

Sri Chinmoy 10K Race

Battersea Park, London

5th August, 2023

GREEN SPACE 10K



**SRI CHINMOY
MARATHON TEAM**



www.runandbecome.com

WINNERS

RANK	NAME	SURNAME	Time	CLUB	Race No.	Age	M/F
Men U/50							
1	Seyfu	Jamaal	00:29:13	London Heathside	588	22	Male
2	Jack	Millar	00:30:41	Bristol & West AC	631	27	Male
3	Nick	Bowker	00:31:25	Clapham Chasers	491	37	Male
4	Ugur	Altan	00:31:28	Belgrave Harriers	473	29	Male
5	Alastair	Matheson	00:31:49	Queens Park Harriers	620	33	Male
6	Rhys	Doherty	00:31:55	Best Athletics	538	28	Male
7	Ben	McIntosh	00:31:55		628	27	Male
Women U/50							
1	Eliza	Hawthorn	00:35:49	The Stragglers RC	575	32	Female
2	Sarah	Forbes-Smith	00:36:21		547	28	Female
3	Annie	Birch	00:36:30	Kent Athletic Club	487	33	Female
4	Sarah	Holt	00:36:50	The Stragglers RC	581	43	Female
5	Leonie	Biemolt	00:37:12	Herne Hill Harriers	485	40	Female
6	Lara	Bromilow	00:37:36	Marshall Milton Keynes AC	496	40	Female
7	Millie	Hely-Hammond	00:38:12		579	26	Female
Men Vet 50							
1	Simon	Shaw	00:34:09	Ealing Southall & Middlesex AC	665	51	Male
2	Michael	McDonagh	00:36:35	Best Athletics	625	55	Male
3	Jonathan	Ratcliffe	00:36:42	Herne Hill Harriers	653	56	Male
Men Vet 60							
1	Malcolm	Collins	00:54:44		519	63	Male
Men Vet 70							
1	John	Harley	00:46:27	Tonbridge AC	572	71	Male
Women Vet 70							
1	Phil	Kelvin	01:08:48	Serpentine	598	71	Female

ALL RESULTS BELOW

RESULTS

RANK	NAME	SURNAME	TIME	CLUB	Race No.	Age	M/F	CATEGORY	CAT. POS.
1	Seyfu	Jamaal	00:29:13	London Heathside	588	22	Male	M U/50	1
2	Jack	Millar	00:30:41	Bristol & West AC	631	27	Male	M U/50	2
3	Nick	Bowker	00:31:25	Clapham Chasers	491	37	Male	M U/50	3
4	Ugur	Altan	00:31:28	Belgrave Harriers	473	29	Male	M U/50	4
5	Alastair	Matheson	00:31:49	Queens Park Harriers	620	33	Male	M U/50	5
6	Rhys	Doherty	00:31:55	Best Athletics	538	28	Male	M U/50	6
7	Ben	McIntosh	00:31:55		628	27	Male	M U/50	7
8	Mohamed	Hashi	00:31:59	Ealing Southall and Middlesex AC	574	29	Male	M U/50	8
9	Aaron	Wilson	00:32:08	dulwich runners ac	694	34	Male	M U/50	9
10	George	Suthon	00:32:12	Reading AC	673	27	Male	M U/50	10
11	Joe	Hallsworth	00:32:22	dulwich runners ac	567	31	Male	M U/50	11
12	Tom	Squires	00:32:23	hillingdon ac	173	37	Male	M U/50	11
13	Phil	Symonds	00:33:03	Croydon Harriers	674	36	Male	M U/50	12
14	Kader	Seyed	00:33:03	London Heathside	662	20	Male	M U/50	13
15	John	FRANKLIN	00:33:04	Herne Hill Harriers	551	37	Male	M U/50	14
16	Mischa	Balen	00:33:32	Serpentine Rc	479	36	Male	M U/50	15

