dashers	M	00:17:14	37	M U/50	16
17	Nick	McKay	Wimbledon Windmilers	M	00:17:23	39	M U/50	17
18	Ellen	Downs	Sale harriers	F	00:17:27	21	W U/50	1
19	Lloyds	Collier	Tunbridge Wells H	M	00:17:38	46	M U/50	18
20	Freddie	Loveday	Guildford & Godalming	M	00:17:48	20	M U/50	19
21	Kevin	Smith	Clapham Chasers	M	00:17:51	34	M U/50	20
22	Isabel	Brinsden	Epsom & Ewell Harriers	F	00:17:55	26	W U/50	2
23	Fintan	Parkinson	Blackheath&Bromley	M	00:17:55	39	M U/50	21
24	David	Sharman	Wimbledon Windmilers	M	00:17:58	33	M U/50	22
25	Alex	Hoggard	Selby Striders	M	00:18:00	26	M U/50	23
26	Will	Gallimore		M	00:18:02	33	M U/50	24
27	Anthony	Whelan	26.2 RRC	M	00:18:07	32	M U/50	25
28	Rich	McAlear	eastleigh running club	M	00:18:08	32	M U/50	26
29	Victor	Lio	Serpentine	M	00:18:09	29	M U/50	27
30	Eoin	O Connell	Morden runners	M	00:18:12	46	M U/50	28
31	Jeff	Straw	Toronto Frontrunners	M	00:18:14	35	M U/50	29
32	Steve	Jones		M	00:18:15	28	M U/50	30
33	Gary	James		M	00:18:16	40	M U/50	31
34	Rachel	Baker	Clapham Chasers	F	00:18:23	29	W U/50	3
35	Marcin	Kacperczyk	Serpentine	M	00:18:35	41	M U/50	32
36	Pete	Crockford	London Heathside	M	00:18:41	60	M Vet 60	1
37	Justin	Page		M	00:18:48	40	M U/50	33
38	David	Miller		M	00:18:55	36	M U/50	34
39	Anthony	Constantinou	Collingwood AC	M	00:18:55	54	M Vet 50	1

40	Dave	Gilbert	Highgate Harriers	M	00:18:55	36	M U/50	35
41	Mark	Constantinou	Collingwood AC	M	00:18:55	54	M Vet 50	2
42	David	Ireland		M	00:18:55	27	M U/50	36
43	Edward	Robinson	Paddock Wood AC	M	00:18:59	29	M U/50	37
44	Satnam	Singh	Datchet Dashers	M	00:18:59	42	M U/50	38
45	Eric	Dol	Herne Hill H	M	00:19:01	29	M U/50	39
46	Nils-Kristian	Liborg	Ealing Eagles Running Club	M	00:19:15	38	M U/50	40
47	Alexander	Morgan	Evrotas	M	00:19:17	25	M U/50	41
48	Simon	Woodley	hercules wimbledon ac	M	00:19:18	42	M U/50	42
49	Martina	Bradacova	MK Kladno	F	00:19:23	44	W U/50	4
50	Marco	Mion		M	00:19:24	35	M U/50	43
51	Michelle	Edye	Clapham Chasers	F	00:19:44	32	W U/50	5
52	Manuel	Corriente		M	00:19:48	47	M U/50	44
53	David	Winston	Ashford AC	M	00:19:51	35	M U/50	45
54	Jesse	Brewer		F	00:19:54	17	W U/50	6
55	Damian	Ings	Clapham R	M	00:19:59	44	M U/50	46
56	Laura	Bohm	Clapham Chasers	F	00:20:00	28	W U/50	7
57	thomas	cheetham	hercules wimbledon ac	M	00:20:16	51	M Vet 50	3
58	Naomi	Parsons		F	00:20:17	38	W U/50	8
59	Ben	Jacklin		M	00:20:18	38	M U/50	47
60	Peter	Martin	Clapham Chasers	M	00:20:19	43	M U/50	48
61	Jean-François	Jouan		M	00:20:21	31	M U/50	49
62	Roger	Corbett	Serpentine	M	00:20:38	55	M Vet 50	4
63	Martin	Milward	Fulham Running Club	M	00:20:44	63	M Vet 60	2
64	Hugh	Scorgie		M	00:20:54	58	M Vet 50	5
65	Isabel	Emerson		F	00:21:01	24	W U/50	9
66	Jennifer	Wing	London Heathside Runners	F	00:21:04	26	W U/50	10
67	Mark	Kell	Serpentine	M	00:21:05	37	M U/50	50
68	Daniel	Day		M	00:21:15	37	M U/50	51
69	Mike	Mann	Dulwich R	M	00:21:16	70	M Vet 70	1
70	John	Greene		M	00:21:19	52	M Vet 50	6
71	Jonathan	Chambers	Fulham Running Club	M	00:21:22	61	M Vet 60	3
72	Matthew	Snelling	Jp morgan running club	M	00:21:28	41	M U/50	52
73	Doug	Teesdale		M	00:21:31	57	M Vet 50	7
74	Neil	Colquhoun	London Fronrunners	M	00:21:43	41	M U/50	53
