

8th August 2023
KANGAROO HOP 5K

WINNERS							
RANK	NAME	SURNAME	Time	CLUB	Race No.	Age	M/F
Men U/50							
1	Nick	Bester	15:06	Best Athletics	346	33	Male
2	Matthew	Ballison	15:12	London Heathside	438	29	Male
3	Rui Yong	Soh	15:15	Clapham Chasers	342	32	Male
4	James	Hurrell	15:18	London Heathside	299	37	Male
5	Andrew	Clarke	15:19	Herne Hill Harriers	628	32	Male
6	Kieran	Morris	15:26	Thame Runners	201	31	Male
7	Ben	Gillham	15:28	City of Sheffield & Dearne AC	605	21	Male
Women U/50							
1	Jessica	Saunders	16:47	Belgrave Harriers	703	30	Female
2	Rebecca	Bunting	17:14	London Heathside	845	40	Female
3	Felicity	Harrison	17:15	Belgrave Harriers	144	25	Female
4	Alix	Vermeulen	17:18	Belgrave Harriers	258	22	Female
5	Anna	Lawson	17:22		372	27	Female
6	Rebecca	Piggott	17:27	London Heathside	707	37	Female
7	Bryony	Proctor	17:29	Kent Athletic Club	704	35	Female
Men Vet 50							
1	Terry	Booth	17:04	Guildford & Godalming AC	42	56	Male
2	Michael	McDonagh	17:25	Best Athletics	116	56	Male
3	Norman	Orquia	17:37	Herne Hill Harriers	672	57	Male
Women Vet 50							
1	Clare	Elms	18:04	kentac	714	59	Female
2	Joanne	Kent	20:29	Barnet and District AC	282	56	Female
3	Fanya	Addison	21:15	London Heathside	65	52	Female
Men Vet 60							
1	Koji	Miyazaki	17:36	Aldershot & Farnham District	87	61	Male
2	Tony	Tuohy	18:09	Dulwich runners	306	61	Male
Women Vet 60							
1	Michele	Coe-O'Brien	23:10	South London Harriers	956	62	Female
2	Avril	Riddell	24:39	Serpentine Rc	777	69	Female
Men Vet 70							
1	Andrew	Murray	26:41	dulwich runners ac	262	70	Male
Women Vet 70							
1	Ros	Tabor	25:39	Dulwich Runners AC	810	74	Female
Men Vet 80							
1	Peter	Torre	37:10	Vets AC	540	81	Male
Men U/16							
1	Luca	Moloney Pedro	18:10	Blackheath & Bromley Harriers AC	344	13	Male

ALL RESULTS BELOW

RESULTS									
RANK	NAME	SURNAME	TIME	CLUB	Race No.	Age	M/F	CATEGORY	CAT. POS.
1	Nick	Bester	15:06	Best Athletics	346	33	Male	M U/50	1
2	Matthew	Ballison	15:12	London Heathside	438	29	Male	M U/50	2
3	Rui Yong	Soh	15:15	Clapham Chasers	342	32	Male	M U/50	3
4	James	Hurrell	15:18	London Heathside	299	37	Male	M U/50	4
5	Andrew	Clarke	15:19	Herne Hill Harriers	628	32	Male	M U/50	5
6	Kieran	Morris	15:26	Thame Runners	201	31	Male	M U/50	6
7	Ben	Gillham	15:28	City of Sheffield & Dearne AC	605	21	Male	M U/50	7
8	Peter	Robins	15:42	Clapham Chasers	236	26	Male	M U/50	8
9	?	?	15:42	?	286	?	Male	M U/50	9
10	Victor	Lio	15:43	Serpentine Rc	642	34	Male	M U/50	10
11	Charlie	Mason	15:45	Clapham Chasers	379	28	Male	M U/50	11
12	John	Franklin	15:45	Herne Hill Harriers	136	37	Male	M U/50	12
13	Robert	Kelly	15:47	Belgrave Harriers	406	27	Male	M U/50	13
14	Christopher	Gracie	15:49	London Heathside AC	328	36	Male	M U/50	14
15	Jake	Bowles	15:50	Guildford and Godalming AC	77	24	Male	M U/50	15
16	Matthew	Cartwright	15:52	Herne Hill Harriers	632	33	Male	M U/50	16
17	Nathan	Chapman	15:52	Tonbridge AC	301	38	Male	M U/50	17
18	Tom	Hallis	15:55	Lansely Goat RC	148	39	Male	M U/50	18
19	Louis	Clarke	16:02	Belgrave Harriers	92	25	Male	M U/50	19
20	Jay	Lidbetter	16:03	Sriders of Croydon	373	44	Male	M U/50	20
21	Che	Compton	16:05	kentac	97	49	Male	M U/50	21
22	Joe	Elliott	16:06	Herne Hill Harriers	15	29	Male	M U/50	22
23	Thom	Treebus	16:09	Best Athletics	317	20	Male	M U/50	23
24	Joe	Wardle-Aldam	16:09	Clapham Chasers	617	29	Male	M U/50	24
