



SRI CHINMOY
marathon team

*Run and Become. Become and Run.
Run to succeed in the outer world.
Become to proceed in the inner world.*

Sri Chinmoy

SRI CHINMOY AC
SELF TRANSCENDENCE
10 Mile
Battersea Park
8am
September 8th, 2012

Dear Runners

On a spectacular sunny September day 199 runners crossed the finish line.

NEW COURSE RECORD!!!

PAUL MARTELLETTI - 50 minutes 43 seconds

The London Paralympic Games are coming to a close and today we had some very special guests present at the race - all from Portugal. Jorge Pina will run tomorrow in the marathon representing Portugal. He ran in the Beijing Paralympics and is hoping to achieve a PB here in London by going under 2.40. He started the race and very graciously gave out the trophies. He is an athlete who has turned a tragedy (the loss of his eyesight) into an amazing opportunity. He is well known in his native Portugal where he inspires athletes to be undaunted and dream the impossible dreams. We wish him every success in his marathon tomorrow and for all the great work he does.

The two runners who will accompany him in the marathon as guides were also present - and Sergio Silva ran today's 10 mile race coming in second. He is, in fact, a 2.16 marathon runner and world champion at the Duathlon.

Maria Odete Fiuza came 7th in the Women's Paralympic 5000 metres and ran today in our 10 mile race - a BIG congratulations to her.

We are extremely grateful to all the runners from Portugal who attended today's race bringing a very special touch to the proceedings and inspiring everybody present.

Our next race is a 10K on Saturday 29th September. See you all there.

All race results are below.

PHOTOGRAPHS:

<http://www.flickr.com/photos/tejvan/sets/72157631467737630/with/7956252884/>

MEDAL WINNERS

NAME SURNAME CLUB TIME AGE

MEN UNDER 50

1st	<i>Paul</i>	<i>Martelletti</i>	<i>Victoria Park H</i>	50.43	<i>M</i>	33
2nd	<i>Sergio</i>	<i>Silva</i>	<i>Associacao Jorge Pina</i>	52.45	<i>M</i>	29
3rd	<i>Chris</i>	<i>Greenwood</i>	<i>Kent AC</i>	52.58	<i>M</i>	38
4th	<i>Darren</i>	<i>Tanner</i>	<i>Clapham Chasers</i>	55.49	<i>M</i>	35
5th	<i>Dan</i>	<i>Madams</i>	<i>London Heathside</i>	57.27	<i>M</i>	39
6th	<i>Rick</i>	<i>Weston</i>	<i>Serpentine</i>	57.32	<i>M</i>	25
7th	<i>Graham</i>	<i>Bell</i>	<i>Wimbledon Windmilers</i>	58.54	<i>M</i>	25

WOMEN UNDER 50

1st	<i>Catherine</i>	<i>Bryson</i>	<i>Belgrave Harriers</i>	65.36	<i>F</i>	27
2nd	<i>Jenny</i>	<i>Simms</i>		66.31	<i>F</i>	25
3rd	<i>Amy Lynne</i>	<i>Aronson</i>	<i>Hercules Wimbledon</i>	66.43	<i>F</i>	28
4th	<i>Julia</i>	<i>Belyavin</i>	<i>Bristol & West</i>	66.50	<i>F</i>	33
5th	<i>Cara</i>	<i>Kayun</i>	<i>Striders of Croydon</i>	67.08	<i>F</i>	23
6th	<i>Sarah</i>	<i>Cole</i>		68.04	<i>F</i>	33
7th	<i>Victoria</i>	<i>Carter</i>	<i>Serpentine</i>	68.47	<i>F</i>	41

MEN VET 50

1st	<i>Russell</i>	<i>Burton</i>	<i>BMHAC</i>	61.15	<i>M</i>	57
2nd	<i>Gary</i>	<i>Christie</i>	<i>Brighton Hove</i>	62.54	<i>M</i>	50
3rd	<i>Gary</i>	<i>Ironmonger</i>	<i>u/a</i>	65.30	<i>M</i>	50

WOMEN VET 50

1st	<i>Angela</i>	<i>Kikugawa</i>	<i>Hercules Wimbledon</i>	90.47	<i>F</i>	50
2nd	<i>Louise</i>	<i>Tasker</i>		93.30	<i>F</i>	50

