

Sri Chinmoy 5K Race
Battersea Park, London

17th June 2025
DASHING DEER 5K



WINNERS						
RANK	NAME	SURNAME	CLUB	M F	TIME	AGE
Men U/50						
1	Julian	Gregersen	Treysti	Male	00:15:05	27
2	Angus	Lamb	Belgrave Harriers	Male	00:15:18	30
3	Kurt	Wilkinson	Peckham Pacers	Male	00:15:22	39
4	Matt	Wood	Herne Hill Harriers	Male	00:15:23	31
5	Max	Rose	Herne Hill Harriers	Male	00:15:23	34
6	Conall	McNally	Belgrave Harriers	Male	00:15:24	27
7	Ashley	Goncalves	Herne Hill Harriers	Male	00:15:35	30
Women U/50						
1	Alex	Lane	Winchester Running Club	Female	00:16:55	30
2	Hannah	Pullen	Aldershot Farnham & District	Female	00:17:08	36
3	Clara	Boyd-Squires Long	Victoria Park Harriers and Tower Hamlets A	Female	00:17:09	26
4	Grace	Leyland	Herne Hill Harriers	Female	00:17:15	24
5	Alex	Gandee	Belgrave Harriers	Female	00:17:57	25
6	Alice	Macarthur	Best Athletics	Female	00:18:06	30
7	Amelia	Pettitt	Vale Royal	Female	00:18:11	30
Men Vet 50						
1	Terry	Booth	Guildford & Godalming AC	Male	00:17:02	58
2	Mark	Callaghan	Dulwich Runners A.C.	Male	00:18:11	50
3	Jon	Key	Herne Hill Harriers	Male	00:18:25	51
Women Vet 50						
1	Victoria	Buck	Kent AC	Female	00:19:47	51
2	Ally	Chow		Female	00:25:15	56
3	Ruth	Cottam	Collingwood AC	Female	00:25:36	59
Men Vet 60						
1	Mike	Trees		Male	00:18:20	62
2	Andy	Jordan	St Albans Striders	Male	00:18:40	62
Women Vet 60						
1	Ruth	Gledhill	Serpentine	Female	00:25:23	65
Men Vet 70						
1	Michael	Mann	Dulwich Runners A.C	Male	00:24:05	76
Women Vet 70						
1	Claire	Steward	Dulwich Runners A.C.	Female	00:26:41	73
Men Under 16						
1	Edward	Englefield	South London harriers	Male	00:20:19	13
2	Dexter	Stevenson		Male	00:20:45	12

ALL RESULTS BELOW

RESULTS									
RANK	NAME	SURNAME	CLUB	M F	TIME	CATEGORY	CAT. POS.	AGE	Race No
1	Julian	Gregersen	Treysti	Male	00:15:05	M U/50	1	27	675
2	Angus	Lamb	Belgrave Harriers	Male	00:15:18	M U/50	2	30	503
3	Kurt	Wilkinson	Peckham Pacers	Male	00:15:22	M U/50	3	39	508
4	Matt	Wood	Herne Hill Harriers	Male	00:15:23	M U/50	4	31	504
5	Max	Rose	Herne Hill Harriers	Male	00:15:23	M U/50	5	34	11
6	Conall	McNally	Belgrave Harriers	Male	00:15:24	M U/50	6	27	501
7	Ashley	Goncalves	Herne Hill Harriers	Male	00:15:35	M U/50	7	30	678
8	Harry	Tivnen	kent ac	Male	00:15:36	M U/50	8	30	502
9	Tommy	Trees	Highgate Harriers	Male	00:15:38	M U/50	9	28	684
10	Tomas	Cotter	Fulham Running Club	Male	00:15:38	M U/50	10	34	680
11	Matt	Kitching	Queen's Park Harriers	Male	00:15:41	M U/50	11	34	679
12	Robert	Armstrong	Dulwich Runner AC	Male	00:15:42	M U/50	12	31	505
13	James	Hurrell	London Heathside	Male	00:15:42	M U/50	13	39	24
14	Thomas	O'Neill	Kent AC	Male	00:15:43	M U/50	14	34	510
15	Simon	Vaisey	Kent AC	Male	00:15:43	M U/50	15	31	828
16	Lewis	Fagge	Herne Hill Harriers	Male	00:15:45	M U/50	16	27	689
17	Benjamin	Tucker	Belgrave Harriers	Male	00:15:46	M U/50	17	30	685
