

Sri Chinmoy 5K Race

Battersea Park, London

13th June 2023



SPEEDY STEEDS 5K

WINNERS							
RANK	NAME	SURNAME	Time	CLUB	Race No.	Age	M/F
Men U/50							
1	Seyfu	Jamaal	14:35	London Heathside AC	1	22	Male
2	Morgan	Roberts	15:19	Herne Hill Harriers	4	26	Male
3	KURT	WILKINSON	15:30	Peckham Pacers	17	37	Male
4	Oliver	Way	15:35	Ealing, Southall & Middlesex AC	2	24	Male
5	Andrew	Clarke	15:37	Herne Hill Harriers	336	32	Male
6	James	Hurrell	15:40	London Heathside	299	37	Male
7	Jude	Bell	15:48	Shaftesbury Barnet Harriers	19	30	Male
Women U/50							
1	Anya	Culling	16:51	Best Athletics	702	24	Female
2	Jessica	Saunders	17:23	Belgrave	703	30	Female
3	Bryony	Proctor	17:37	Kent AC	704	35	Female
4	Rebecca	Piggott	17:53	London Heathside	707	37	Female
5	Izzy	Gelder	18:07	Mornington Chasers	718	22	Female
6	Rosie	Vallance	18:12	Thames Valley Harriers	717	22	Female
7	Kelly	Thornycroft	18:19		821	32	Female
Men Vet 50							
1	Mark	Symes	16:09	Aldershot Farnham & District AC	24	54	Male
2	Lee	Martin	16:50	Springfield Striders RC	67	51	Male
3	David	Williams	16:51	South London harriers	77	51	Male
Women Vet 50							
1	Sarah	Swinhoe	19:09	London Heathside	727	52	Female
2	Debbie	Jackson	19:30	South London harriers	722	51	Female
3	Michelle	Lennon	21:06	Dulwich runners	326	56	Female
Men Vet 60							
1	Koji	Miyazaki	17:55	Aldershot & Farnham district	87	61	Male
2	Tony	Tuohy	18:20	Dulwich Runners AC	306	60	Male
Women Vet 60							
1	Jackie	Wastell	24:30	London Heathside	811	61	Female
2	Geraldine	Hellings	24:35	Wimbledon Windmilers	773	61	Female
Men Vet 70							
1	Michael	Mann	23:40	Dulwich runners	222	74	Male
Women Vet 70							
1	Ros	Tabor	26:05	Dulwich runners	810	73	Female
Women Vet 80							
1	Penny	Elliot	28:58	Waverly Harriers	790	80	Female
Men Under 16							
1	Harry	Collins-smith	18:02	Blackheath & Bromley	137	12	Male
Women Under 16							
1	Sofia	Read	24:14	Orion Harriers	768	15	Female

ALL RESULTS BELOW

RESULTS									
RANK	NAME	SURNAME	TIME	CLUB	Race No.	Age	M/F	CATEGORY	CAT. POS.
1	Seyfu	Jamaal	14:35	London Heathside AC	1	22	Male	MU/50	1
2	Morgan	Roberts	15:19	Herne Hill Harriers	4	26	Male	MU/50	2
3	KURT	WILKINSON	15:30	Peckham Pacers	17	37	Male	MU/50	3
4	Oliver	Way	15:35	Ealing, Southall & Middlesex AC	2	24	Male	MU/50	4
5	Andrew	Clarke	15:37	Herne Hill Harriers	336	32	Male	MU/50	5
6	James	Hurrell	15:40	London Heathside	299	37	Male	MU/50	6
7	Jude	Bell	15:48	Shaftesbury Barnet Harriers	19	30	Male	MU/50	7
8	Kader	Sayed	15:48	London Heathside	265	20	Male	MU/50	8
9	Fred	Smithers	15:49	Serpentine	286	26	Male	MU/50	9
10	Andy	Bond	15:49	dulwich runners ac	27	49	Male	MU/50	10
11	Harry	Tivnen	15:50	the stragglers rc	272	28	Male	MU/50	11
12	Ryan	Keane	15:51	Thames Valley Harriers	31	32	Male	MU/50	12
13	Jonah	Marke	15:53	Shaftesbury Barnet Harriers	11	17	Male	MU/50	13
14	William	Woodcock	15:54	Hercules Wimbledon	18	29	Male	MU/50	14