25	Cameron	Hutton	16:10	London Front Runners	430	29	Male	M U/50	25
26	Alex	Russell	16:13	Herne Hill Harriers	237	25	Male	M U/50	26
27	Oliver	Teenan	16:13	Thames Valley Harriers	614	29	Male	M U/50	27
28	Alex	Turner	16:14	London Front Runners	477	29	Male	M U/50	28
29	Ben	Harries	16:14	Highbate Harriers	57	28	Male	M U/50	29
30	Darryn	Hillson	16:15	London Heathside AC	587	34	Male	M U/50	30
31	George	Lexton	16:19	Belgrave Harriers	319	23	Male	M U/50	31
32	James	Blackwood	16:22	dulwich runners ac	128	22	Male	M U/50	32
33	Richard	Purdy	16:22	vagan runners UK	603	41	Male	M U/50	33
34	Tim	Powell	16:23	Serpentine Rc	433	34	Male	M U/50	34
35	Ben	Chapman	16:24	Croydon Harriers	640	26	Male	M U/50	35
36	Gareth	Hopkins	16:24	Fulham Running Club	153	41	Male	M U/50	36
37	Tobias	Fletcher	16:25	Belgrave Harriers	545	28	Male	M U/50	37
38	Steve	Woolley	16:25	west 4 harriers	64	41	Male	M U/50	38
39	Russ	Thomas	16:25	Tonbridge AC	252	30	Male	M U/50	39
40	Leo	Gebbie	16:25	Fulham Running Club	578	29	Male	M U/50	40
41	Aaron	Hudson	16:26	South London harriers	648	37	Male	M U/50	41
42	James	Macdonald	16:27	Cambridge Harriers	281	43	Male	M U/50	42
43	Ben	Pickford	16:28	Clapham Chasers	639	27	Male	M U/50	43
44	Sam	Duggan	16:28	Victoria Park Harriers & Tower Ham	111	37	Male	M U/50	44
45	Ben	Scott	16:29	Belgrave Harriers	241	23	Male	M U/50	45
46	Jack	Leaf	16:29	Dulwich runners	103	30	Male	M U/50	46
47	Marius	Thies	16:30	London Front Runners	474	36	Male	M U/50	47
48	Julian	Beazley	16:31	Serpentine	294	33	Male	M U/50	48
49	Peter	Woodbridge	16:33	Serpentine Rc	651	35	Male	M U/50	49
50	Zack	Mitchell	16:35	London Front Runners	448	26	Male	M U/50	50
51	Russ	Brown	16:35	Herne Hill Harriers	607	35	Male	M U/50	51
52	Miles	Chandler	16:37	Bristol & West	562	27	Male	M U/50	52
53	Graeme	Lugar	16:37	Blackheath and Bromley Harriers	179	31	Male	M U/50	53
54	Liam	McLaughlin	16:38	Cambridge Harriers	612	29	Male	M U/50	54
55	Boudewijn	Dominicus	16:38	Bristol & West AC	618	32	Male	M U/50	55
56	Chris	Burt	16:40	Reading Roadrunners	300	37	Male	M U/50	56
57	Matt	Nicol	16:41	Grove Lane Runners	214	31	Male	M U/50	57
58	Steve	Camacho	16:41	Pets Wood Runners	354	30	Male	M U/50	58
59	Jacob	Plummer	16:41	Guildford & Godalming AC	25	31	Male	M U/50	59

60	Sammy	Keenan	16:42	London Heathside	596	31	Male	MU/50	60
61	Derek	Kempen	16:45		407	43	Male	MU/50	61
62	James	Kelly	16:45		31	34	Male	MU/50	62
63	James	Still	16:46		629	42	Male	MU/50	63
64	Ryan	Rousseau	16:47		622	21	Male	MU/50	64
65	Jessica	Saunders	16:47	Belgrave Harriers	703	30	Female	WU/50	1
66	Alex	Veres	16:51	west 4 harriers	257	33	Male	MU/50	65
67	Dan	Domeniconi	16:52	SHAEP Shifters	104	46	Male	MU/50	66
68	Charlie	Jenkins	16:53	London Front Runners	400	27	Male	MU/50	67
69	Richard	Gayton	16:54	Belgrave Harriers	322	33	Male	MU/50	68
70	Rory	Clark	16:55	Mornington Chasers	90	25	Male	MU/50	69
71	Ioe	Atkinson	16:55		646	33	Male	MU/50	70
72	Sam	Walker	16:57	Wimbledon Windmilers	263	29	Male	MU/50	71
73	Samuel	Bayliss	16:57		75	26	Male	MU/50	72
74	Eddie	Rolls	16:58	Clapham Chasers	651	31	Male	MU/50	73
75	Alex	Mills	17:01	Belgrave Harriers	271	28	Male	MU/50	74
76	Alex	Peet	17:01	Cambridge Harriers	221	35	Male	MU/50	75
77	Callum	Evans	17:02	Reading Roadrunners	126	24	Male	MU/50	76
78	Terry	Booth	17:04	Guildford & Godalming AC	42	56	Male	MV50	1
79	Mark	Humphries	17:05	Mark Humphries	512	21	Male	MU/50	77
