



Sri Chinmoy Off-Road Duathlons

Black Mountain : 4 Aug 2019 : 103 Duathletes

Category Results

Short Course : Short Solo Male Under 50 : 17 Duathletes

Placings			Duathletes		Final Time		Run 1			Ride			Run 2		
Cat	O/All	Sex	No.	Name	Total	Diff	Time	PI	C.PI	Time	PI	C.PI	Time	PI	C.PI
1	1	1	507	Guy Jones	36:41		5:30	3	3	20:03	1	1	11:08	1	1
2	2	2	508	Steven Sibraa	39:47	3:06	5:28	2	2	22:47	3	2	11:32	2	2
3	5	3	514	Michael Smytheman	42:24	5:43	5:47	6	5	24:52	6	3	11:45	3	3
4	7	4	519	Simon Needham	43:59	7:18	6:16	8	6	25:09	9	4	12:34	8	5
5	8	5	511	Tom Greaves	44:04	7:23	5:27	1	1	25:38	12	6	12:59	11	6
6	10	6	518	Nick Courmadias	44:36	7:55	5:37	4	4	26:54	17	9	12:05	4	4
7	13	7	517	Mark Taylor	46:01	9:20	6:36	14	8	25:18	11	5	14:07	21	10
8	15	8	513	Tony Hazelton	46:14	9:33	6:39	15	9	26:08	15	7	13:27	15	7
9	18	10	516	Paul McCann	48:25	11:44	6:55	19	10	26:48	16	8	14:42	23	12
10	22	12	502	Michael Fox	51:00	14:19	6:58	20	11	30:30	23	10	13:32	17	8
11	23	13	501	Andrew Denny	51:20	14:39	6:31	13	7	30:59	24	11	13:50	19	9
12	26	14	505	Henry Beale	56:17	19:36	7:04	22	12	34:49	30	13	14:24	22	11
13	29	16	512	Morgan Greaves	1:01:27	24:46	8:00	32	16	32:07	27	12	21:20	36	16
14	30	17	509	Oliver Curll	1:02:26	25:45	7:15	24	13	38:52	35	15	16:19	28	14
15	31	18	510	Arran Curll	1:02:27	25:46	7:16	25	14	39:01	36	16	16:10	27	13
16	33	19	506	Kevin Steadman	1:02:45	26:04	7:24	27	15	38:32	33	14	16:49	30	15
17	39	22	515	John Power	1:15:37	38:56	8:39	34	17	44:54	39	17	22:04	39	17



Sri Chinmoy Off-Road Duathlons

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Category Results

Short Course : Short Solo Male 50+ : 7 Duathletes

Placings			Duathletes		Final Time		Run 1			Ride			Run 2		
Cat	O/All	Sex	No.	Name	Total	Diff	Time	PI	C.PI	Time	PI	C.PI	Time	PI	C.PI
1	16	9	606	John Smytheman	46:23		6:48	17	1	25:41	13	1	13:54	20	1
2	21	11	607	David Baussmann	50:50	4:27	7:43	30	2	28:12	18	2	14:55	24	2
3	28	15	605	Sandy Fisk	1:00:39	14:16	8:41	35	4	32:28	28	3	19:30	33	4
4	35	20	602	David Leake	1:03:55	17:32	9:12	38	5	34:01	29	4	20:42	35	5
5	36	21	608	Jim White	1:05:58	19:35	7:57	31	3	41:59	37	5	16:02	26	3
6	40	23	604	Geoff Barker	1:17:37	31:14	11:44	41	7	43:40	38	6	22:13	40	6
7	41	24	603	Narasimha Rao Bandi	1:36:47	50:24	9:46	39	6	56:08	41	7	30:53	41	7