15	Aaron	Wilson	15:59	dulwich runners ac	14	33	Male	MU/50	15
16	Nicolas	Besson	16:01	Serpentine Rc	338	42	Male	MU/50	16
17	Joe	Hallsforth	16:03	dulwich runners ac	291	31	Male	MU/50	17
18	Alistair	McMaster	16:05	Thames Hare and Hounds	334	28	Male	MU/50	18
19	thomas	south	16:08	Dulwich Runners AC	30	47	Male	MU/50	19
20	Martin	O'Connell	16:08	Serpentine Rc	298	37	Male	MU/50	20
21	Mark	Symes	16:09	Aldershot Farnham & District AC	24	54	Male	MV50	1
22	Matthew	Wheat	16:10	London Heathside	46	36	Male	MU/50	21
23	Jacob	Plummer	16:10	Guildford & Godalming AC	25	30	Male	MU/50	22
24	Dillon	Hobbs	16:12	Tunbridge Wells Harriers	9	19	Male	MU/50	23
25	Hugh	Torry	16:15	Serpentine Rc	302	44	Male	MU/50	24
26	Alex	Winchester	16:17	Dulwich Runners	309	40	Male	MU/50	25
27	Mischa	Balen	16:18	Serpentine Rc	21	36	Male	MU/50	26
28	Max	Rose	16:19	Herne Hill Harriers	314	32	Male	MU/50	27
29	Joe	Elliot	16:23	Herne Hill Harriers	15	28	Male	MU/50	28
30	Thom	Treebus	16:24	Best Athletics	317	20	Male	MU/50	29
31	Scott	Singleton	16:27	Belgrave Harriers	20	29	Male	MU/50	30
32	Christopher	Tizzard	16:30	afd	40	39	Male	MU/50	31
33	Daniel	Quinlan	16:32	Aldershot Farnham & District AC	33	36	Male	MU/50	32
34	James	Turner	16:35	Belgrade Harriers	36	25	Male	MU/50	33
35	Daniel	Reynolds	16:37	Wimbledon Windmilers	252	35	Male	MU/50	34
36	Ross	Brown	16:37	Herne Hill Harriers	29	35	Male	MU/50	35
37	Conor	Brown	16:39	London Heathside	315	36	Male	MU/50	36
38	Chris	Mullin	16:43	kent ac	34	45	Male	MU/50	37
39	Timothy	Bowen	16:44	Dulwich Runners AC	28	39	Male	MU/50	38
40	Luke	Pratt	16:44	Belgrave Harriers	83	26	Male	MU/50	39
41	Steve	Woolley	16:45	west 4 harriers	64	41	Male	MU/50	40
42	Adam	Cornish	16:46	Clapham Chasers	80	31	Male	MU/50	41
43	Ben	Pickford	16:47	Clapham Chasers	247	27	Male	MU/50	42
44	Steven	Kendall	16:47	dulwich runners ac	249	38	Male	MU/50	43
45	Alex	Mills	16:49	Belgrave Harriers	271	28	Male	MU/50	44

46	Ash	Brooks	16:49	Fulham Running Club	62	31	Male	MU/50	45
47	Lee	Martin	16:50	Springfield Striders RC	67	51	Male	MV50	2
48	Isaac	Leigh	16:50	Serpentine Rc	288	30	Male	MU/50	46
49	Anya	Culling	16:51	Best Athletics	702	24	Female	WU/50	1
50	Jack	McGuire	16:51	Aldershot & Farnham district	59	28	Male	MU/50	47
51	David	Williams	16:51	South London harriers	77	51	Male	MV50	3
52	Eddie	Rolls	16:52	Clapham Chasers	289	31	Male	MU/50	48
53	Callum	Mason	16:53	Fulham	275	29	Male	MU/50	49
54	Gerard	Casey	16:53	Clapham Chasers	79	33	Male	MU/50	50
55	Nicholas	North	16:53	South London harriers	39	20	Male	MU/50	51
56	Paul	Bagan	16:54		303	45	Male	MU/50	52
57	Stuart	Major	16:55	South London harriers	38	53	Male	MV50	4
58	Simon	Richardson	16:56	South London harriers	311	46	Male	MU/50	53
59	James	Blackwood	16:56	dulwich runners ac	128	22	Male	MU/50	54
60	Daniel	Gillett	16:56	South London harriers	82	53	Male	MV50	5
61	Greg	Mills	16:57	Herne Hill Harriers	52	25	Male	MU/50	55