18	Matthew	Cartwright	Herne Hill Harriers	Male	00:15:53	M U/50	18	35	30
19	Dan	Moore	Reading Roadrunners	Male	00:15:54	M U/50	19	36	697
20	Robert	Laing	Kent AC	Male	00:15:55	M U/50	20	48	515
21	Samuel Jack	Peters	Hercules Wimbledon	Male	00:15:57	M U/50	21	28	676
22	Ryan	Furniss	Clapham Chasers RC	Male	00:16:00	M U/50	22	32	525
23	Sonny	Nicoll	hercules wimbledon ac	Male	00:16:05	M U/50	23	22	682
24	Jack	Brochie	Herne Hill Harriers	Male	00:16:05	M U/50	24	40	511
25	Frederik	Rye-Florentz	Clapham Chasers	Male	00:16:07	M U/50	25	44	698
26	Tom	Hollis	Lonely Goat RC	Male	00:16:08	M U/50	26	40	48
27	Duncan	Lawrence	Oxford City AC	Male	00:16:09	M U/50	27	37	40
28	Sam	Walker	Wimbledon Windmilers	Male	00:16:09	M U/50	28	31	522
29	Henry	Ramsay	Highgate Harriers	Male	00:16:11	M U/50	29	26	537
30	Thomas	Gandee	Belgrave Harriers	Male	00:16:12	M U/50	30	23	520
31	Max	Glennon	Belgrade Harriers	Male	00:16:12	M U/50	31	29	681
32	Steve	Woolley	West 4 Harriers	Male	00:16:15	M U/50	32	43	43
33	Kevin	Finl	Blackheath & Bromley	Male	00:16:15	M U/50	33	31	512
34	Joe	Leadley	Loftus & Whitby AC	Male	00:16:17	M U/50	34	34	709
35	Tristan	Johnston-Wood	University of Oxford Cross Country Club	Male	00:16:17	M U/50	35	29	531

36	Charlie	Pickett	Guildford & Godalming AC	Male	00:16:21	M U/50	36	31	519
37	Sam	Burgoyne		Male	00:16:22	M U/50	37	33	712
38	Davide	Laurenzano	Oxford AC	Male	00:16:22	M U/50	38	27	701
39	Duncan	Steel		Male	00:16:23	M U/50	39	23	818
40	Matthew	Gordon	City of Portsmouth AC	Male	00:16:25	M U/50	40	31	699
41	Peter	Lighting	Kent Athletic Club	Male	00:16:27	M U/50	41	44	86
42	Freddi George	McKinlay		Male	00:16:27	M U/50	42	29	690
43	Joe	Elliott	Herne Hill Harriers	Male	00:16:28	M U/50	43	30	695
44	Harry	Mullard	reigate priory ac	Male	00:16:31	M U/50	44	32	540
45	David	Sharman	Wimbledon Windmilers	Male	00:16:32	M U/50	45	40	692
46	Mathew	Rainbow		Male	00:16:32	M U/50	46	28	710
47	Hugh	Stobart	Dulwich Runner AC	Male	00:16:35	M U/50	47	35	62
48	Will	Coates	Ealing Eagles Running Club	Male	00:16:38	M U/50	48	32	42
49	George	Robertson		Male	00:16:41	M U/50	49	28	691
50	Nick	Green		Male	00:16:43	M U/50	50	42	63
51	Thomas	Foy	London Heathside	Male	00:16:43	M U/50	51	37	713
52	Dominic	Woodbridge	Belgrave Harriers	Male	00:16:45	M U/50	52	32	527
53	Sean	Holohan	Clapham Chasers	Male	00:16:46	M U/50	53	36	58
54	Alfie	Thorpe	Best Athletics	Male	00:16:46	M U/50	54	26	562
55	Deng	Akol	London Heathside AC	Male	00:16:47	M U/50	55	37	826
56	Tim	Ferguson	London Heathside	Male	00:16:47	M U/50	56	31	668
57	Jamie	Millbank	Hercules Wimbledon	Male	00:16:48	M U/50	57	27	517
58	thomas	south	Sunderland Strollers	Male	00:16:50	M U/50	58	49	711
59	Jack	Taggart	Clapham Chasers	Male	00:16:50	M U/50	59	29	546
60	Max	Brame	Liverpool Harriers and AC	Male	00:16:51	M U/50	60	23	693