80	Stuart	Johnson	17:05	Guildford and Godalming Athletics C	72	33	Male	MU/50	78
81	Christopher	Leslie	17:06	Mornington Chasers	171	24	Male	MU/50	79
82	Lewis	Sullivan	17:07	London Front Runners	469	35	Male	MU/50	80
83	James	Parton	17:07	Guildford & Godalming AC	652	35	Male	MU/50	81
84	James	Philp	17:10	Sevensoaks AC	231	45	Male	MU/50	82
85	Wen Zhe	Ng	17:10		284	22	Male	MU/50	83
86	Jon	Bruce	17:14	Wimbledon Windmilers	80	32	Male	MU/50	84
87	Rebecca	Bunting	17:14	London Heathside	845	40	Female	WU/50	2
88	Marc	Cohen	17:14	Mornington Chasers	93	43	Male	MU/50	85
89	Felicity	Harrison	17:15	Belgrave Harriers	144	25	Female	WU/50	3
90	Will	Wright	17:16	Clapham Chasers	399	26	Male	MU/50	86
91	Henry	Hart	17:17	Belgrave Harriers	145	26	Male	MU/50	87
92	Michael	Leong	17:17	Clapham Chasers	168	42	Male	MU/50	88
93	Alix	Vermulen	17:18	Belgrave Harriers (EA URN 4004219)	258	22	Female	WU/50	4
94	Iwan	Bowen Rees	17:19		498	28	Male	MU/50	89
95	James	Gillanders	17:19	Serpentine Rc	620	45	Male	MU/50	90
96	Simon	Zeleniewski	17:20	Guildford & Godalming AC	673	33	Male	MU/50	91
97	Bryan	Williams	17:22	Wimbledon Windmilers	396	42	Male	MU/50	92
98	Anna	Lawson	17:22		372	27	Female	WU/50	5
99	Robbie	Cox	17:24	Woking AC	41	41	Male	MU/50	93
100	Sam	Burgoyne	17:24	Highgate Harriers	353	31	Male	MU/50	94
101	Michael	McDonagh	17:25	Best Athletics	116	56	Male	MV50	2
102	Fergal	Joyce	17:26	London Front Runners	435	36	Male	MU/50	95
103	Christoforos	Tsantoulas	17:26	Serpentine Rc	655	44	Male	MU/50	96
104	Greg	Mills	17:26	Herne Hill Harriers	52	25	Male	MU/50	97
105	Robert	Emes	17:27	dulwich runners ac	124	43	Male	MU/50	98
106	Adam	Westbury	17:27	Herne Hill Harriers	46	31	Male	MU/50	99
107	Rebecca	Piggott	17:27	London Heathside	707	37	Female	WU/50	6
108	Haydn	Johnson	17:28	London Front Runners	432	35	Male	MU/50	100
109	Ibon	Cosgrove	17:29	vegan runners UK	572	41	Male	MU/50	101
110	Bronny	Proctor	17:29	Kent Athletic Club	704	35	Female	WU/50	7
111	Andy	Waterman	17:30	Victoria Park & Tower Hamlets AC	55	42	Male	MU/50	102
112	Lewis	Spiers	17:31		487	34	Male	MU/50	103
113	Denis	Gorman	17:32	London Front Runners	421	46	Male	MU/50	104
114	Peter	Barnes	17:33	Hayle Runners	73	40	Male	MU/50	105
115	Luke	Smith	17:34		451	41	Male	MU/50	106
116	Hugo	Knox	17:36	Grove Lane	164	28	Male	MU/50	107
117	Koji	Miyazaki	17:36	Aldershot & Farnham district	87	61	Male	MV60	1
118	Norman	Urquia	17:37	Herne Hill Harriers	672	57	Male	MV50	3
119	Julian	Tucker	17:38	Clapham Chasers	100	35	Male	MU/50	108
120	James	Hirst	17:39	Victoria Park & Tower Hamlets AC	147	34	Male	MU/50	109
121	Ben	Sunckell	17:40	Guildford and Godalming Athletics C	248	41	Male	MU/50	110
122	Carl	Hamill	17:40	Clapham Chasers	366	36	Male	MU/50	111
123	James	Winward	17:44		273	35	Male	MU/50	112
124	James	Brown	17:44	Herne Hill Harriers	559	24	Male	MU/50	113
125	Jared	Alexander	17:46	Wimbledon Windmilers	490	26	Male	MU/50	114
126	Lucy	Thompson	17:47	Tonbridge AC	602	24	Female	WU/50	8
127	William	Ellison	17:47	Herne Hill Harriers	9	36	Male	MU/50	115
128	Alexandros	Patsinis	17:49	Ealing Southall & Middlesex Athletic	224	32	Male	MU/50	116
129	Ioe	Barrington-Douglas	17:49	dulwich runners ac	142	44	Male	MU/50	117
130	Harriet	Woolley	17:49	Tonbridge AC	274	35	Female	WU/50	9
131	Stewart	Stanton	17:51	Ranelagh Harriers	485	31	Male	MU/50	118
132	Emily	Bradley	17:51	Belgrave Harriers	78	23	Female	WU/50	10