Sri Chinmoy Off-Road Duathlons

Black Mountain : 4 Aug 2019 : 103 Duathletes

Category Results

Short Course : Short Solo Female Under 50 : 12 Duathletes

Placings			Duathletes		Final Time		Run 1			Ride			Run 2		
Cat	O/All	Sex	No.	Name	Total	Diff	Time	PI	C.PI	Time	PI	C.PI	Time	PI	C.PI
1	3	1	713	Laura Darlington	40:27		6:24	10	4	21:45	2	1	12:18	5	1
2	4	2	715	Bron Ryan	42:11	1:44	6:20	9	3	22:58	4	2	12:53	10	5
3	6	3	702	Rowena Woods	43:44	3:17	6:12	7	2	25:01	7	3	12:31	7	3
4	11	5	707	Kylie Message	44:50	4:23	6:28	12	6	26:00	14	4	12:22	6	2
5	17	8	703	Olivia Stutchbury	46:53	6:26	5:42	5	1	28:30	19	5	12:41	9	4
6	20	10	714	Jess Sloane	50:45	10:18	6:25	11	5	31:01	25	7	13:19	14	6
7	24	11	705	Bonnie Park	54:25	13:58	7:22	26	7	31:34	26	8	15:29	25	7
8	27	13	712	Bek Philp	58:54	18:27	9:05	37	11	29:47	21	6	20:02	34	10
9	32	14	706	Freya Steadman	1:02:43	22:16	7:26	28	8	38:33	34	11	16:44	29	8
10	34	15	708	Celeste Botes	1:03:17	22:50	8:46	36	10	36:15	31	9	18:16	31	9
11	37	16	701	Virginia Lindenmayer	1:08:10	27:43	10:24	40	12	36:17	32	10	21:29	38	12
12	38	17	709	Evelyn Power	1:14:57	34:30	8:36	33	9	44:59	40	12	21:22	37	11



Sri Chinmoy Off-Road Duathlons

Black Mountain : 4 Aug 2019 : 103 Duathletes

Category Results

Short Course : Short All-Female Team : 1 Duathletes

Placings			Duathletes		Final Time		Run 1			Ride			Run 2		
Cat	O/All	Sex	No.	Name	Total	Diff	Time	PI	C.PI	Time	PI	C.PI	Time	PI	C.PI
1	25	12	931	Halle & Tara Super Skinny Prawns	54:47		7:36	29	1	28:42	20	1	18:29	32	1



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Black Mountain : 4 Aug 2019 : 103 Duathletes

Category Results

Short Course : Short Mixed Team : 4 Duathletes

Placings			Duathletes		Final Time		Run 1			Ride			Run 2		
Cat	O/All	Sex	No.	Name	Total	Diff	Time	PI	C.PI	Time	PI	C.PI	Time	PI	C.PI
1	9	4	956	Gemma & Ryan Team GRR	44:30		6:52	18	2	24:10	5	1	13:28	16	3
2	12	6	953	Verona & Simon Noki	45:07	0:37	7:00	21	3	25:08	8	2	12:59	11	1
3	14	7	954	Amanda & Jason Janda Can	46:04	1:34	7:07	23	4	25:13	10	3	13:44	18	4
4	19	9	955	Dawn & Albert Team Zoe	50:06	5:36	6:41	16	1	30:19	22	4	13:06	13	2



Sri Chinmoy Off-Road Duathlons

Black Mountain : 4 Aug 2019 : 103 Duathletes

Category Results

Long Course : Long Solo Male Under 50 : 30 Duathletes

Placings			Duathletes		Final Time		Run 1			Ride			Run 2		
Cat	O/All	Sex	No.	Name	Total	Diff	Time	PI	C.PI	Time	PI	C.PI	Time	PI	C.PI
1	1	1	18	Tomas Krajca	1:40:01		10:19	2	2	57:40	2	2	32:02	1	1
2	2	2	26	Mark Bourne	1:41:29	1:28	10:14	1	1	58:32	4	4	32:43	2	2
3	3	3	3	Dave Hardwicke	1:42:17	2:16	10:36	4	4	57:36	1	1	34:05	3	3
4	4	4	22	David Osmond	1:45:18	5:17	10:47	8	6	59:45	6	6	34:46	4	4
5	5	5	23	Adrian Sheppard	1:45:40	5:39	11:04	11	9	57:48	3	3	36:48	8	6
6	6	6	15	Anthony Newman	1:46:26	6:25	10:58	9	7	59:22	5	5	36:06	7	5
7	9	8	19	Denis Mungoven	1:55:25	15:24	10:32	3	3	1:03:58	8	7	40:55	14	10
8	10	9	31	Gordon Milne	1:56:37	16:36	10:43	6	5	1:07:50	16	10	38:04	11	8
9	12	11	33	Cameron Colebatch	1:59:16	19:15	11:57	20	16	1:07:42	14	9	39:37	13	9
10	13	12	17	Joseph Benzie	1:59:20	19:19	11:45	15	12	1:05:44	10	8	41:51	16	12
11	14	13	32	Aaron Smith	2:01:45	21:44	11:02	10	8	1:13:35	24	15	37:08	10	7
12	15	14	29	Craig Cowan	2:02:54	22:53	11:56	19	15	1:08:59	19	13	41:59	17	13
13	18	17	21	Robert Stodart	2:03:39	23:38	11:41	14	11	1:08:38	18	12	43:20	20	14
14	20	18	1	Bill Eden	2:04:25	24:24	11:51	18	14	1:10:55	22	14	41:39	15	11
15	22	20	20	Petrus Botes	2:05:59	25:58	12:57	31	23	1:08:04	17	11	44:58	27	18
16	25	22	27	Brent Rebecca	2:12:27	32:26	11:13	12	10	1:17:31	30	18	43:43	21	15
17	27	24	12	Angus Steadman	2:16:43	36:42	11:47	16	13	1:20:29	36	22	44:27	24	16
18	28	25	30	Willem Petrovsky	2:17:05	37:04	12:38	25	20	1:19:30	33	21	44:57	26	17
19	29	26	14	Cam Pitt	2:17:10	37:09	12:27	22	17	1:16:15	26	16	48:28	35	21
20	32	29	2	Andrew Samild	2:19:51	39:50	13:35	40	26	1:18:38	31	19	47:38	32	20
21	35	31	13	Max Rose	2:23:54	43:53	12:29	23	18	1:19:14	32	20	52:11	39	22
22	36	32	16	Matthew Baker	2:24:45	44:44	13:17	35	24	1:17:26	29	17	54:02	42	23
23	39	34	24	Nicholas Bradley	2:27:50	47:49	12:33	24	19	1:28:32	44	25	46:45	30	19