62	Ben	Harries	17:00	Highgate Harriers	57	27	Male	MU/50	56
63	Austin	Hall	17:00	Hercules Wimbledon	37	26	Male	MU/50	57
64	Ben	Lynch	17:03	Ealing Eagles Running Club	94	33	Male	MU/50	58
65	Filippo	Minelle	17:04	London Heathside	260	35	Male	MU/50	59
66	Patrick	Lucas	17:04	Croydon Harriers	54	27	Male	MU/50	60
67	Oliver	Scott	17:06	Hercules and Wimbledon AC	66	24	Male	MU/50	61
68	Tyler Martin	Bowcombe	17:07	Ealing Southall & Middlesex AC	53	31	Male	MU/50	62
69	Patrick	Canavan	17:08	South London harriers	65	37	Male	MU/50	63
70	Joshua	Slingsby	17:10	London City Athletics Club	35	30	Male	MU/50	64
71	Aaron	Hudson	17:10	South London harriers	296	37	Male	MU/50	65
72	David	Comb	17:11	Winchester & District A.C.	78	43	Male	MU/50	66
73	Neil	Kirkham	17:11	Victoria Park & Tower Hamlets AC	297	37	Male	MU/50	67
74	Stuart	Johnson	17:11	Guildford and Godalming AC	72	32	Male	MU/50	68
75	Gary	James	17:14		63	45	Male	MU/50	69
76	Dominic	Seymour	17:16		81	39	Male	MU/50	70
77	Donal	Moran	17:19	Mornington Chasers	47	48	Male	MU/50	71
78	Dan	Whittle	17:20	Highgate Harriers	48	30	Male	MU/50	72
79	Andrew	Snook	17:20	Axe Valley Runners	95	42	Male	MU/50	73
80	Ben	Halstead	17:23	trent park running club	92	17	Male	MU/50	74
81	Jessica	Saunders	17:23	Belgrave	703	30	Female	WU/50	2
82	James	Burrows	17:27	dulwich runners ac	130	43	Male	MU/50	75
83	Ben	Jacobs	17:28	London Heathside	99	31	Male	MU/50	76
84	Oliver	Negus	17:28	London Heathside	110	29	Male	MU/50	77
85	Joe	Atkinson	17:29	Guildford and Godalming AC	114	33	Male	MU/50	78
86	Joe	Oakden	17:29	Best Athletics	108	26	Male	MU/50	79
87	Colin	Foster	17:30	Ealing Southall and Middlesex	301	41	Male	MU/50	80
88	Rob	Ellis	17:31	Fulham RC	131	30	Male	MU/50	81
89	Ayo	Dada	17:31	Queens Park Harriers	266	34	Male	MU/50	82
90	Murray	Humphrey	17:34	Dulwich runners	146	28	Male	MU/50	83
91	Andy	Davies	17:34	Mornington Chasers	73	30	Male	MU/50	84
92	Jack	Leafa	17:35	dulwich runners ac	103	30	Male	MU/50	85
93	Richard	Gayton	17:35	Belgrave	322	32	Male	MU/50	86
94	Aidan	Thomson	17:35		126	26	Male	MU/50	87
95	David	Martin	17:35		294	36	Male	MU/50	88
96	Bryony	Proctor	17:37	kent ac	705	35	Female	WU/50	3
97	Robert	Sellar	17:38		327		Male	MU/50	89
98	Simon	Elsbury	17:38	Guildford & Godalming AC	98	35	Male	MU/50	90
99	Peter	Fuller	17:42		106	28	Male	MU/50	91
100	Buzz	Shephard	17:43	dulwich runners ac	304	46	Male	MU/50	92
101	Alejandro	Romero	17:45	LFTC - London Fields Triathlon Club	70	33	Male	MU/50	93
102	Jose	Sabroso	17:46	London Heathside	101	39	Male	MU/50	94
103	Oliver	Bellamy	17:46	London City Athletics Club	280	32	Male	MU/50	95
104	James	Philpot	17:47	South London harriers	113	39	Male	MU/50	96
105	Callum	Gathercole	17:48	Mornington Chasers	102	28	Male	MU/50	97
106	Martin	Potter	17:49	London Heathside	263	56	Male	MV50	6
107	Thomas	Wilson	17:49	Aldershot & Farnham district	115	48	Male	MU/50	98