61	Christopher	Spence-Leslie	Mornington Chasers	Male	00:16:53	M U/50	61	26	542
62	Seb	Olingschlaeger	Highgate Harriers	Male	00:16:54	M U/50	62	29	725
63	Alex	Lane	Winchester Running Club	Female	00:16:55	W U/50	1	30	539
64	Christopher	Speed	hern hill harriers	Male	00:16:55	M U/50	63	30	526
65	Robert	Selway	London Heathside	Male	00:16:56	M U/50	64	32	558
66	James	Hughes	Wimbledon Windmilers	Male	00:16:56	M U/50	65	39	706
67	Will	Gallimore	Clapham Chasers	Male	00:16:58	M U/50	66	40	85
68	Raul	Simmons Perez		Male	00:17:01	M U/50	67	26	548
69	Terry	Booth	Guildford & Godalming AC	Male	00:17:02	M V50	1	58	91
70	Andrew	Garry	Victoria Park & Tower Hamlets AC	Male	00:17:02	M U/50	68	27	700
71	Jules	Renwick	Queens Park Harriers	Male	00:17:03	M U/50	69	25	728
72	Gavin	Brandie	Clapham Chasers	Male	00:17:04	M U/50	70	47	737
73	Sarunas	Kudzinskas	Best Athletics	Male	00:17:04	M U/50	71	30	708
74	Geoff	Maher	west 4 harriers	Male	00:17:05	M U/50	72	41	100
75	Charles	Bell	OUCCC	Male	00:17:08	M U/50	73	29	686
76	Seamus	O'Malley	Highgate Harriers	Male	00:17:08	M U/50	74	28	538
77	Hannah	Pullen	Aldershot Farnham & District	Female	00:17:08	W U/50	2	36	565
78	Ciara	Boyd-Squires Long	Victoria Park Harriers and Tower Hamlets A	Female	00:17:09	W U/50	3	26	702
79	James	Giddins	Clapham Chasers	Male	00:17:10	M U/50	75	31	705
80	Robbie	Lightfoot	Victoria Park harriers	Male	00:17:11	M U/50	76	31	124
81	James	Kelly	Unaffiliated	Male	00:17:14	M U/50	77	35	723
82	Jody	Mills		Male	00:17:14	M U/50	78	33	718
83	Scott	Collier	London Heathside AC	Male	00:17:15	M U/50	79	27	523
84	Grace	Leyland	Herne Hill Harriers	Female	00:17:15	W U/50	4	24	111
85	Eddie	Rolls	Clapham Chasers	Male	00:17:16	M U/50	80	33	545
86	Thomas	Murphy	Chelmsford AC	Male	00:17:17	M U/50	81	40	827
87	Kieron	Judd		Male	00:17:18	M U/50	82	22	747
88	Evan	Carter	Clapham Chasers	Male	00:17:23	M U/50	83	25	738
89	Alexander	Chappell	Ware joggers	Male	00:17:25	M U/50	84	35	717
90	Jared	Alexander	Wimbledon Windmilers	Male	00:17:25	M U/50	85	28	536
91	Richard	Huckstepp	Ashford AC	Male	00:17:28	M U/50	86	45	735
92	Ewan	Maynard	serpentine running club	Male	00:17:29	M U/50	87	32	716
93	Tim	Harman	Guildford & Godalming AC	Male	00:17:36	M U/50	88	42	554
94	Curtis	Ritchie		Male	00:17:39	M U/50	89	27	719
95	Peter	McCloskey	Wimbledon Windmilers	Male	00:17:39	M U/50	90	44	567
96	Jason	Marsh		Male	00:17:42	M U/50	91	35	830
97	Tommaso	Bendoni	dulwich runners ac	Male	00:17:43	M U/50	92	32	733
98	Jacob	Murtagh	Ealing Eagles Running Club	Male	00:17:45	M U/50	93	39	573
99	Mark	Humphries	Thames Valley Harriers	Male	00:17:46	M U/50	94	23	707
100	Shane	Donlon	Dulwich Runners A.C	Male	00:17:47	M U/50	95	42	720
101	Tom	Brooks	Shaftesbury Barnet Harriers	Male	00:17:48	M U/50	96	31	823
102	David	Hooton	Clapham Chasers	Male	00:17:50	M U/50	97	27	555
103	David	Winston	Ashford AC	Male	00:17:50	M U/50	98	42	140