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Category Results

2 4	45	36	7 Raymond McAleer	2:40:18	1:00:17	14:32	45	27	1:23:40	39	23	1:02:06	50	26
2 5	46	37	28 James Boidin	2:41:25	1:01:24	12:49	27	21	1:31:57	49	27	56:39	45	25
2 6	47	38	8 Rodney Allen	2:42:50	1:02:49	13:32	39	25	1:32:55	50	28	56:23	44	24
2 7	52	42	25 Duncan Sheppard	2:53:38	1:13:37	17:52	59	30	1:30:53	48	26	1:04:53	54	28
2 8	53	43	9 Jimmy Pietrass-Wong	2:57:43	1:17:42	16:22	54	29	1:27:01	42	24	1:14:20	59	29
2 9	57	44	11 Steve Johnston	3:09:47	1:29:46	12:55	30	22	1:54:44	58	30	1:02:08	51	27
3 0	60	45	4 Paul Kelly	3:38:17	1:58:16	15:44	50	28	1:45:01	56	29	1:37:32	60	30



Sri Chinmoy Off-Road Duathlons

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Category Results

Long Course : Long Solo Male 50-59 : 5 Duathletes

Placings			Duathletes		Final Time		Run 1			Ride			Run 2		
Cat	O/All	Sex	No.	Name	Total	Diff	Time	PI	C.PI	Time	PI	C.PI	Time	PI	C.PI
1	16	15	104	Martin McGready	2:03:06		12:53	29	2	1:06:23	13	2	43:50	22	1
2	17	16	105	Patrick Kluth	2:03:25	0:19	12:46	26	1	1:06:16	12	1	44:23	23	2
3	30	27	102	Damien Schmidt	2:19:08	16:02	13:10	34	3	1:15:16	25	3	50:42	38	3
4	44	35	101	Mark Stutchbury	2:39:35	36:29	14:02	44	4	1:27:07	43	4	58:26	47	5
5	50	41	103	Stephen Graham	2:50:30	47:24	15:33	47	5	1:40:20	54	5	54:37	43	4



Sri Chinmoy Off-Road Duathlons

Black Mountain : 4 Aug 2019 : 103 Duathletes

Category Results

Long Solo Male 60+ : 1 Duathletes

Placings			Duathletes		Final Time		Run 1			Ride			Run 2		
Cat	O/All	Sex	No.	Name	Total	Diff	Time	PI	C.PI	Time	PI	C.PI	Time	PI	C.PI
1	2	1	142	Trevor Jacobs	2:15:04		14:26	1	1	1:13:13	1	1	47:25	1	1



Sri Chinmoy Off-Road Duathlons

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Category Results

Long Course : Long Solo Female Under 50 : 6 Duathletes

Placings			Duathletes		Final Time		Run 1			Ride			Run 2		
Cat	O/All	Sex	No.	Name	Total	Diff	Time	PI	C.PI	Time	PI	C.PI	Time	PI	C.PI
1	33	4	202	Katrina Cousins	2:21:15		13:28	38	2	1:22:07	38	1	45:40	28	1
2	40	6	201	Bianca Pietrass-Wong	2:30:16	9:01	13:19	36	1	1:29:30	47	2	47:27	31	2
3	55	12	204	Heather Gow-Carey	3:09:11	47:56	16:18	53	4	1:44:25	55	3	1:08:28	55	4
4	56	13	203	Josephine Park	3:09:36	48:21	15:12	46	3	1:51:42	57	4	1:02:42	52	3
5	58	14	205	Georgia Elliott	3:20:46	59:31	17:02	58	6	1:55:11	60	6	1:08:33	56	5
6	58	14	206	Lauren Hansen	3:20:46	59:31	17:00	57	5	1:55:09	59	5	1:08:37	57	6