133	Kelly	Thornycroft	17:51		821	32	Female	WU/50	11
134	Richard	Sargent	17:52		687	39	Male	MU/50	119
135	Jonathan	Ratcliffe	17:52	Herne Hill Harriers	120	56	Male	MV50	4
136	Adam	May	17:52	Hercules Wimbledon	84	42	Male	MU/50	120
137	Nick	McKay	17:52	Wimbledon Windmilers	196	44	Male	MU/50	121
138	Thomas	Mutton	17:53	Barnes Runners	616	38	Male	MU/50	122
139	rhyss	Edwards	17:54	Ilford AC	122	20	Male	MU/50	123
140	Imogen	Mackie	17:54	Belgrave Harriers	871	28	Female	WU/50	12
141	Laura	Goodson	17:56	Belgrave Harriers	897	31	Female	WU/50	13
142	James	Greene	17:57		392	32	Male	MU/50	124
143	Joshua	Lennard-Jones	18:01	kent ac	623	30	Male	MU/50	125
144	Nehal	Lavey-Khan	18:02	Vegan Runners	47	35	Male	MU/50	126
145	Richard	Giles	18:02	kent ac	386	46	Male	MU/50	127
146	Ila	Cartwright-Finch	18:03	London Heathside	86	43	Female	WU/50	14
147	Clare	Elms	18:04	kent ac	714	59	Female	WV50	1
148	Conor	O'Hara-Barrett	18:06	Striders of Croydon	216	28	Male	MU/50	128
149	Greg	Fernandes-Lawes	18:06	Ealing Eagles Running Club	377	34	Male	MU/50	129
150	Tony	Tuohy	18:09	Dulwich runners	306	61	Male	MV60	2
151	Natalie	Beadle	18:09	Belgrave Harriers	76	26	Female	WU/50	15
152	Luca	Moloney Pedro	18:10	Blackheath & Bromley Harriers AC	344	13	Male	MU/16	1
153	Edward	Lambert	18:12	South London harriers	335	46	Male	MU/50	130
154	Alex	Easton	18:14		118	31	Male	MU/50	131
155	Gareth	Fletcher	18:16	London Front Runners	417	44	Male	MU/50	132
156	Samantha	Munday	18:16	Belgrave Harriers	350	23	Female	WU/50	16
157	Theo	Addie	18:17		60	27	Male	MU/50	133
158	Mark	Howard	18:17	Colchester Harriers AC	154	38	Male	MU/50	134
159	Richard	Greaves	18:19	London Front Runners	423	27	Male	MU/50	135
160	Ladi	Danmeka	18:19	Clapham Chasers	675	28	Male	MU/50	136
161	Giles	Oliver	18:20	London Front Runners	451	42	Male	MU/50	137
162	Erik	Schrijnemaekers	18:21	Striders of Croydon	240	43	Male	MU/50	138
163	Ben	Dowling	18:22	Striders of Croydon	359	42	Male	MU/50	139
164	Christopher	Trizzard	18:24	afd	40	40	Male	MU/50	140
165	Tom	Helmes	18:24	London Front Runners	428	32	Male	MU/50	141
166	James	Corry	18:26		571	39	Male	MU/50	142
167	Rufus	Kent	18:27	Barnet & District AC	280	23	Male	MU/50	143
168	Leonora	Lynn	18:27	Belgrave Harriers	940	21	Female	WU/50	17
169	George	O'Neill	18:29	London Front Runners	452	53	Male	MV50	5
170	James	Ingram	18:29	Victoria park harriers	159	25	Male	MU/50	144
171	Alex	Gillespie	18:30	kent ac	535	42	Male	MU/50	145
172	Phil	Purves	18:31	Guildford & Godalming AC	436	38	Male	MU/50	146
173	Alex	Hellier	18:31	London Front Runners	426	44	Male	MU/50	147

174	Callan	Jennings	18:31	Victoria Park Harriers and Tower Ha	162	26	Male	M U/50	148
175	Duncan	Talbot	18:31		395	27	Male	M U/50	149
176	Stefan	Eason	18:31	London Front Runners	413	27	Male	M U/50	150
177	Charles	sweetenham	18:32	London Front Runners	472	24	Male	M U/50	151
178	Nick	Jobbins	18:32	London Front Runners	431	39	Male	M U/50	152
179	Alistair	Brown	18:33		79	37	Male	M U/50	153
180	James	Stacker	18:35		636	27	Male	M U/50	154
181	Iosh	Haigh	18:35	Best Athletics	581	28	Male	M U/50	155
182	Philip	Whitehouse	18:37	Serpentine RC	647	33	Male	M U/50	156
183	Henry	Wright	18:37		276	30	Male	M U/50	157
184	Jacob	Murtagh	18:37	Ealing Eagles Running Club	204	38	Male	M U/50	158
185	Tom	Williams	18:37	Fulham Running Club	269	37	Male	M U/50	159
186	Jessica	Dring-Morris	18:41	Thames Valley Harriers	963	23	Female	W U/50	18