108	Oliver	Newlan	17:50	Dulwich runners	320	32	Male	MU/50	99
109	Jonathan	Ratcliffe	17:50	Herne Hill Harriers	120	56	Male	MV50	7
110	Daniel	Podmore	17:52		97	42	Male	MU/50	100
111	Luke	Smith	17:52	Belgrave Harriers	58	37	Male	MU/50	101
112	Matthew	Duckett	17:52	Queens Park Harriers	88	31	Male	MU/50	102
113	Adam	May	17:52	Hercules Wimbledon	84	42	Male	MU/50	103
114	Rebecca	Piggott	17:53	London Heathside	707	37	Female	WU/50	4
115	Neil	Reissland	17:54	South London harriers	105	58	Male	MV50	8
116	Koji	Miyazaki	17:55	Aldershot & Farnham district	87	61	Male	MV60	1
117	Terry	Booth	17:57	Guildford & Godalming AC	42	56	Male	MV50	9
118	Chris	Hartley	17:59	London Heathside	242	59	Male	MV50	10
119	Harry	Collins-smith	18:02	Blackheath & Bromley	137	12	Male	MU/15	1
120	Dominic	Woodbridge	18:03	Belgrave	61	30	Male	MU/50	104
121	Tom	Foster	18:04	Herne Hill Harriers	132	30	Male	MU/50	105
122	Izzy	Gelder	18:07	Mornington Chasers	718	22	Female	WU/50	5
123	Michael	McDonagh	18:10	Best Athletics	116	55	Male	MV50	11
124	Alex	Lofus	18:10	Dulwich Runners AC	145	47	Male	MU/50	106
125	Adam	Collins	18:10	Hercules Wimbledon Athletic Club	287	27	Male	MU/50	107
126	Rosie	Vallance	18:12	Thames Valley Harriers	717	22	Female	WU/50	6
127	Matt	Collins	18:12	London Heathside AC	165	47	Male	MU/50	108
128	ALEXANDER	NOBLE	18:13	Dunbar	143	29	Male	MU/50	109
129	Paul	Woolley	18:13	Datchet Dashers	104	50	Male	MV50	12
130	Matthew	Thomas	18:14	Mornington Chasers	121	32	Male	MU/50	110
131	David	Gouldstone	18:18	Mornington Chasers	144	40	Male	MU/50	111
132	Kelly	Thorneycroft	18:19		821	32	Female	WU/50	7
133	Julian	Tucker	18:20	Clapham Chasers	100	35	Male	MU/50	112
134	Josh	Ogden	18:20		153	32	Male	MU/50	113
135	Tony	Tuohy	18:20	dulwich runners ac	306	60	Male	MV60	2
136	Tom	James	18:25	Ealing Eagles Running Club	118	36	Male	MU/50	114
137	Vikram	Makkar	18:26	South London harriers	305	46	Male	MU/50	115
138	Tom	Gardner	18:26		318	25	Male	MU/50	116
139	Ian	Kibble	18:27		96	36	Male	MU/50	117
140	David	Williams	18:28	Guildford & Godalming AC	117	60	Male	MV60	3
141	Katie	Rowland	18:30	kent ac	710	34	Female	WU/50	8
142	Liam	Hazelton	18:30	London Heathside	150	41	Male	MU/50	118
143	Samuel	Fisher	18:30	Mornington Chasers	125	29	Male	MU/50	119
144	Lee	Tolentino	18:33	Croydon Harriers	234	30	Male	MU/50	120
145	Harry	Bennett	18:34	Dulwich runners	273	29	Male	MU/50	121
146	Simon	Morris	18:34	Serpentine Rc	277	31	Male	MU/50	122

147	Mathieu	PREVOT	18:35	Serpentine Rc	136	45	Male	MU/50	123
148	Mike	Rutt	18:36		235	39	Male	MU/50	124
149	Chris	Beardsall	18:36	Dulwich Runners AC	140	56	Male	MV50	13
150	Claire	Grima	18:36	Hercules Wimbledon Athletic Club	826	45	Female	WU/50	9
151	Jonathan	Whittaker	18:40	dulwich runners ac	155	43	Male	MU/50	125
152	Laura	Thompson	18:42	VPH	793	34	Female	WU/50	10
153	Shane	Donlon	18:42	Dulwich Runners AC	75	40	Male	MU/50	126