MEN VET 60

1st	<i>Maurice</i>	<i>Sharp</i>	<i>Hercules Wimbledon</i>	72.19	<i>M</i>	67
2nd	<i>John</i>	<i>Fassnidge</i>	<i>SERPENTINE</i>	75.58	<i>M</i>	60

MEN VET 70

1st	<i>Mike</i>	<i>Browne</i>	<i>Vets AC</i>	119.20	<i>M</i>	81
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OVERALL RESULTS

Pos	Name	Surname	Club	Time	M/F	Age	Cat	Cat Pos.
1	<i>Paul</i>	<i>Martelletti</i>	<i>Victoria Park H</i>	50.43	<i>M</i>	33	<i>M U/50</i>	1
2	<i>Sergio</i>	<i>Silva</i>	<i>Associacao Jorge Pina</i>	52.45	<i>M</i>	29	<i>M U/50</i>	2
3	<i>Chris</i>	<i>Greenwood</i>	<i>Kent AC</i>	52.58	<i>M</i>	38	<i>M U/50</i>	3
4	<i>Darren</i>	<i>Tanner</i>	<i>Clapham Chasers</i>	55.49	<i>M</i>	35	<i>M U/50</i>	4
5	<i>Dan</i>	<i>Madams</i>	<i>London Heathside</i>	57.27	<i>M</i>	39	<i>M U/50</i>	5
6	<i>Rick</i>	<i>Weston</i>	<i>Serpentine</i>	57.32	<i>M</i>	25	<i>M U/50</i>	6
7	<i>Graham</i>	<i>Bell</i>	<i>Wimbledon Windmilers</i>	58.54	<i>M</i>	25	<i>M U/50</i>	7

8	Brent	Atkins		59.04	M	31	M U/50	8
9	Hamish	Cropper	Clapham Chasers	59.07	M	29	M U/50	9
10	Paul	Cheetham	Stragglers	59.14	M	40	M U/50	10
11	Robert	Tansey		59.21	M	40	M U/50	11
12	Jamie	Smalley	Serpentine	59.35	M	31	M U/50	12
13	Andrew	Bell	St Albans Striders	59.46	M	27	M U/50	13
14	Pascal	Evans	Stragglers	60.00	M	42	M U/50	14
15	Alex	Harrison	Serpentine RC	60.28	M	33	M U/50	15
16	michael	prior	trent park running club	60.44	M	45	M U/50	16
17	Raj	Paranandi	Serpentine	61.10	M	36	M U/50	17
18	Russell	Burton	BMHAC	61.15	M	57	M O/50	1
19	Mark	Speed	u/a	62.51	M	38	M U/50	18
20	Gary	Christie	Brighton Hove	62.54	M	50	M O/50	2
21	Helder	Silva	Jorge Pina Ass.	63.07	M	38	M U/50	19
22	Matthew	Chataway		63.14	M	30	M U/50	20
23	Uwe	Freidank		63.15	M	43	M U/50	21
24	Martin	Richardson	SERPENTINE	63.30	M	27	M U/50	22
25	Matt	Roberts	Serpentine	64.46	M	34	M U/50	23
26	Stephen	Campbell	Shaftesbury Barnet Harriers	64.57	M	44	M U/50	24
27	Gary	Ironmonger	u/a	65.30	M	50	M O/50	3
28	Catherine	Bryson	Belgrave Harriers	65.36	F	27	W U/50	1
29	David	Smith	u/a	66.02	M	54	M O/50	4
30	Nick	Smart		66.06	M	32	M U/50	25
31	Michael	Marth	u/a	66.09	M	31	M U/50	26
32	Tim	Copley	u/a	66.11	M	36	M U/50	27
33	David	Jones	Serpentine RC	66.15	M	31	M U/50	28
34	Jenny	Simms		66.31	F	25	W U/50	2
35	Thom	Dixon		66.39	M	30	M U/50	29
36	Amy Lynne	Aronson	Hercules Wimbledon	66.43	F	28	W U/50	3
37	Julia	Belyavin	Bristol & West	66.50	F	33	W U/50	4
38	Tom	Chetham	Hercules Wimbledon	66.59	M	45	M U/50	30
39	Cara	Kayun	Striders of Croydon	67.08	F	23	W U/50	5
40	Frank	Wood	Hercules Wimbledon	67.17	M	47	M U/50	31
41	Karl	Thompson		67.25	M	39	M U/50	32
42	grant	fellows		67.31	M	29	M U/50	33
43	Neil	Quinlan	Serpentine	67.45	M	40	M U/50	34
44	Neil	Burt	Clapham Chasers	67.57	M	31	M U/50	35
45	Sarah	Cole		68.04	F	33	W U/50	6
46	Victoria	Carter	Serpentine	68.47	F	41	W U/50	7
47	Thomas	Miller		69.05	M	39	M U/50	36
48	Andy	Welsh		69.22	M	40	M U/50	37
49	Robert	Crangle	Serpentine	69.37	M	51	M O/50	5
50	Ian	Kibble		69.45	M	25	M U/50	38
51	Nicholas	Smith		69.46	M	33	M U/50	39
52	Carlo	Metcalfe		69.48	M	36	M U/50	40
53	Ray	Cameron	Canterbury Harriers	69.52	M	37	M U/50	41
54	Dan	Lisi	u/a	69.53	M	34	M U/50	42
55	G	Loots	Serpentine	69.54	M	32	M U/50	43
56	Ross	Giggins		69.59	M	31	M U/50	44
57	Edward	Rumble	u/a	70.05	M	40	M U/50	45