187	Ned	Lamb	18:42	London Frontrunners	165	32	Male	M U/50	160
188	Mark	Fuller	18:42		267	30	Male	M U/50	161
189	Paul	Smith	18:42	London Front Runners	468	37	Male	M U/50	162
190	Pep	Pámmies	18:43	London Heathside	218	47	Male	M U/50	163
191	Jonathan	Lissemore	18:44	London Front Runners	443	35	Male	M U/50	164
192	Thomas	Vinestock	18:44	Serpentine Running and Athletics Cl	641	25	Male	M U/50	165
193	George	Furze	18:47	Woking AC	137	36	Female	W U/50	19
194	Jon	Lawrence	18:49		598	32	Male	M U/50	166
195	James	Waddell	18:50	London Heathside	260	28	Male	M U/50	167
196	Jonny	Chambers	18:52	Herne Hill Harriers	643	30	Male	M U/50	168
197	Jakub	Vojtek	18:53		542	32	Male	M U/50	169
198	Euan	Cheyne	18:55	London Front Runners	405	32	Male	M U/50	170
199	Andrew	Wood	18:55	London Front Runners	483	42	Male	M U/50	171
200	Lizzie	May	18:56		726	31	Female	W U/50	20
201	Iosh	Granville-Hamshar	18:57		611	21	Male	M U/50	172
202	Graeme	Finnie	18:58	dulwich runners ac	638	32	Male	M U/50	173
203	Chris	Swift	18:59	London Front Runners	473	33	Male	M U/50	174
204	Carl	Porter	18:59	Orpington Road Runner	624	42	Male	M U/50	175
205	Eliot	Rees	19:00	London Front Runners	459	33	Male	M U/50	176
206	Gabriel	Glencross	19:00	Fulham Running Club	349	29	Male	M U/50	177
207	Simon	Elsbury	19:00	Guildford & Godalming AC	98	35	Male	M U/50	178
208	Mathew	Cartledge	19:02	London Heathside AC	85	48	Male	M U/50	179
209	Chloe	Hamard	19:03	Victoria park harriers	930	32	Female	W U/50	21
210	Benjamin	Bull	19:04		82	30	Male	M U/50	180
211	Marius	Radok	19:11	Radok	341	23	Male	M U/50	181
212	Thomas	Gillespie	19:12	Striders of Croydon	364	54	Male	M V50	6
213	Tim	Charters	19:13	London Front Runners	404	45	Male	M U/50	182
214	Dylan	Carmichael	19:16	London Front Runners	403	30	Male	M U/50	183
215	Dominic	Jackson	19:16	London Heathside	166	59	Male	M V50	7
216	Iol	Hutchings	19:17		592	30	Male	M U/50	184
217	Mike	Smalley	19:19	Croydon Harriers	243	39	Male	M U/50	185
218	Peter	Lee	19:19	Hercules Wimbledon	412	57	Male	M V50	8
219	Damian	Goti	19:19	London Front Runners	422	36	Male	M U/50	186
220	Helena	Fippance	19:19	Best Athletics	134	29	Female	W U/50	22
221	David	Renshaw	19:21	Guildford & Godalming AC	170	59	Male	M V50	9
222	Lydia	Blythe	19:22	Thames Valley Harriers	921	25	Female	W U/50	23
223	Tony	Curran	19:25	London Front Runners	410	44	Male	M U/50	187
224	Giampaolo	Manalastas	19:26	London Front Runners	445	36	Male	M U/50	188
225	Laurence	Duffy	19:29	the stragglers running club	360	63	Male	M V60	3
226	Mike	Dennison	19:29	SHAFF Shifters RC	180	65	Male	M V60	4
227	Kevin	Yates	19:33	N/A	277	30	Male	M U/50	189
228	Henrietta	Marsh-Smith	19:33	west 4 harriers	941	36	Female	W U/50	24
229	Adam	Falls	19:34		310	29	Male	M U/50	190
230	Lameron	Koolhoven	19:36		657	26	Male	M U/50	191
231	Darren	Bradley	19:37	Aldershot Farnham & District AC	499	53	Male	M V50	10
232	Elly	Phillips	19:38	Pets Wood Runners	390	28	Female	W U/50	25
233	Asa	Euridge	19:38		361	31	Male	M U/50	192
234	Terry	Worton	19:39	Camberley & District Athletics Club	202	53	Male	M V50	11
235	Lili	Fehertoi-Nagy	19:40	Serpentine	635	24	Female	W U/50	26
236	Cara	Coughlan	19:40	Fulham Running Club	357	25	Female	W U/50	27
237	Craig	Mitchell	19:42		197	31	Male	M U/50	193
238	Douglas	Wood	19:43	Fulham Running Club	476	38	Male	M U/50	194
239	Alice	Malin	19:44	Fulham Running Club	619	25	Female	W U/50	28
