

Final Pos	Team Name	Team Cat	Race No	Leg 1 Runner	Club	Cat	Lap1 Time	L1 Split	Pos	Leg 2 Runner	Club	Cat	Lap 2 Cum Time	Lap2 split	Lap 2 Pos	Leg 3 Runner	Club	Cat	Cum Time	Lap 3 Split	Lap 3 Pos	Team Time	Team Cat
	<b>MEN</b>																						
1	CAAC Comando Unit	M	13	Stuart Livingston	CAAC	M	04:38	04:38	1	Scott Pilkington	CAAC	M	09:20	04:42	1	Ewan Brown	CAAC	M	13:42	04:22	1	13:42	M
2	Lothian G	M	19	Malcolm Lang	Lothian	M	04:43	04:43	3	Alan Knowles	Lothian	M	09:47	05:04	3	Max Mcneil	Lothian	M	14:14	04:27	1	14:14	M
3	CAAC B	M	11	Dave Hall	CAAC	M	04:59	04:59	10	Callum Mckenzie	CAAC	M	09:38	04:39	2	Aaron Hoyle	CAAC	M	14:27	04:49	6	14:27	M
	<b>WOMEN</b>																						
1	EAC A	F	101	Chloe Cox	EAC	F	05:33	05:33	29	Isla Scott-Pearse	EAC	F	11:03	05:30	17	Laura Dunn	EAC	F	16:18	05:15	1	16:18	F
2	We Thought you said Rum?	F	104	Lyndsey Fraser	EAC	F	05:36	05:36	32	Emma Baker	EAC	F	11:22	05:46	20	Jocelyn Moar	EAC	F	16:55	05:33	1	16:55	F
3	Fast, Fit and Fabulous	F	105	Lucy Marshall	Harmeny	F	06:04	06:04	49	Amy Kerr	Portobello	F	11:54	05:50	34	Lyndsey Fraser	EAC	F	17:44	05:50	6	17:44	F
	<b>MIXED</b>																						
1	Club Mixed 1	M	64	Philip Waring	PH Racing Club	M	05:17	05:17	21	Scott Love	Racing Club	M	10:54	05:37	13	Kristin Lownie	Racing Club	F	16:21	05:27	1	16:21	Mixed
	<b>MV 50</b>																						
1	60 is the new 40	MV60	82	Brian Hughes	Cambuslang Harriers	MV60	05:11	05:11	17	Jim Scott	EAC	MV60	11:18	06:07	19	Mat Newman	EAC	MV60	17:47	06:29	1	17:47	MV60
	<b>MV 60</b>																						
1	Club MV60	MV60	86	John Crookston	PH Racing Club	MV60	05:41	05:41	36	Ed Norton	Racing Club	MV60	11:36	05:55	26	Ian Robert Johnston	Racing Club	MV60	17:29	05:53	1	17:29	MV60
	<b>FV 50</b>																						
1	JB Tortoise Trotters	FV50	88	Dorothy Groobie	JB Jog Scotland	FV60	10:24	10:24	81	Jill Swales	JB Jog Scotland	FV50	18:56	08:32	80	Alison Gillies	JB Jog Scotland	FV60	26:49	07:53	1	26:49	FV50

	F Junior U20																						
1	CAAC Girls	FJ	85	Katherine McLeod	CAAC	FJ	05:39	05:39	35	Georgia Ledingham	CAAC	FJ	11:00	05:21	16	Mhairi Arnott	CAAC	FJ	17:05	06:05	1	17:05	FJ