17	Sean	Cordon	00:33:33	dulwich runners ac	524	31	Male	M U/50	16
18	Matthew	Xuereb	00:33:37	Zurrieq Wolves	698	37	Male	M U/50	17
19	Harry	Tivnen	00:34:00	the stragglers rc	681	28	Male	M U/50	18
20	Simon	Shaw	00:34:09	Ealing Southall & Middlesex AC	665	51	Male	M V50	1
21	Paddy	Lamb	00:34:11		605	31	Male	M U/50	19
22	Mark	Boulton	00:34:17	Victoria Park & Tower Hamlets AC	489	39	Male	M U/50	20
23	Stephen	McCarroll	00:34:22	VICTORIA PARK HARRIERS & TOWER	622	43	Male	M U/50	21
24	Christopher	Fox	00:34:23	Wimbledon Windmilers	549	40	Male	M U/50	22
25	Sergei	Predko	00:34:34	I Love Supersport	651	34	Male	M U/50	23
26	Steve	Woolley	00:34:37	west 4 harriers	695	41	Male	M U/50	24
27	Adrian	Dixon	00:34:42	Clapham Chasers	535	28	Male	M U/50	25
28	Isaac	Leigh	00:34:43	Serpentine Rc	613	30	Male	M U/50	26
29	James	Harding	00:34:44		570	30	Male	M U/50	27
30	Rodney	McCulloch	00:34:45	SHAEF Shifters	624	37	Male	M U/50	28
31	Josiah	Norman	00:34:45		638	25	Male	M U/50	29
32	Gareth	Hopkins	00:35:04	Fulham Running Club	582	41	Male	M U/50	30
33	Chris	Gray	00:35:14		564	29	Male	M U/50	31
34	Sam	Larcombe	00:35:18	Alton Runners	608	36	Male	M U/50	32
35	Dominic	Seymour	00:35:27		663	39	Male	M U/50	33
36	Jack	McReavie	00:35:31	Best Athletics	629	28	Male	M U/50	34
37	Max	Judge	00:35:35		594	28	Male	M U/50	35
38	James	Kelly	00:35:37	N/A	597	34	Male	M U/50	36
39	Chi Ming	Wu	00:35:41	the stragglers running club	696	47	Male	M U/50	37
40	Giovanni	Graglia	00:35:45		563	36	Male	M U/50	38
41	Eliza	Hawthorn	00:35:49	the stragglers rc	575	32	Female	W U/50	1
42	Wen Zhe	Ng	00:35:51	unattached	636	22	Male	M U/50	39
43	Sam	Hawthorn	00:35:59	the stragglers rc	577	29	Male	M U/50	40
44	Jules	Verstraeten	00:36:16	ESA.V.Asterix	687	23	Male	M U/50	41
45	Lee	Savage	00:36:20	reigate priory ac	659	44	Male	M U/50	42
46	Sarah	Forbes-Smith	00:36:21		547	28	Female	W U/50	2
47	Jacob	Cole	00:36:24		517	24	Male	M U/50	43
48	Annie	Birch	00:36:30	Kent Athletic Club	487	33	Female	W U/50	3
49	Jacob	Law-Sales	00:36:32	the stragglers rc	610	34	Male	M U/50	44
50	Michael	McDonagh	00:36:35	Best Athletics	625	55	Male	M V50	2
51	James	Philpot	00:36:38	South London harriers	646	39	Male	M U/50	45
52	Jonathan	Ratcliffe	00:36:42	Herne Hill Harriers	653	56	Male	M V50	3
53	Sarah	Holt	00:36:50	the stragglers rc	581	43	Female	W U/50	4
54	Jordan	Marshall	00:36:53	London Heathside	617	33	Male	M U/50	46
55	Tom	Irish	00:36:53	Herne Hill Harriers	586	38	Male	M U/50	47
56	Filip	Egierszdorff	00:36:55	the stragglers	540	47	Male	M U/50	48
57	James	Rix	00:37:04		655	28	Male	M U/50	49
58	Neil	Baker	00:37:04		478	75	Male	M U/50	50
59	James	Bowell	00:37:10	the stragglers	490	41	Male	M U/50	51
60	Leonie	Biemolt	00:37:12	Herne Hill Harriers	485	40	Female	W U/50	5
61	Edward	Lambert	00:37:33	South London harriers	606	46	Male	M U/50	52
62	Lara	Bromilow	00:37:36	Marshall Milton Keynes AC	496	40	Female	W U/50	6
63	James	Conlon	00:37:48	Serpentine Rc	521	26	Male	M U/50	53
64	David	Cotton	00:37:57		525	45	Male	M U/50	54
65	Wayne	Morley	00:37:58	Heathside running club	633	37	Male	M U/50	55
66	Charlie	Bristow	00:37:58		495	30	Male	M U/50	56
67	Daniel	Bair	00:37:59		477	37	Male	M U/50	57
68	Mathieu	Breton	00:38:10		494	27	Male	M U/50	58
69	Millie	Hely-Hammond	00:38:12		579	26	Female	W U/50	7
70	Pep	Pàmies	00:38:13	London Heathside	643	47	Male	M U/50	59
71	Aleisha	Wawn	00:38:16		691	29	Female	W U/50	8
72	Stuart	Overhill	00:38:19	Sandhurst Joggers	642	44	Male	M U/50	60
73	Madeleine	Cooper Brennan	00:38:20	HOT BOYS ATHLETICS	523	29	Female	W U/50	9
74	Tristan	Fraai	00:38:22	Thames Valley Harriers	550	23	Male	M U/50	61