240	Richard	Bielby	19:46	London Front Runners	401	57	Male	M V50	12
241	Molly	Hemmings	19:46	Serpentine	331	24	Female	W U/50	29
242	Iohn	Kazantzis	19:46	Dulwich runners	661	55	Male	M V50	13
243	David Iohn	Simpson	19:47	Victoria Park & Tower Hamlets AC	242	37	Male	M U/50	195
244	Sarah	Cronin	19:48	Tonbridge AC	99	31	Female	W U/50	30
245	Niamh	Vincent	19:50	Striders of Croydon	259	39	Female	W U/50	31
246	Simon	Webster	19:50	Striders of Croydon	321	44	Male	M U/50	196
247	Aidan	Padfield	19:54	London Front Runners	453	32	Male	M U/50	197
248	Rosie	Young	19:55	Mornington Chasers	656	30	Female	W U/50	32
249	Roger	Kennedy	19:55	London Front Runners	437	49	Male	M U/50	198
250	Shane	Cullinan	20:04	London Front Runners	409	49	Male	M U/50	199
251	Federico	Forti	20:05	London Heathside	135	41	Male	M U/50	200
252	Tom	Murray	20:06	horsham joggers	606	31	Male	M U/50	201
253	Cephas	Mensah	20:07	London City Athletics Club	186	21	Male	M U/50	202
254	Ellis	Lusted	20:08		187	25	Female	W U/50	33
255	Alex	Vaughan	20:08		615	31	Male	M U/50	203
256	Hanna	Kereszturi	20:09	Balham Babes	937	29	Female	W U/50	34
257	Vinh-Phuong	Hoang	20:11	Clapham Chasers	370	32	Female	W U/50	35
258	Thomas	Cheetham	20:12	hercules wimbledon a.c.	207	56	Male	M V50	14
259	Jack	Bradford	20:14		352	26	Male	M U/50	204
260	Neil	Thomas	20:14	London Heathside	347	45	Male	M U/50	205
261	Clare	Norris	20:17	dulwich runners ac	215	46	Female	W U/50	36
262	Craig	Sullivan-Moon	20:20	Best Athletics	455	31	Male	M U/50	206
263	Evelyn	Peters	20:21	OES	225	16	Female	W U/50	37
264	Stuart	Holliday	20:22	Victoria Park & Tower Hamlets AC	630	47	Male	M U/50	207
265	Simon	Moore	20:23	Lingfield Running Club	383	55	Male	M V50	15
266	Hamish	Watkins	20:23	London Front Runners	480	30	Male	M U/50	208
267	Matt	Perkins	20:23	London Front Runners	454	29	Male	M U/50	209
268	Martin	Milward	20:25	Fulham Running Club	177	68	Male	M V60	5
269	Andika	Rachmanu	20:25		233	25	Male	M U/50	210
270	Michael	Rutherford	20:27	London Front Runners	464	37	Male	M U/50	211
271	Joanne	Kent	20:29	Barnet and District AC	282	56	Female	W V50	2
272	David	Kelly	20:29	Yogan Runners	371	54	Male	M V50	16
273	Mitch	Fryer	20:30	London Front Runners	419	33	Male	M U/50	212
274	Matthew	Hinchelwood	20:33	Beet & crookham ac	588	44	Male	M U/50	213
275	Graham	Maynard	20:33	Cambridge Harriers	381	60	Male	M V60	6
276	Jessica	Deely	20:33	Best Athletics	737	28	Female	W U/50	38
277	David	Healy	20:33	London Front Runners	424	31	Male	M U/50	214
278	Jennifer	Gutteridge	20:34	Striders of Croydon	143	34	Female	W U/50	39
279	Robert	Laing	20:38	South London harriers	199	45	Male	M U/50	215
280	Peter	Bowles	20:39	Serpentine RC	984	54	Male	M V50	17
281	Philip	James	20:41	Horley Harriers	610	52	Male	M V50	18
282	Nick	Sutcliffe	20:43	London City Athletics Club	333	53	Male	M V50	19
283	Matt	Roberts	20:45		625	45	Male	M U/50	216
284	Tim	Lawlor	20:46	Striders of Croydon	494	45	Male	M U/50	217
285	James	Twist	20:48		220	63	Male	M V60	7
286	Alex	Renon	20:49	Mornington Chasers	181	45	Male	M U/50	218
287	Daphne	Dadzie	20:51	Fulham Running Club	825	44	Female	W U/50	40

288	Maria	Iovani	20:51	SHAEP Shifters RC	745	47	Female	WU/50	41
289	Claire	Hackston	20:51	Mornington Chasers	760	27	Female	WU/50	42
290	Jo	Tillman	20:53	London City Athletics Club	729	44	Female	WU/50	43
291	Stephen	Allport	20:56	Striders of Croydon	69	48	Male	MU/50	219