154	Chris	Magierek	18:43	London Heathside	328	36	Male	MU/50	127
155	Matthew	Cockerill	18:44	London Heathside AC	124	52	Male	MV50	14
156	Andrew	Scott	18:45	Dulwich runners	162	41	Male	MU/50	128
157	Emily	Seager	18:45	Victoria Park & Tower Hamlets AC	721	28	Female	WU/50	11
158	Kyle	Spelman	18:47	Hercules Wimbledon	259	32	Male	MU/50	129
159	Adam	White	18:47	South London harriers	174	42	Male	MU/50	130
160	Grant	Gonzalez	18:50		268	37	Male	MU/50	131
161	Tim	Sharp	18:51	kentac	127	45	Male	MU/50	132
162	Rob	Jones	18:51	SHAEF Shifters	157	51	Male	MV50	15
163	Jonny	Chambers	18:52	Herne Hill Harriers	133	30	Male	MU/50	133
164	Matt	Beard	18:52	London Heathside	241	54	Male	MV50	16
165	Lizzie	May	18:55		726	31	Female	WU/50	12
166	Badar	Al Raisi	18:56	VPH	278	31	Male	MU/50	134
167	Mark	Fuller	18:57		267	30	Male	MU/50	135
168	Ijm	Carrington	18:57	Hercules Wimbledon	158	46	Male	MU/50	136
169	April	James-welsh	19:00	South London harriers	706	45	Female	WU/50	13
170	Ben	Walters	19:01	South London harriers	332	31	Male	MU/50	137
171	Shaun	Cooney	19:01	South London Harries	167	49	Male	MU/50	138
172	James	Hamilton	19:04	hercules wimbledon a.c.	141	49	Male	MU/50	139
173	Joe	Farrington-Douglas	19:04	dulwich runners ac	142	44	Male	MU/50	140
174	Poppy	Robson	19:04	Hercules Wimbledon	724	28	Female	WU/50	14
175	Ed	Simmons	19:06	dulwich runners ac	313	42	Male	MU/50	141
176	Peter	Mannion	19:07	Windle Valley Runners	168	61	Male	MV60	4
177	Sarah	Swinhoe	19:09	London Heathside	727	52	Female	WV50	1
178	Dominic	Jackson	19:12	London Heathside	166	59	Male	MV50	17
179	Sarah	Crichton	19:12	kentac	732	36	Female	WU/50	15
180	Stephen	Topp	19:13	London Heathside	149	46	Male	MU/50	142
181	Amy	Rollason	19:14	South London harriers	711	32	Female	WU/50	16
182	Jonathan	Earl	19:16		173	32	Male	MU/50	143
183	Austin	Laylee	19:16	dulwich runners ac	316	27	Male	MU/50	144
184	Shaun	Melvin	19:19	west 4 harriers	161	39	Male	MU/50	145
185	Tim	Todhunter	19:20	Victoria Park & Tower Hamlets AC	330	39	Male	MU/50	146
186	Philip	Barnes	19:24	Mornington Chasers	179	25	Male	MU/50	147
187	Christian	Nielsen	19:29	Thames Valley Harriers	193	48	Male	MU/50	148
188	Katrina	Kelly	19:30	Mornington Chasers	728	26	Female	WU/50	17
189	Natalie	Gentry	19:30	South London harriers	324	38	Female	WU/50	18
190	Debbie	Jackson	19:30	South London harriers	722	51	Female	WV50	2
191	Ellie	Freedeen	19:33	kentac	720	27	Female	WU/50	19
192	David	Renshaw	19:34	Guildford & Godalming AC	170	59	Male	MV50	18
193	Clare	Mullenger	19:35	Wimbledon Windmilers	725	44	Female	WU/50	20
194	Kate	MacArthur	19:38	Best Athletics	708	28	Female	WU/50	21
195	Martin	Winch	19:38		176	53	Male	MV50	19
196	Jennifer	Berg	19:41	kentac	731	33	Female	WU/50	22
197	Chris	Wilkins	19:45		185	35	Male	MU/50	149
198	Mike	Dennison	19:46	SHAEF Shifters RC	180	65	Male	MV60	5
199	Nick	Grogan	19:48	Herne Hill Harriers	134	25	Male	MU/50	150