104	James	Winward	Outlier Run Club	Male	00:17:52	M U/50	99	37	575
105	Oliver	Stevenson	Aldershot Farnham & District AC	Male	00:17:52	M U/50	100	46	589
106	Laurent	Shen	Wimbldon Windmilers	Male	00:17:54	M U/50	101	39	271
107	James	Brown	dulwich runners ac	Male	00:17:55	M U/50	102	48	576
108	Jack	mears	Peckham Pacers	Male	00:17:55	M U/50	103	31	586
109	Gary	James	Run Nation Running Club	Male	00:17:56	M U/50	104	47	722
110	Alex	Gandee	Belgrave Harriers	Female	00:17:57	W U/50	5	25	744
111	Niall	Simmonds	southampton ac	Male	00:17:57	M U/50	105	25	559
112	Tom	Foster	Herne Hill Harriers	Male	00:17:57	M U/50	106	32	666
113	Dan	Whittle	Highgate Harriers	Male	00:17:57	M U/50	107	32	81
114	Patrizio	Parrini	Herne Hill Harriers	Male	00:17:58	M U/50	108	41	570
115	James	Gillanders	Serpentine Rc	Male	00:18:00	M U/50	109	47	553
116	Alex	Loftus	dulwich runners ac	Male	00:18:01	M U/50	110	49	748
117	Thomas	Dilley		Male	00:18:03	M U/50	111	41	132
118	Joe	Tucker		Male	00:18:03	M U/50	112	25	751
119	Sam	Duggan	Victoria Park Harriers & Tower Hamlets	Male	00:18:03	M U/50	113	39	704
120	Alastair	Low-Macrae	Dulwich	Male	00:18:03	M U/50	114	34	556
121	Patrick	Tierney	Clapham Chasers	Male	00:18:06	M U/50	115	48	427
122	Alice	Macarthur	Best Athletics	Female	00:18:06	W U/50	6	30	821
123	Matthew	Johns		Male	00:18:09	M U/50	116	29	418

124	Paul	Donohoe	26.2 Road Runners Club	Male	00:18:09	M U/50	117	49	149
125	Matt	Thomas	Mornington Chasers	Male	00:18:10	M U/50	118	34	159
126	Mark	Callaghan	Dulwich Runners A.C.	Male	00:18:11	M V50	2	50	578
127	Amelia	Pettitt	Vale Royal	Female	00:18:11	W U/50	7	30	221
128	James	Sloan		Male	00:18:13	M U/50	119	31	785
129	Joseph	Bull		Male	00:18:13	M U/50	120	28	552
130	Adam	Westbury	Herne Hill Harriers	Male	00:18:14	M U/50	121	33	158
131	Alessandro	Dovis	Serpentine	Male	00:18:14	M U/50	122	34	756
132	Rob	Hall	Woking AC	Male	00:18:15	M U/50	123	29	78
133	Paul	Spendloff	Metros RC	Male	00:18:19	M U/50	124	46	760
134	Stephen	Crowther	Fulham Running Club	Male	00:18:20	M U/50	125	28	743
135	Mike	Trees		Male	00:18:20	M V60	1	62	750
136	Nicholas	Russo		Male	00:18:21	M U/50	126	23	769
137	Matthew	McDonnell		Male	00:18:22	M U/50	127	24	749
138	Simon	Elsbury	Guildford & Godalming AC	Male	00:18:22	M U/50	128	37	714
139	Tom	James	Ealing Eagles Running Club	Male	00:18:23	M U/50	129	38	190
140	Jon	Key	Herne Hill Harriers	Male	00:18:25	M V50	3	51	724
141	George	Barnes	Clapham Chasers	Male	00:18:25	M U/50	130	28	740
142	Michael	McDonagh		Male	00:18:25	M V50	4	57	200
143	Tom	Boland	Fulham	Male	00:18:27	M U/50	131	35	551
144	Carl	Sutcliffe	Victoria Park Harriers & Tower Hamlets	Male	00:18:29	M U/50	132	28	561
145	Oscar	Hussey		Male	00:18:32	M U/50	133	25	590
146	Alex	Haynes		Male	00:18:34	M U/50	134	28	816
147	Alistair	Blair		Male	00:18:34	M U/50	135	35	580