75	Georgina	Miller	Ravens	F	00:21:46	37	W U/50	11
76	Vinh-Phuong	Hoang		F	00:21:49	27	W U/50	12
77	Daniel	Comens	Sutton runners	M	00:21:56	44	M U/50	54
78	Kerry	Foley	Evrotas	F	00:22:15	41	W U/50	13
79	Andrew	McNamara	Fulham Running Club	M	00:22:28	35	M U/50	55
80	Ola	Balme	dulwich runners ac	F	00:22:30	51	W Vet 50	1
81	Peter	Mackintosh	Serpentine	M	00:22:32	32	M U/50	56
82	Adrian	Hunt		M	00:22:38	55	M Vet 50	8
83	David	Bates	Sutton Runners	M	00:22:48	42	M U/50	57
84	Roger	Green	Woodford Green	M	00:22:57	70	M Vet 70	2
85	Daisy	Christo		F	00:23:07	33	W U/50	14
86	Ian	Mursell	Vets AC	M	00:23:13	66	M Vet 60	4
87	Francisco	Joaquim	Fulham Running Club	M	00:23:15	67	M Vet 60	5
88	Michael	Ashiotis	South London Harriers	M	00:23:21	38	M U/50	58
89	David	Hallson	RRC	M	00:23:23	65	M Vet 60	6

90	John	Foss	South London H	M	00:23:28	59	M Vet 50	9
91	tom	finn	greenwich tritons	M	00:23:44	29	M U/50	59
92	Sarah	Newton	Serpentine	F	00:24:24	61	W Vet 60	1
93	Crystal	Trejo		F	00:24:35	36	W U/50	15
94	Stephen	Walker		M	00:24:42	46	M U/50	60
95	Nigel	Whiteoak	RunThrough	M	00:24:49	45	M U/50	61
96	Rachael	Cullins		F	00:24:58	34	W U/50	16
97	Yvonne	Ellis	Avrota	F	00:25:18	45	W U/50	17
98	Joe	Peak		M	00:25:41	31	M U/50	62
99	Dan	Maskell	Vets AC	M	00:25:47	70	M Vet 70	3
100	Maurice	Sharp	Hercules Wimbledon	M	00:25:52	73	M Vet 70	4
101	Garth	Atchley		M	00:26:06	48	M U/50	63
102	Naomi	Stanford	Serpentine	F	00:26:11	67	W Vet 60	2
103	Ian	Hall	Serpentine	M	00:26:13	65	M Vet 60	7
104	DAVID	HALLIDAY	Swinton running club	M	00:26:23	41	M U/50	64
105	Patrice	Rusconi		M	00:26:30	36	M U/50	65
106	Jessica	Holland	Ealing Eagles Running Club	F	00:26:34	25	W U/50	18
107	Phil	Kelvin	Serpentine	F	00:26:44	66	W Vet 60	3
108	Ruben	Agocs	Fulham RC	M	00:27:07	42	M U/50	66
109	Emma	Symons		F	00:27:18	31	W U/50	19
110	James	Wellemeier		M	00:27:22	18	M U/50	67
111	Eve	Brewer		F	00:27:26	17	W U/50	20
112	Jay	Clark		M	00:27:28	34	M U/50	68
113	giuseppe	torzillo		M	00:27:31	50	M Vet 50	10
114	ilias	paliatsos		M	00:27:54	27	M U/50	69
115	Alan	Davidson	Ranelagh Harriers	M	00:27:55	71	M Vet 70	5
116	Neil	Davies	26.2 Marathon Club	M	00:27:55	53	M Vet 50	11
117	Paul	Whittingham		M	00:28:02	37	M U/50	70
118	Karen	Samuel	Bromley Vets	F	00:28:17	57	W Vet 50	2
119	Cliff	Collins	Vets AC	M	00:28:21	82	M Vet 80	1
120	Megan	Harris		F	00:28:26	33	W U/50	21
121	Helen	Child	Sandbach Striders	F	00:28:43	47	W U/50	22
122	Donna	Richards	South London Harriers	F	00:28:45	52	W Vet 50	3
123	Ann	Bath	26.2rrc	F	00:28:46	69	W Vet 60	4
124	Richard	Powell		M	00:28:49	49	M U/50	71
125	Sophie	Denman	Fulham Running Club	F	00:28:57	30	W U/50	23
126	Joe	Aspinall	Vets AC	M	00:29:18	80	M Vet 80	2
127	Ursula	White	Fulham Running Club	F	00:29:36	29	W U/50	24
128	Vasudha	Deming	Sri Chinmoy MT	F	00:29:39	52	W Vet 50	4
129	Christopher	Shaw	Fulham Running Club	M	00:29:55	39	M U/50	72
130	Tim	Gray	Collingwood ac	M	00:30:11	50	M Vet 50	12
131	Rosa	Constantinou	Collingwood AC	F	00:30:27	50	W Vet 50	5
132	Peter	Torre	Vets AC	M	00:33:18	76	M Vet 70	6
133	Edwin	Bartlett	Vets AC	M	00:34:50	73	M Vet 70	7
134	Gavin	McCabe		M	00:39:39	56	M Vet 50	13