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Category Results

Long Course : Long All-Male Team : 6 Duathletes

Placings			Duathletes		Final Time		Run 1			Ride			Run 2		
Cat	O/All	Sex	No.	Name	Total	Diff	Time	PI	C.PI	Time	PI	C.PI	Time	PI	C.PI
1	8	7	402	Anthony & Matt Awc 1	1:54:05		11:49	17	2	1:05:24	9	1	36:52	9	2
2	11	10	405	Bernardo & Brett I've Got My Mother In The Boot	1:58:13	4:08	10:39	5	1	1:12:29	23	3	35:05	5	1
3	23	21	406	Yin & Simon Spys	2:07:18	13:13	13:43	43	6	1:07:49	15	2	45:46	29	4
4	26	23	407	Bradley & Chris The Dobbie Twins	2:14:00	19:55	12:13	21	3	1:17:09	28	4	44:38	25	3
5	34	30	403	Patrick & Ricky Du So Hard	2:21:38	27:33	13:22	37	4	1:20:28	35	5	47:48	33	5
6	38	33	404	Bruce & Tony Muppets	2:27:19	33:14	13:38	41	5	1:25:22	41	6	48:19	34	6



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Category Results

Long Course : Long All-Female Team : 2 Duathletes

Placings			Duathletes		Final Time		Run 1			Ride			Run 2		
Cat	O/All	Sex	No.	Name	Total	Diff	Time	PI	C.PI	Time	PI	C.PI	Time	PI	C.PI
1	7	1	432	Elizabeth & Eliza Lize And Eliz	1:52:25		10:45	7	1	1:06:06	11	1	35:34	6	1
2	24	3	431	Jennifer & Natalie Mountain Goats	2:12:17	19:52	12:51	28	2	1:16:42	27	2	42:44	19	2



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Category Results

Long Course : Long Mixed Team : 9 Duathletes

Placings			Duathletes		Final Time		Run 1			Ride			Run 2		
Cat	O/All	Sex	No.	Name	Total	Diff	Time	PI	C.PI	Time	PI	C.PI	Time	PI	C.PI
1	19	2	455	Natasha & Todd Trailbreakers	2:03:44		13:41	42	4	1:00:26	7	1	49:37	36	3
2	21	19	452	Evan & Heather Team Heaven	2:05:35	1:51	13:01	32	2	1:10:04	20	2	42:30	18	2
3	31	28	453	Jim & Maree Jim And Maree	2:19:11	15:27	15:41	49	5	1:10:37	21	3	52:53	40	5
4	37	5	456	Kerrie & Paul Tortoise And The Hare	2:26:05	22:21	11:18	13	1	1:35:55	52	9	38:52	12	1
5	41	7	457	Kim & Geoff Don't Worry Be Happy	2:32:06	28:22	13:05	33	3	1:28:52	45	7	50:09	37	4
6	42	8	459	Nicole & Andrew Mr & Mrs B	2:34:37	30:53	16:37	56	8	1:20:35	37	5	57:25	46	7
7	43	9	458	Hayley & Peter Couple Of Cuttles	2:34:53	31:09	16:10	52	6	1:24:48	40	6	53:55	41	6
8	48	39	454	Stephen & Kaye As You Wish	2:46:06	42:22	17:56	60	9	1:29:16	46	8	58:54	48	8
9	49	40	451	Jeremy & Ivy Jez And Ivy	2:49:22	45:38	16:34	55	7	1:20:21	34	4	1:12:27	58	9



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Category Results

Long Course : Long Solo Female 50-59 : 2 Duathletes

Placings			Duathletes		Final Time		Run 1			Ride			Run 2		
Cat	O/All	Sex	No.	Name	Total	Diff	Time	PI	C.PI	Time	PI	C.PI	Time	PI	C.PI
1	51	10	302	Sonja McKenna	2:51:45		15:37	48	1	1:34:39	51	1	1:01:29	49	1
2	54	11	301	Mayumi Takeuchi	2:59:44	7:59	16:07	51	2	1:39:43	53	2	1:03:54	53	2



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Category Results

Long Solo Female 60+ : 1 Duathletes

Placings			Duathletes		Final Time		Run 1			Ride			Run 2		
Cat	O/All	Sex	No.	Name	Total	Diff	Time	PI	C.PI	Time	PI	C.PI	Time	PI	C.PI
1	1	1	331	Catherine Hanley	2:46:13		15:09	2	1	1:30:58	2	1	1:00:06	2	1