148	Emily	Seager	Victoria Park Harriers and Tower Hamlets A	Female	00:18:35	W U/50	8	30	588
149	Josh	Haigh	Best Athletics	Male	00:18:35	M U/50	136	30	166
150	Edward	Simmons	Dulwich runners	Male	00:18:35	M U/50	137	44	426
151	Andy	Jordan	St Albans Striders	Male	00:18:40	M V60	2	62	736
152	Chris	Notton	Serpentine	Male	00:18:40	M V50	5	50	211
153	Craig	Connell	Orion Harriers	Male	00:18:41	M U/50	138	37	775
154	Will	Smithard	Woking AC	Male	00:18:43	M U/50	139	41	144
155	Andrew	Scott	Dulwich runners	Male	00:18:44	M U/50	140	43	629
156	Joe	Farrington-Douglas	dulwich runners ac	Male	00:18:44	M U/50	141	46	584
157	Harry	Brewster		Male	00:18:45	M U/50	142	27	669
158	Holly	Wilkinson	Ealing Eagles Running Club	Female	00:18:47	W U/50	9	45	602
159	Yee Fai Valerie	Wong	Victoria Park Harriers and Tower Hamlets A	Female	00:18:49	W U/50	10	40	607
160	John	Corcoran	Harrow AC	Male	00:18:50	M U/50	143	37	742
161	Lydia	Briggs	Victoria Park Harriers and Tower Hamlets A	Female	00:18:51	W U/50	11	31	577
162	Mary	Cormack	Clapham Chasers	Female	00:18:53	W U/50	12	39	594
163	Timothy	Woodman	Fulham Running Club	Male	00:18:56	M U/50	144	33	615
164	Jonathan	Moscrop	Serpentine Rc	Male	00:18:57	M V50	6	51	579
165	Gareth	Turner		Male	00:18:59	M U/50	145	40	771
166	Mark	Pinder	Ip morgan running club	Male	00:18:59	M V50	7	55	768
167	Daniel	Gawne		Male	00:18:59	M U/50	146	26	611
168	Richard	Giles	kent ac	Male	00:19:00	M U/50	147	47	544
169	Miles	Sankey		Male	00:19:02	M U/50	148	26	547
170	Sam	Fender	Dulwich Runners A.C	Male	00:19:02	M U/50	149	19	610
171	Gavin	Englefield	South London harriers	Male	00:19:04	M U/50	150	48	234
172	Laura	Goodson	Belgrave Harriers	Female	00:19:05	W U/50	13	33	753
173	Lydia	Blythe	Thames Valley Harriers	Female	00:19:05	W U/50	14	27	754
174	Sian	Marker	Aldershot and Farnham District	Female	00:19:06	W U/50	15	34	179
175	Ed	Hadrill		Male	00:19:08	M U/50	151	35	766
176	Ed	Hampton-Matthews	Clapham Chasers	Male	00:19:09	M U/50	152	32	746
177	Clare	Hartley-Marjoram	Victoria Park Harriers and Tower Hamlets A	Female	00:19:09	W U/50	16	34	599
178	Sam	Harris		Male	00:19:10	M U/50	153	34	757
179	Lewis	Dyke		Male	00:19:11	M U/50	154	33	764
180	Sum	Mattu	Dulwich	Male	00:19:12	M U/50	155	39	767
181	Jonathan	Lanini	Best Athletics	Male	00:19:12	M U/50	156	41	604
182	Victoria	Sayer	Best Athletics	Female	00:19:13	W U/50	17	27	624
183	Philip	McDermott	Orion Harriers	Male	00:19:13	M U/50	157	46	605
184	Marc	Basson		Male	00:19:17	M U/50	158	41	231
185	Jonathan	Whittaker	Dulwich Runners	Male	00:19:18	M U/50	159	45	879
186	Adrian	Kerr	Serpentine Rc	Male	00:19:18	M V50	8	51	276
187	George	Graham	London Heathside	Male	00:19:20	M U/50	160	47	269
188	Scott	Rice	Thurrock Harriers	Male	00:19:21	M V50	9	54	597
189	Rob	Mayes	Dulwich Runners A.C.	Male	00:19:23	M U/50	161	34	585
190	David	Boot	West 4 Hariers	Male	00:19:24	M U/50	162	42	773