58	<i>Cath</i>	<i>Stibbs</i>	<i>Kent AC</i>	70.06	<i>F</i>	38	<i>W U/50</i>	8
59	<i>Tom</i>	<i>Pearse</i>		70.21	<i>M</i>	28	<i>M U/50</i>	46
60	<i>Hannah</i>	<i>Arnold</i>		70.21	<i>F</i>	28	<i>W U/50</i>	9
61	<i>George</i>	<i>Green</i>	<i>Sandhurst Joggers</i>	70.41	<i>M</i>	59	<i>M O/50</i>	6
62	<i>David</i>	<i>Hymers</i>		70.44	<i>M</i>	35	<i>M U/50</i>	47
63	<i>Tung</i>	<i>Lam</i>		71.25	<i>M</i>	40	<i>M U/50</i>	48
64	<i>Christopher</i>	<i>Saunders</i>	<i>Serpentine</i>	71.28	<i>M</i>	39	<i>M U/50</i>	49
65	<i>Dave</i>	<i>Compton</i>		71.46	<i>M</i>	49	<i>M U/50</i>	50
66	<i>Keem</i>	<i>Chung</i>		71.58	<i>M</i>	31	<i>M U/50</i>	51
67	<i>Andrea</i>	<i>Mann</i>	<i>Garden City Runners</i>	71.58	<i>F</i>	40	<i>W U/50</i>	10
68	<i>Chloe</i>	<i>Hawkins</i>	<i>Hercules Wimbledon</i>	72.04	<i>F</i>	31	<i>W U/50</i>	11
69	<i>Maurice</i>	<i>Sharp</i>	<i>Hercules Wimbledon</i>	72.19	<i>M</i>	67	<i>M O/60</i>	1
70	<i>Naomi</i>	<i>Prasad</i>	<i>Serpentine</i>	72.44	<i>F</i>	31	<i>W U/50</i>	12
71	<i>Alastair</i>	<i>Locke</i>	<i>Dulwich R</i>	73.13	<i>M</i>	30	<i>M U/50</i>	52
72	<i>Donal</i>	<i>O'Dowd</i>		73.22	<i>M</i>	31	<i>M U/50</i>	53
73	<i>James</i>	<i>Small</i>		73.27	<i>M</i>	33	<i>M U/50</i>	54
74	<i>Jude</i>	<i>Dutnall</i>		73.46	<i>F</i>	35	<i>W U/50</i>	13
75	<i>Alan</i>	<i>Dolton</i>	<i>Striders of Croydon</i>	73.50	<i>M</i>	55	<i>M O/50</i>	7
76	<i>Maria Odete</i>	<i>Fiúza</i>	<i>Associacao Jorge Pina</i>	74.04	<i>F</i>	37	<i>W U/50</i>	14
77	<i>Robert</i>	<i>Lewis</i>	<i>u/a</i>	75.08	<i>M</i>	52	<i>M O/50</i>	8
78	<i>mark</i>	<i>timms</i>		75.23	<i>M</i>	30	<i>M U/50</i>	55
79	<i>Ben</i>	<i>Morison</i>		75.37	<i>M</i>	37	<i>M U/50</i>	56
80	<i>Raquel</i>	<i>Pedro</i>	<i>Associacao Jorge Pina</i>	75.40	<i>F</i>	26	<i>W U/50</i>	15
81	<i>Gavin</i>	<i>Parish</i>	<i>London Heathside AC</i>	75.44	<i>M</i>	36	<i>M U/50</i>	57
82	<i>Adrian</i>	<i>Lowney</i>		75.47	<i>M</i>	33	<i>M U/50</i>	58