75	Tristan	Parker	00:38:31	London City Athletics Club	644	40	Male	M U/50	62
76	Elizabeth	Joyce	00:38:35	Alnwick harriers / HOT BOYS ATHLE	593	27	Female	W U/50	10
77	Catrin	Tyler	00:38:36	London Heathside	684	36	Female	W U/50	11
78	Cecily	Day	00:38:41	Ranelagh Harriers	533	24	Female	W U/50	12
79	Emerie	Sheridan	00:38:49	Thames Valley Harriers	666	23	Female	W U/50	13
80	Andrew	Chong	00:39:04	Crystal Palace Fun Runners	513	42	Male	M U/50	63
81	Camille	Cowan	00:39:17		526	27	Female	W U/50	14
82	Chris	Watt	00:39:27	Best Athletics	690	35	Male	M U/50	64
83	James	Warner	00:39:30	Clapham Chasers	689	28	Male	M U/50	65
84	Ray	Buckton	00:39:31		500	35	Male	M U/50	66
85	Nick	Brown	00:39:32		498	26	Male	M U/50	67
86	Edward	Bent	00:39:34	Runhead AC	484	36	Male	M U/50	68
87	Robert	Collopy	00:39:46		520	28	Male	M U/50	69
88	Frederica	Hawthorn	00:39:46		576	29	Female	W U/50	15
89	Alexandra	Binley	00:39:50	Hercules Wimbledon	486	32	Female	W U/50	16
90	Fraser	Hagell	00:39:50	HHH	566	35	Male	M U/50	70
91	Alex	Hellens	00:39:51	PANVAC	578	33	Male	M U/50	71
92	Mat	Barber	00:39:57	London City Athletics Club	480	45	Male	M U/50	72
93	Sikhalo	Mguni	00:40:21		630	23	Male	M U/50	73
94	Kimiko	Ninomiya	00:40:47	HOT BOYS ATHLETICS	637	37	Female	W U/50	17
95	Mike	Smalley	00:40:48	Croydon Harriers	667	39	Male	M U/50	74
96	Angharad	Smith	00:40:51	London City Athletics Club	668	46	Female	W U/50	18
97	Jonny	Chambers	00:41:06		510	30	Male	M U/50	75
98	Corentin	Tschudy	00:41:09		683	29	Male	M U/50	76
99	Alex	Byrne	00:41:15	Thames Valley Harriers	501	24	Male	M U/50	77
100	Holly	Govey	00:41:25		562	26	Female	W U/50	19
101	William	Kipping	00:41:45	Tooting Running Club	600	29	Male	M U/50	78
102	Nathalie	Cazals	00:41:47		509	40	Female	W U/50	20
103	Delia	Beddis	00:41:49	bvac	483	40	Female	W U/50	21
104	Vinh-Phuong	Hoang	00:41:49		580	32	Female	W U/50	22
105	thomas	cheetham	00:41:51	hercules wimbledon a.c.	512	56	Male	M V50	4
106	Clare	Norris	00:41:55	dulwich runners ac	639	46	Female	W U/50	23
107	Sam	Davis	00:41:59	EUTriC	532	22	Male	M U/50	78
108	Ella-May	Hards	00:41:59	Belgrave Harriers	571	24	Female	W U/50	24
109	Enrico	Pedretti	00:42:16	no club	645	33	Male	M U/50	79
110	Zidhan	Koyuncu	00:42:37		602	16	Male	M U/50	80
111	Michael	Leese	00:42:41	Ealing Eagles Running Club	612	30	Male	M U/50	81
112	Ben	Collins	00:42:51		518	31	Male	M U/50	82
113	Paulina	Barbosa	00:43:04		481	33	Female	W U/50	25
114	Daphne	Dadzie	00:43:09	Fulham Running Club	530	44	Female	W U/50	26
115	Georgia	Hanley	00:43:17		568	21	Female	W U/50	27
116	Michael	Orr	00:43:22	Edmonton Running Club	641	53	Male	M V50	5
117	Thibault	Yharrassarry	00:43:32		699	28	Male	M U/50	83
118	Conor	D'Arcy	00:43:33		529	35	Male	M U/50	84
119	Peter	Adams	00:43:35	Serpentine Rc	468	41	Male	M U/50	85
120	Stefano	Vernazza	00:44:22		686	48	Male	M U/50	86
121	Hannah	Davies	00:44:39		531	30	Female	W U/50	28
122	Ben	Kahane	00:44:53		595	35	Male	M U/50	87
123	Matthew	Stevenson	00:45:00		672	30	Male	M U/50	88
124	Mark	Cahill	00:45:11	hercules wimbledon a.c.	502	51	Male	M V50	6
125	Martin	Gonzalez Martinez	00:45:15		561	29	Male	M U/50	89
126	Peter	Martin	00:45:24	Clapham Chasers	618	48	Male	M U/50	90
127	Tim	Jones	00:45:39	kent ac	592	43	Male	M U/50	91
128	Gary	Forde	00:45:47	Wimbledon Windmilers	548	56	Male	M V50	7
129	Vikram	Lall	00:45:54		604	43	Male	M U/50	92
130	Toby	Irvine	00:46:16	dulwich runners ac	587	47	Male	M U/50	93
131	Oliver	Grundmann	00:46:26		565	25	Male	M U/50	94
132	John	Harley	00:46:27	Tonbridge AC	572	71	Male	M V70	1