191	Robert	Collopy		Male	00:19:29	M U/50	163	30	293
192	Christy	Walklin		Male	00:19:31	M U/50	164	31	614
193	Kristofer	Bjork	Best Athletics	Male	00:19:33	M U/50	165	44	266
194	Helen	Shannon	dulwich runners ac	Female	00:19:33	W U/50	18	42	770
195	David	Renshaw	Guildford & Godalming AC	Male	00:19:35	M V60	3	61	297
196	Sarah	Cronin	Tonbridge AC	Female	00:19:35	W U/50	19	33	609
197	Zoltan	Molnar		Male	00:19:39	M U/50	166	33	831
198	Mayank	Kabadi		Male	00:19:40	M U/50	167	25	634
199	Laura	Cullen	Clapam Chasers	Female	00:19:42	W U/50	20	28	755
200	Nadi	Jahangiri	Highgate Harriers	Male	00:19:42	M V60	4	63	776
201	Mark	Fuller	South London harriers	Male	00:19:43	M U/50	168	32	238
202	David John	Simpson	Victoria Park Harriers and Tower Hamlets A	Male	00:19:46	M U/50	169	39	639
203	Ross	Rook	Dulwich Runners AC	Male	00:19:47	M U/50	170	44	643
204	Claire	Curtin	the stragglers	Female	00:19:47	W U/50	21	47	617
205	Victoria	Buck	kent ac	Female	00:19:47	W V50	1	51	608
206	Jess	Lovell	Tonbridge AC	Female	00:19:48	W U/50	22	28	621
207	Alice	Sinclair	Clapham Chasers	Female	00:19:48	W U/50	23	37	625
208	Daniel	Blower	Fulham Running Club	Male	00:19:49	M U/50	171	30	763
209	Dominic	Paine	trent park running club	Male	00:19:51	M U/50	172	19	759
210	Jess	Hannah	Victoria Park Harriers & THAC	Female	00:19:54	W U/50	24	34	632
211	Cat	O'Shea	Victoria Park Harriers and Tower Hamlets A	Female	00:19:54	W U/50	25	35	593

212	Daniel	Pickering		Male	00:19:55	M U/50	173	31	781
213	Jonathan	Litchfield		Male	00:19:58	M U/50	174	49	618
214	Steve	Trapmore	Caversham Casuals	Male	00:19:59	M V50	10	50	808
215	Shaun	Lowthian	Mornington Chasers	Male	00:20:01	M U/50	175	39	630
216	Alexander	Lubbock		Male	00:20:05	M U/50	176	30	789
217	Beth	Rainbow	Best Athletics	Female	00:20:06	W U/50	26	28	247
218	Marco	Marotta	dulwich runners ac	Male	00:20:09	M U/50	177	34	795
219	Craig	Mitchell		Male	00:20:09	M U/50	178	33	369
220	David	Monahan	Southwark Athletics Club	Male	00:20:10	M U/50	179	23	601
221	Thomas	Cheetham	hercules imbedon ac	Male	00:20:17	M V50	11	58	338
222	Edward	Englefield	South London harriers	Male	00:20:19	M U/16	1	13	832
223	Constantine	Mossios	Serpentine Running and Triathlon Club	Male	00:20:19	M V50	12	56	777
224	Christopher	Dunhill	South London harriers	Male	00:20:21	M V50	13	51	287
225	Mike	Baker		Male	00:20:27	M U/50	180	23	772
226	Terry	Worton	Camberley & District Athletics Club	Male	00:20:31	M V50	14	55	322
227	Kristian	Thomas	Mornington Chasers	Male	00:20:36	M U/50	181	34	642
228	Chris	Douthwaite		Male	00:20:39	M U/50	182	31	783
229	Mia	Girona Gomez	Fulham Running Club	Female	00:20:39	W U/50	27	33	779
230	Sarah	Stallwood	Camberley & District Athletics Club	Female	00:20:40	W U/50	28	46	786
231	Ryan	Duncanson		Male	00:20:45	M U/50	183	33	307
232	Dexter	Stevenson		Male	00:20:45	M U/16	2	12	626