83	<i>John</i>	<i>Fassnidge</i>	<i>SERPENTINE</i>	75.58	<i>M</i>	60	<i>M O/60</i>	2
84	<i>Luke</i>	<i>Thickett</i>		76.01	<i>M</i>	29	<i>M U/50</i>	59
85	<i>Nicky</i>	<i>Scott</i>	<i>Comets Road Running Club</i>	76.29	<i>F</i>	30	<i>W U/50</i>	16
86	<i>Annie</i>	<i>Gammon</i>	<i>Victoria Park H</i>	76.53	<i>F</i>	49	<i>W U/50</i>	17
87	<i>Heino</i>	<i>Von Wielligh</i>	<i>u/a</i>	76.57	<i>M</i>	34	<i>M U/50</i>	60
88	<i>Freya</i>	<i>Hotson</i>		76.58	<i>F</i>	23	<i>W U/50</i>	18
89	<i>Patrick</i>	<i>Coffey</i>		77.01	<i>M</i>	31	<i>M U/50</i>	61
90	<i>Michael</i>	<i>Salisbury</i>	<i>Serpentine RC</i>	77.10	<i>M</i>	32	<i>M U/50</i>	62
91	<i>neil</i>	<i>hadley</i>		77.13	<i>M</i>	38	<i>M U/50</i>	63
92	<i>Roland</i>	<i>Oliver</i>	<i>u/a</i>	77.28	<i>M</i>	44	<i>M U/50</i>	64
93	<i>James</i>	<i>Clowser</i>	<i>Run 2 Live Running Club</i>	77.53	<i>M</i>	35	<i>M U/50</i>	65
94	<i>anna</i>	<i>thomas</i>	<i>Dulwich Runners AC</i>	78.16	<i>F</i>	31	<i>W U/50</i>	19
95	<i>Thomas</i>	<i>Fawcett</i>		79.05	<i>M</i>	37	<i>M U/50</i>	66
96	<i>James</i>	<i>Fogarty</i>		79.27	<i>M</i>	28	<i>M U/50</i>	67
97	<i>Kent</i>	<i>Costa</i>		79.40	<i>M</i>	47	<i>M U/50</i>	68
98	<i>Perry</i>	<i>Mercer</i>	<i>u/a</i>	79.45	<i>M</i>	48	<i>M U/50</i>	69
99	<i>Joel</i>	<i>Bild</i>	<i>Stragglers</i>	79.48	<i>M</i>	41	<i>M U/50</i>	70
100	<i>Tobby</i>	<i>Scott</i>	<i>Comets Road Running Club</i>	79.52	<i>M</i>	30	<i>M U/50</i>	71
101	<i>Luke</i>	<i>Smyth</i>		80.03	<i>M</i>	27	<i>M U/50</i>	72
102	<i>Richard</i>	<i>Pearce</i>		80.08	<i>M</i>	26	<i>M U/50</i>	73
103	<i>Rob</i>	<i>Burnand</i>	<i>u/a</i>	80.13	<i>M</i>	54	<i>M O/50</i>	9
104	<i>Nick</i>	<i>Harris</i>	<i>Serpentine</i>	80.31	<i>M</i>	32	<i>M U/50</i>	74
105	<i>Franco</i>	<i>Capaldo</i>		80.36	<i>M</i>	28	<i>M U/50</i>	75
106	<i>Eric</i>	<i>Jaffe</i>		80.37	<i>M</i>	32	<i>M U/50</i>	76
107	<i>Jessica</i>	<i>Pealing</i>	<i>Wimbledon Windmilers</i>	80.41	<i>F</i>	25	<i>W U/50</i>	20