133	Izabela	Wigier	00:46:29		693	30	Female	WU/50	29
134	Christopher	Furstenburg	00:46:49		554	30	Male	MU/50	95
135	Jaime	Hortal	00:48:31		583	28	Male	MU/50	96
136	Harry	Conroy	00:48:40		522	27	Male	MU/50	97
137	Jennifer	Happel	00:49:02		569	30	Female	WU/50	30
138	Sophie	Gallagher	00:49:10		555	24	Female	WU/50	31
139	Elis	Rhys-Jones	00:49:30		654	25	Male	MU/50	98
140	Heejoo	Nam	00:50:00		635	28	Female	WU/50	32
141	Guy	Frere-smith	00:51:06		552	52	Male	MV50	8
142	Elizabeth Sara	Ayles	00:53:35		474	32	Female	WU/50	33
143	David	Downes	00:53:42		539	59	Male	MV50	9
144	Manuel	Talayero	00:54:01		676	34	Male	MU/50	99
145	Regina	Garcia	00:54:01		556	28	Male	MU/50	100
146	Malcolm	Collins	00:54:44		519	63	Male	MV60	1
147	Ed	Boulton	00:55:06		488	27	Male	MU/50	101
148	Aayush Vikran	Somani	00:56:35		670	24	Male	MU/50	102
149	Clio	von Petersdorff	00:56:53		688	29	Female	WU/50	34
150	Cesar	Canario	00:56:58		504	17	Male	MU/50	103
151	Nicole	Canario Melo	00:56:59		505	23	Female	WU/50	35
152	Abdirahman	Hussein	00:57:51	Rmennn	585	16	Male	MU/50	104
153	Myriam	George	00:58:23		560	39	Female	WU/50	36
154	Kate	Do Van	01:01:28		536	31	Female	WU/50	37
155	Samantha	Boyle	01:05:22		492	27	Female	WU/50	38
156	Chira	Tochia	01:06:37		682	33	Female	WU/50	39
157	Adam	Kaizra	01:06:58		596	21	Male	MU/50	105
158	Petro	Afanasiev	01:07:35		469	35	Male	MU/50	106
159	Phil	Kelvin	01:08:48	Serpentine	598	71	Female	WV70	1
160	Arun	Aggarwal	01:09:37		471	27	Male	MU/50	107
161	Elena	Campbell	01:14:05		503	27	Female	WU/50	40
162	Chayan	Agarwal	01:14:30		470	31	Male	MU/50	108