200	Ian	Lilley	19:48	Dulwich runners	283	51	Male	MV50	20
201	Helen	Shannon	19:52	dulwich runners ac	824	40	Female	WU/50	23
202	Maura	Bello	19:53	London Heathside AC	808	33	Female	WU/50	24
203	Cephas	Mensah	19:56	London City Athletics Club	186	21	Male	MU/50	151
204	Justin	Siderfin	20:00	Dulwich Runners AC	282	50	Male	MV50	21
205	Clara	Pettit	20:02	Hercules Wimbledon	337	26	Female	WU/50	25
206	Thomas	Hollingsworth	20:03		191	24	Male	MU/50	152
207	Simon	Rubens	20:03	Thames Valley Harriers	192	61	Male	MV60	6
208	Leo	Pemberton	20:05	London Heathside AC	196	45	Male	MU/50	153
209	Kirsty	Bennet	20:05	London City Athletics Club	816	24	Female	WU/50	26
210	George	Mallinson	20:09	Belgrave Harriers	285	24	Male	MU/50	154
211	Jamie	Turton	20:09		251	32	Male	MU/50	155
212	Sarah	Dawkins	20:09		734	32	Female	WU/50	27
213	Hugh	French	20:24	Dulwich Runners	310	47	Male	MU/50	156
214	Robert	Tokarski	20:25	Dulwich Runners AC	175	45	Male	MU/50	157
215	Simon	Lewis	20:28		182	34	Male	MU/50	158
216	Mark	Dowson	20:29	Marshall Milton Keynes	335	48	Male	MU/50	159
217	Thomas	Speed	20:30	South London harriers	206	28	Male	MU/50	160
218	thomas	cheetham	20:30	hercules wimbledon a.c.	207	56	Male	MV50	22
219	Hamir	Patel	20:32	Mornington Chasers	214	36	Male	MU/50	161
220	Terry	Worton	20:33	Camberley & District Athletics Club	202	53	Male	MV50	23
221	Martin	Milward	20:34	Fulham Running Club	177	67	Male	MV60	7
222	Simon	Evans	20:38	Herne Hill Harriers	197	55	Male	MV50	24
223	Chris	Dunhill	20:41	South London harriers	184	49	Male	MU/50	162
224	Sam	O'Riordan	20:43		171	30	Male	MU/50	163
225	James	Gordon	20:43	Henham Hundred	254	24	Male	MU/50	164
226	Eberhard	Prill	20:44	Dulwich Runners AC	307	61	Male	MV60	8
227	Robert	Laing	20:47	South London harriers	199	44	Male	MU/50	165
228	Esther	Curtin	20:47	Mornington Chasers	820	25	Female	WU/50	28
229	Katie	Gow	20:48	Fulham Running Club	753	29	Female	WU/50	29
230	Nick	Sutcliffe	20:48	London City Athletics Club	333	53	Male	MV50	25
231	Ed	Snyth	20:49	Dulwich Runners AC	205	41	Male	MU/50	166
232	Sally	Urquhart	20:49	kentac	741	29	Female	WU/50	30
233	Gary	Forde	20:51	Wimbledon Windmilers	212	56	Male	MV50	26
234	Alex	Benton	20:53	Mornington Chasers	181	45	Male	MU/50	167
235	Emna	Hatch	20:54	Dulwich Runners	822	35	Female	WU/50	31
236	Kestutis	Karlonas	20:54		246	34	Male	MU/50	168
237	Ross	Rook	20:58	Dulwich runners	195	42	Male	MU/50	169
238	Laura	Vincent	21:00	dulwich runners ac	744	40	Female	WU/50	32
239	Harriet	Boddy	21:00	Dulwich Runners AC	792	28	Female	WU/50	33
240	Pete	Crockford	21:03	London Heathside	198	65	Male	MV60	9
241	Lars	Zondag	21:04		276	30	Male	MU/50	170
242	Jacob	Jackson	21:05		290	31	Male	MU/50	171
243	Costanza	Stocchi	21:06	Mornington Chasers	748	27	Female	WU/50	34
244	Michelle	Lennon	21:06	Dulwich runners	326	56	Female	WV50	3
245	Hattie	Lowe	21:07	Mornington Chasers	743	26	Female	WU/50	35