108	<i>Roland</i>	<i>Burton</i>		80.51	M	35	M U/50	77
109	<i>Kumudith</i>	<i>Guruge</i>	<i>New Eltham Joggers</i>	80.58	M	53	M O/50	10
110	<i>neal</i>	<i>churchill</i>		81.02	M	31	M U/50	78
111	<i>Pierre</i>	<i>Micottis</i>		81.19	M	47	M U/50	79
112	<i>jo</i>	<i>wilkinson</i>		81.23	F	30	W U/50	21
113	<i>Hannah</i>	<i>Machin</i>		81.24	F	24	W U/50	22
114	<i>John</i>	<i>Sharppe</i>	<i>u/a</i>	81.51	M	46	M U/50	80
115	<i>Celine</i>	<i>Moyse</i>		82.09	F	29	W U/50	23
116	<i>Lucy</i>	<i>Ferrar</i>	<i>u/a</i>	82.21	F	37	W U/50	24
117	<i>Sandy</i>	<i>Whiting</i>		82.21	F	33	W U/50	25
118	<i>Simon</i>	<i>Hawkins</i>	<i>u/a</i>	83.30	M	28	M U/50	81
119	<i>Ben</i>	<i>Eckard</i>	<i>u/a</i>	83.30	M	39	M U/50	82
120	<i>Neil</i>	<i>Stone</i>	<i>u/a</i>	83.35	M	48	M U/50	83
121	<i>Hugh</i>	<i>French</i>	<i>Clapham Chasers</i>	84.15	M	36	M U/50	84
122	<i>Mollie</i>	<i>Pearse</i>		84.26	F	26	W U/50	26
123	<i>John</i>	<i>Wilson</i>	<i>Serpentine</i>	84.31	M	44	M U/50	85
124	<i>Eoin</i>	<i>Canty</i>		84.32	M	34	M U/50	86
125	<i>Andrea</i>	<i>Broughton</i>	<i>Thames Valley Harriers</i>	84.45	F	48	W U/50	27
126	<i>diane</i>	<i>gardiner</i>	<i>london heathside ac</i>	84.48	F	37	W U/50	28
127	<i>Emanuele</i>	<i>Dina</i>		84.49	M	22	M U/50	87
128	<i>Patsy</i>	<i>Colegate</i>	<i>Run Dem Crew</i>	84.56	F	37	W U/50	29
129	<i>Joanne</i>	<i>Newman</i>		85.22	F	32	W U/50	30
130	<i>John</i>	<i>Brennan</i>		85.33	M	33	M U/50	88
131	<i>nick</i>	<i>lloyd</i>		85.42	M	27	M U/50	89
132	<i>derek</i>	<i>turner</i>		85.49	M	31	M U/50	90
133	<i>ewelina</i>	<i>kudla</i>		85.51	F	33	W U/50	31
134	<i>Steve</i>	<i>Platt</i>	<i>TRA</i>	86.49	M	57	M O/50	11
135	<i>Ruth</i>	<i>Olney</i>		86.53	F	31	W U/50	32
136	<i>Alice</i>	<i>Parish</i>	<i>London Heathside AC</i>	86.55	F	37	W U/50	33
137	<i>Vincent</i>	<i>Nottidge</i>	<i>uknetrunner</i>	86.56	M	50	M O/50	12
138	<i>Mark</i>	<i>Williment</i>		86.56	M	37	M U/50	91
139	<i>Helen</i>	<i>Clarke</i>		87.12	F	46	W U/50	34
140	<i>Megan</i>	<i>Watkins</i>		87.19	F	28	W U/50	35
141	<i>Elly</i>	<i>Martin</i>		87.38	F	30	W U/50	36
142	<i>Jennifer</i>	<i>Ingram</i>		87.42	F	30	W U/50	37
143	<i>Oriane</i>	<i>Auzanneau</i>		87.54	F	28	W U/50	38
144	<i>Pete</i>	<i>Elliott</i>		88.12	M	44	M U/50	92
145	<i>Thomas</i>	<i>Gordon</i>		88.17	M	33	M U/50	93
146	<i>Mauro</i>	<i>Gabriele</i>		88.17	M	48	M U/50	94
147	<i>Jeremy</i>	<i>Hill</i>	<i>u/a</i>	88.49	M	58	M O/50	13
148	<i>shiv</i>	<i>solanki</i>		88.55	M	29	M U/50	95
149	<i>Kate</i>	<i>Brook</i>	<i>Ranelagh Harriers</i>	89.15	F	37	W U/50	39
150	<i>Anne-Laure</i>	<i>Condat</i>		89.45	F	32	W U/50	40
151	<i>Oxana</i>	<i>Dotsenko</i>	<i>u/a</i>	89.59	F	31	W U/50	41
152	<i>Martin</i>	<i>Bolton-Smith</i>		90.22	M	53	M O/50	14
153	<i>Rachel</i>	<i>Scott Halls</i>		90.29	F	31	W U/50	42
154	<i>Eleanor</i>	<i>Cropp</i>		90.33	F	30	W U/50	43
155	<i>Emma</i>	<i>Hickmott</i>		90.33	F	29	W U/50	44
156	<i>Lucinda</i>	<i>Yeo</i>		90.43	F	27	W U/50	45
157	<i>Angela</i>	<i>Kikugawa</i>	<i>Hercules Wimbledon</i>	90.47	F	50	W O/50	1