292	Cloudy	Carnegie	20:57	Mornington Chasers	749	30	Female	WU/50	44
293	Lauren	Langhurst	20:57	Mornington Chasers	176	35	Female	WU/50	45
294	Chris	Dunhill	21:00	South London Harriers	184	49	Male	MU/50	220
295	Daniel	Brittle	21:01	London Front Runners	402	36	Male	MU/50	221
296	Steph	Murphy	21:04	Clapham Chasers	497	27	Male	MU/50	222
297	Adrian	Dixon	21:04	Clapham Chasers	496	28	Male	MU/50	223
298	David	Staden	21:05	London Front Runners	467	36	Male	MU/50	224
299	Glynn	McDonald	21:06	London Front Runners	447	60	Male	MV60	8
300	Chris	McAlister	21:06		609	57	Male	MV50	20
301	Rik	English	21:10		125	44	Male	MU/50	225
302	James	Thornycroft	21:11	Matlock Athletic Club	254	66	Male	MV60	9
303	Catherine	Sadler	21:13	Best Athletics	238	38	Female	WU/50	46
304	Jack	Usherwood	21:13		285	27	Male	MU/50	226
305	George	Helroyd	21:13		149	30	Male	MU/50	227
306	Tanya	Addison	21:15	London Heathside	65	52	Female	WV50	3
307	Ellyw	Evans	21:16	Striders of Croydon	926	32	Female	WU/50	47
308	Jo	Wilkinson	21:17	Guildford & Godalming AC	268	29	Female	WU/50	48
309	Darren	Woods	21:18	striders of croydon ac	398	36	Male	MU/50	228
310	Charlie	Brock	21:18	Fulham Running Club	348	26	Female	WU/50	49
311	Bill	Rossgoderer	21:20		289	54	Male	MV50	21
312	Gary	Forde	21:24	Wimbledon Windmilers	608	56	Male	MV50	22
313	Gary	Hobbs	21:26	Ealing Eagles Running Club	397	53	Male	MV50	23
314	Robin	Fry	21:29	Queenstown Runners	311	67	Male	MV60	10
315	Spencer	Terry	21:29		251	31	Male	MU/50	229
316	Peter	Martin	21:32	Clapham Chasers	219	48	Male	MU/50	230
317	Joe	Yang	21:34	London Front Runners	495	45	Male	MU/50	231
318	Mazen	Nagib	21:40	INEOS Energy	206	25	Male	MU/50	232
319	John F	O'Mahony	21:41	Striders of Croydon	385	45	Male	MU/50	233
320	Manuel	Corriente	21:45		570	52	Male	MV50	24
321	Fraser	Dunaldson	21:49	London Front Runners	411	29	Male	MU/50	234
322	Malgorzata	Kucharzka	21:50	Ealing Eagles Running Club	867	48	Female	WU/50	50
323	Maddy	Hodgeman	21:53	London City Athletics Club	649	25	Female	WU/50	51
324	Marcus	Lloyd	21:55		499	58	Male	MV50	25
325	Phoebe	Baxter	21:55	St Albans Striders	351	25	Female	WU/50	52
326	Erika	Kulikova	21:57	London Front Runners	442	42	Female	WU/50	53
327	Daniel	Lewis	22:00	Mornington Chasers	213	47	Male	MU/50	235
328	Ivette	Lewis	22:01	Clapham Chasers	173	18	Female	WU/50	54
329	Michael	Trevarrow	22:05		255	27	Male	MU/50	236
330	Conor	Devlin	22:06	London Frontrunners	369	51	Male	MV50	26
331	Phoebe	Warneford-Thomson	22:12	N/A	265	25	Female	WU/50	55
332	Stefano	Vernazza	22:13		228	48	Male	MU/50	237
333	Heath	Rose	22:15	London Front Runners	462	47	Male	MU/50	238
334	David	Ruegg	22:17	London Front Runners	463	53	Male	MV50	27
335	Katharine	Shields	22:27	London Front Runners	466	29	Female	WU/50	56
336	Francis	O'Callaghan	22:31	London Front Runners	449	41	Male	MU/50	239
337	Duncan	Ray	22:32		235	47	Male	MU/50	240
338	Richard	McLennaghan	22:35	London Front Runners	446	37	Male	MU/50	241
339	Immy	Syms	22:40		645	25	Female	WU/50	57
340	Daniel	Christian	22:43	London Front Runners	408	38	Male	MU/50	242
341	Yan Patrick	Li	22:43	Mornington Chasers	226	53	Male	MV50	28
342	Simon	Lewis	22:44	Clapham Chasers	653	51	Male	MV50	29
343	Mark	Edwards	22:45	Collingwood ac	121	59	Male	MV50	30
344	Laitlin	Holt	22:53		151	31	Female	WU/50	58
345	Paul	Gorzczynski	22:59	London Front Runners	420	43	Male	MU/50	243