246	Chloe	Constantine	21:08	South London harriers	740	51	Female	WV50	4
247	Peter	Martin	21:12	Clapham Chasers RC	219	48	Male	MU/50	172

248	Victoria	Buck	21:16	kentac	733	49	Female	WU/50	36
249	Ellie	Holloway	21:17	Mornington Chasers	319	26	Female	WU/50	37
250	Josh	Lee	21:25	Henham Hundred	244	22	Male	MU/50	173
251	Peter	Trundle	21:25		218	35	Male	MU/50	174
252	Marc	Hassler	21:27		279	31	Male	MU/50	175
253	Peter	Brown	21:29	South London harriers	201	66	Male	MV60	10
254	Claire	Hackston	21:29	Mornington Chasers	760	26	Female	WU/50	38
255	Ivona	GONGOLOVA	21:30	kentac	752	40	Female	WU/50	39
256	Jessica	Deely	21:30	Best Athletics	737	28	Female	WU/50	40
257	Aidan	Grace	21:31	Belgrave Harriers	163	37	Male	MU/50	176
258	James	Ellison	21:32		261	32	Male	MU/50	177
259	Ainslie	Johnstone	21:33		809	30	Female	WU/50	41
260	Daphne	Dadzie	21:35	Fulham Running Club	825	44	Female	WU/50	42
261	Felicity	Carr	21:42	South London harriers	758	27	Female	WU/50	43
262	Andrew	Georgeson	21:43	Herne Hill Harriers	208	29	Male	MU/50	178
263	Joanne	Tillman	21:43	London City Athletics Club	729	44	Female	WU/50	44
264	cloudy	carnegie	21:45	Mornington Chasers	749	29	Female	WU/50	45
265	Maria	Iovani	21:47	SHAFF Shifters RC	745	47	Female	WU/50	46
266	Alice	Malin	21:54	Fulham Running Club	735	25	Female	WU/50	47
267	Gaby	Anderson	22:04	Mornington Chasers	321	25	Female	WU/50	48
268	Miles	Gawthorp	22:08	Dulwich Runners AC	204	49	Male	MU/50	179
269	Alexander	Christensen	22:12		224	30	Male	MU/50	180
270	Sarah	McGaw	22:13	Mornington Chasers	325	27	Female	WU/50	49
271	Sophie	Foot	22:15	Orion Harriers	746	17	Female	WU/50	50
272	Tash	Dillon	22:24		813	30	Female	WU/50	51
273	James	Twist	22:28		220	62	Male	MV60	11
274	Juliette	westbrook	22:32	Mornington Chasers	747	25	Female	WU/50	52
275	Mel	Wright	22:33		799	35	Female	WU/50	53
276	Nadia	Whittaker	22:39	Thames Valley Harriers	755	51	Female	WV50	5
277	Mabel	Ellerker	22:45	Mornington Chasers	323	27	Female	WU/50	54
278	Stefano	Vernazza	22:46		228	48	Male	MU/50	181
279	Nicholas	Jarrett	22:47	South London harriers	215	51	Male	MV50	27
280	Jessica	Vinluan	22:49	London Heathside AC	759	43	Female	WU/50	55
281	SHUN-LAI	CHAM	22:52	South London harriers	767	53	Female	WV50	6
282	Daniel	Lewis	22:54	Mornington Chasers	331	46	Male	MU/50	182
283	Jo	Wint	22:59	kentac	751	42	Female	WU/50	56
284	Katie	Percival	23:31		775	33	Female	WU/50	57
285	Eadaoin	McCavana	23:33		770	23	Female	WU/50	58
286	Graham	Laylee	23:34	dulwich runners ac	221	66	Male	MV60	12
287	Evie	Ley	23:34	Mornington Chasers	795	27	Female	WU/50	59
288	MICHAEL	Mann	23:40	Dulwich runners	222	74	Male	MV70	1
289	Ian	McCarthy	23:47	Cambridge Harriers	223	66	Male	MV60	13
290	India	Emery	23:50	Orion Harriers	766	19	Female	WU/50	60
291	Allie	Donoghue-Hunt	23:51	Hercules Wimbledon	764	29	Female	WU/50	61
292	Sam	Ashton	23:59		255	31	Male	MU/50	183