158	Natasha	Hayes	Horsham Joggers	90.47	F	39	W U/50	46
159	Louise	Williment		91.28	F	32	W U/50	47
160	Oliver	Hine		91.49	M	27	M U/50	96
161	Hanna	Earp		91.57	F	26	W U/50	48
162	Ndalela	Mulwila	u/a	92.19	M	31	M U/50	97
163	Neil	Ramchandani		92.19	M	29	M U/50	98
164	Sophie	Kilic		93.20	F	44	W U/50	49
165	Louise	Tasker		93.30	F	50	W O/50	2
166	Gemma	Charge		93.50	F	34	W U/50	50
167	Melodie	Greenwell	Run Dem Crew	94.01	F	37	W U/50	51
168	Steven	Walsh		94.05	M	41	M U/50	99
169	emma	gibson		94.18	F	35	W U/50	52
170	Lui	Sit		94.21	F	38	W U/50	53
171	Gary	Hobbs	u/a	94.33	M	42	M U/50	100
172	John	Kamoschos		94.50	M	29	M U/50	101
173	ian	carmichael		95.25	M	38	M U/50	102
174	Andrea	Warth		95.50	F	39	W U/50	54
175	Edwin	Bartlett	Vets AC	95.55	M	68	M O/60	3
176	ken	donald		95.59	M	28	M U/50	103
177	Athanasios	Karampelas		96.14	M	30	M U/50	104
178	Liz	Clark		97.30	F	41	W U/50	55
179	Phil	Rumbelow		97.30	M	51	M O/50	15
180	Sarah	Moy		98.48	F	45	W U/50	56
181	Anthony	Aughterson		99.27	M	39	M U/50	105
182	Claire	Wray		100.05	F	29	W U/50	57
183	Camille	Roegiers		100.15	F	25	W U/50	58
184	Christos	Boinis		100.17	M	36	M U/50	106
185	Tracey	Brubaker		102.20	F	42	W U/50	59
186	Alexandra	Coyle		103.41	F	35	W U/50	60
187	Michaela	Stewart		104.41	F	24	W U/50	61
188	Susana	Bort		105.24	F	42	W U/50	62
189	Maria	Cobo		105.24	F	43	W U/50	63
190	Jane	O'Rourke		105.26	F	29	W U/50	64
191	Melissa	Rogers		105.36	F	34	W U/50	65
192	Nicola	Vandermeer		106.24	F	29	W U/50	66
193	Tony	Kyriakides	u/a	106.38	M	64	M O/60	4
194	Inge	Van ooteghem		110.12	F	46	W U/50	67
195	siobhan	greene		111.43	F	42	W U/50	68
196	Deborah	Malcolm		114.33	F	39	W U/50	69
197	Kelly	Tupman		117.39	F	30	W U/50	70
198	Anne	Nilsson		118.04	F	33	W U/50	71
199	Mike	Browne	Vets AC	119.20	M	81	M O/70	1
DNF	Christopher	Archer	FVS	DNF	M	46	M U/50	DNF
DNF	Brian	Canty		DNF	M	32	M U/50	DNF
DNF	Robert	Welton		DNF	M	22	M U/50	DNF
DNF	Parkins	Chevell		DNF	M	32	M U/50	DNF
DNF	stephen	fell	EVO TRI	DNF	M	35	M U/50	DNF
DNF	Anton	Menzies		DNF	M	32	M U/50	DNF
DNF	Denise	Yeldham	u/a	DNF	F	61	W O/60	DNF
DNF	kate	burrows		DNF	F	32	W U/50	DNF

DNF	<i>Sarah</i>	<i>Costin</i>	<i>Notts AC</i>	DNF	<i>F</i>	<i>36</i>	<i>W U/50</i>	DNF
DNF	<i>Patricia</i>	<i>Ferguson</i>		DNF	<i>F</i>	<i>26</i>	<i>W U/50</i>	DNF
DNF	<i>Catherine</i>	<i>Ferguson</i>		DNF	<i>F</i>	<i>27</i>	<i>W U/50</i>	DNF