346	Ellie	Walsh	22:59	London Front Runners	479	26	Female	WU/50	59
347	Archie	Dent	23:00		597	27	Male	MU/50	244
348	Chloe	Bazlen	23:07	Mornington Chasers	904	27	Female	WU/50	60
349	Michele	Coe-O'Brien	23:10	South London Harriers	956	62	Female	WV60	1
350	Kevin	Lu	23:10	London Front Runners	444	39	Male	MU/50	245
351	Vivien	Looney	23:11		374	33	Female	WU/50	61
352	Sarah	Flanagan	23:20	London Front Runners	416	32	Female	WU/50	62
353	Geoff	Clarke	23:21		91	56	Male	MV50	31
354	Jennifer	Mac Donnell	23:28	Collingwood Athletics club	188	55	Female	WV50	4
355	Tom	Carlisle	23:30		356	39	Male	MU/50	246
356	Rotimi	Oyegunle	23:37	Striders of Croydon	634	47	Male	MU/50	247
357	Ian	McCarthy	23:42	Cambridge Harriers	223	67	Male	MV60	11
358	Philippa	Goodkew	23:51	Dulwich Runner AC	772	37	Female	WU/50	63
359	Fabio	Maroni	23:54	Herne Hill Harriers	191	49	Male	MU/50	248
360	Paul	Hunt	23:54	Clapham Chasers	155	42	Male	MU/50	249
361	Anastasius	Koutsos	23:56	London Front Runners	439	45	Female	WU/50	64
362	Stuart	Fisher	23:58		132	51	Male	MV50	32
363	Paul	Lehmann	24:12		283	49	Male	MU/50	250
364	David	McCann	24:21	INEOS Energy	195	28	Male	MU/50	251
365	Chris	Reade	24:28	London Front Runners	458	41	Female	WU/50	65
366	Jeff	Marindale	24:34		378	28	Male	MU/50	252
367	James	Saunders	24:36	Holland Sports AC	227	55	Male	MV50	33
368	Avril	Riddell	24:39	Serpentine Rc	777	69	Female	WV60	2
369	James	Wright-Smith	24:46	London Front Runners	484	50	Male	MV50	34
370	Rachel	Wickham	25:11	London Front Runners	482	51	Female	WV50	5
371	Alan	Nash	25:14		210	62	Male	MV60	12
372	Adrian	Hunt	25:30	Thames Hare and Hounds	230	60	Male	MV60	13
373	Alice	Heath	25:39	Fulham RC	368	32	Female	WU/50	66
374	Ros	Tabor	25:39	Dulwich Runners AC	810	74	Female	WV70	1
375	Shireen	Shahnavaz	25:46		391	32	Female	WU/50	67
376	Stephen	Tomaszewski	25:51	London Front Runners	475	27	Male	MU/50	253
377	Alex	Rendell	25:55	London Front Runners	429	28	Male	MU/50	254
378	Karen	Samuel	26:15	orpington road runners	786	62	Female	WV60	3
379	Julia	Robinson	26:26	London Front Runners	461	41	Female	WU/50	68
380	Sarah	Newton	26:28	Serpentine	910	66	Female	WV60	4
381	Joanne	Marshall	26:33	Serpentine Rc	194	66	Female	WV60	5
382	Andrew	Murray	26:41	dulwich runners ac	262	70	Male	MV70	1
383	Stephanie	Vaatz	26:43	Serpentine Running and Athletics Cl	828	48	Female	WU/50	69
384	Elaine	BATTSON	27:10	VICTORIA PARK HARRIERS & TOWEI	1000	57	Female	WV50	6
385	michele	griffiths	27:15	Mornington Chasers	787	58	Female	WV50	7
386	Claire	Steward	27:40	Dulwich Runners AC	393	71	Female	WV70	2
387	Penny	Elliot	28:10	Waverley Harriers	790	80	Female	WV80	1
388	Sara	Rahmani	28:16	Striders of Croydon	488	41	Female	WU/50	70
389	Helen	Smith	28:17	Fetch Everyone RC	5	56	Female	WV50	8
390	Sophia	Ayránova	28:37		70	44	Female	WU/50	71
391	Lamilla	Alwood	29:29	Serpentine Rc	637	64	Female	WV60	6
392	Heidi	Rasmussen	29:53	serpentine running club	343	52	Female	WV50	9
393	Christopher	Walsh	30:27		264	22	Male	MU/50	255
394	Haron	Akber	31:47		67	29	Male	MU/50	256
395	Michael	Leigh	32:13	Hercules Wimbledon	308	79	Male	MV70	2
396	Shirine	Oseiran	32:19	Serpentine	601	46	Female	WU/50	72
397	Christopher	Shaw	34:43	Fulham Running Club	971	44	Male	MU/50	257
398	Laure	Selle	34:48	Fulham Running Club	886	44	Female	WU/50	73
399	Paula	Rossgoderer	35:50		287	15	Female	WU/16	1
400	Peter	Torre	37:10	Vets AC	540	81	Male	MV80	1