293	Liz	Legge	24:02	Hercules Wimbledon	782	29	Female	WU/50	62
294	Sophie	Critchlow	24:02	Mornington Chasers	779	25	Female	WU/50	63
295	Philippa	Goodhew	24:10	Dulwich Runner AC	772	37	Female	WU/50	64
296	Victoria	Clarkson	24:12	Windle Valley Runners	780	33	Female	WU/50	65
297	Sofia	Read	24:14	Orion Harriers	768	15	Female	WU/16	1
298	James	Antell	24:19	Henham Hundred	312	28	Male	MU/50	184
299	Collette	Farnol	24:23	Mornington Chasers	771	35	Female	WU/50	66
300	Jackie	Wastell	24:30	London Heathside	811	61	Female	WV60	1
301	Amea	mooney	24:33	Hercules Wimbledon	765	28	Female	WU/50	67
302	Erin	Molloy	24:34	Orion Harriers	776	18	Female	WU/50	68
303	Tom	Morris	24:34	Hercules Wimbledon	284	65	Male	MV60	14
304	Geraldine	Hellings	24:35	Wimbledon Windmilers	773	61	Female	WV60	2
305	Charlie	Courtney	24:37	Henham Hundred	238	28	Male	MU/50	185
306	Daniel Jay	Comens	24:43		329	49	Male	MU/50	186
307	Emily	Riddell	24:45	London City Runners	783	26	Female	WU/50	69
308	Mark	Standing	24:48	Herne Hill Harriers	225	58	Male	MV50	28
309	Kathryn	White	25:04		781	28	Female	WU/50	70
310	Alex	Jeater	25:05		256	38	Male	MU/50	187
311	Jake	Allingan	25:12	Mornington Chasers	93	27	Male	MU/50	188
312	Barrie John	Nicholls	25:18	dulwich runners ac	258	69	Male	MV60	15
313	Sophie	Sirera	25:22	Mornington Chasers	785	28	Female	WU/50	71
314	Anna	Delis	25:27	kentac	769	42	Female	WU/50	72
315	James	Saunders	25:40	Holland Sports AC	227	55	Male	MV50	29
316	midge	cameron	25:42	Dulwich Runner AC	784	58	Female	WV50	7
317	ROS	Tabor	26:05	Dulwich runners	810	73	Female	WV70	1
318	Joanne	Shelton Pereda	26:09	dulwich runners ac	827	48	Female	WU/50	73
319	Neal	Desai	26:14		236	38	Male	MU/50	189
320	Adrian	Hunt	26:25	Thames Hare and Hounds	230	60	Male	MV60	16
321	Avril	Riddell	26:37	Serpentine Rc	777	69	Female	WV60	3
322	Karen	Samuel	26:58	orpington road runners	786	62	Female	WV60	4
323	Duncan	Adams	27:02	Henham Hundred	253	41	Male	MU/50	190
324	Anna	Howard	27:09	Henham Hundred	797	23	Female	WU/50	74
325	michele	griffiths	27:13	Mornington Chasers	787	58	Female	WV50	8
326	Lorraine	Ni Annrachain	27:14	VPH	817	34	Female	WU/50	75
327	Ameeta	Patel	27:23	DULWICH AC	229	59	Male	MV50	30
328	Andrew	Murray	27:26	dulwich runners ac	262	70	Male	MV70	2
329	Nick	King	27:57	Henham Hundred	237	28	Male	MU/50	191
330	Harry	Albon	28:07		245	23	Male	MU/50	192
331	Stephanie	Vaatz	28:45	Serpentine Rc	828	48	Female	WU/50	76
332	Penny	Elliott	28:58	waverly harriers	790	80	Female	WV80	1
333	Lindsey	Annable	29:11	dulwich runners ac	806	55	Female	WV50	9
334	Millie	Bridges	31:21		802	24	Female	WU/50	77
335	Abhijeet	Parikh	31:45		233	62	Male	MV60	17
336	Jeanette	Batchelor	31:47		788	59	Female	WV50	10
337	Michael	Leigh	32:17	Hercules Wimbledon	308	79	Male	MV70	3
338	Lottie	Langley	32:29		803	26	Female	WU/50	78
339	Cat	Gladman	34:45		800	21	Female	WU/50	79
340	Grace	Collinson	34:45		801	24	Female	WU/50	80