233	Nick	Mortimer		Male	00:20:47	M U/50	184	29	784
234	Justin	Siderfin	Dulwich Runner AC	Male	00:20:48	M V50	15	52	644
235	Tom	McArdle		Male	00:20:48	M U/50	185	26	635
236	Allan	Cox	Allan Cox	Male	00:20:56	M U/50	186	48	793
237	charles	whitehouse	Fulham Running Club	Male	00:20:59	M U/50	187	36	248
238	Alex	Slotwinska	Windsor Slough Eton & Houndslow AC	Female	00:21:03	W U/50	29	32	640
239	Karina	Box	kent ac	Female	00:21:09	W U/50	30	36	335
240	Mary	Whittle	Best Athletics	Female	00:21:10	W U/50	31	30	281
241	Lee	McIntosh	Best Athletics	Male	00:21:12	M U/50	188	36	790
242	Ellie	Holloway	Mornington Chasers	Female	00:21:13	W U/50	32	28	649
243	Emma	Beresford	Clapham Chasers	Female	00:21:13	W U/50	33	37	787
244	Fred	Ayre	Petts Wood Runners	Male	00:21:19	M U/50	189	25	739
245	Diarmuid	Green		Male	00:21:26	M U/50	190	22	654
246	Emma	Cadoux-Hudson		Female	00:21:40	W U/50	34	30	797
247	Lexi	Brown	Southwark Athletics Club	Female	00:21:48	W U/50	35	35	292
248	Billie	Armstrong	London Heathside	Female	00:21:50	W U/50	36	28	646
249	Simon	Nichols	London Heathside	Male	00:21:57	M V50	16	55	780
250	Philippa	Goodhew	dulwich runners ac	Female	00:22:05	W U/50	37	39	415
251	Enda	Kiernan	Dulwich Runners A.C	Male	00:22:10	M V50	17	55	792
252	Katie	Style		Female	00:22:12	W U/50	38	24	815
253	Tom	Poynton	Dulwich Runners A.C	Male	00:22:17	M V50	18	52	650
254	Natasha	Ferencyz	London Heathside	Female	00:22:18	W U/50	39	31	798
255	Ken	McCallum		Male	00:22:20	M V50	19	54	429
256	Geoff	Hurrell	Tunbridge Wells Harriers	Male	00:22:27	M V60	5	62	377
257	Emma	Etheredge	St Mary's Richmond AC	Female	00:22:27	W U/50	40	27	592
258	Alex	Hurrell	Clapham Chasers	Male	00:22:27	M U/50	191	31	70
259	Ruth	Wilkinson	East London Traithletes	Female	00:22:35	W U/50	41	30	799
260	Louis	Watson		Male	00:22:40	M U/50	192	25	658
261	Robbie	Watson		Male	00:22:44	M U/50	193	22	659
262	Robert	Fish		Male	00:22:46	M U/50	194	24	800
263	Colin	Williams	Watford Joggers	Male	00:22:46	M V60	6	61	372
264	Katherine	Elmore-Jones	Fulham Running Club	Female	00:22:51	W U/50	42	48	328
265	Stefano	Vernazza		Male	00:22:59	M V50	20	50	652
266	Alexander	Kolb	Serpentine	Male	00:23:12	M V50	21	53	801
267	Colm	Donnelly	Clapham Chasers	Male	00:23:25	M U/50	195	45	645
268	Joanna	Elferink	Orion Harriers	Female	00:23:35	W U/50	43	42	670
269	Chloe	Shimell		Female	00:23:41	W U/50	44	29	802
270	Mark	Howard		Male	00:23:48	M V50	22	54	661
271	Graham	Laylee	Dulwich runners	Male	00:23:55	M V60	7	68	657
272	Michael	Mann	Dulwich Runners A.C	Male	00:24:05	M V70	1	76	673
273	Tom	Shepherd		Male	00:24:36	M U/50	196	23	662
274	Geno	Esposito		Male	00:24:55	M U/50	197	25	648
275	Ally	Chow		Female	00:25:15	W V50	2	56	804
276	Ruth	Gledhill	Serpentine	Female	00:25:23	W V60	1	65	810
277	Sophie	Billham		Female	00:25:24	W U/50	45	32	660
278	Ruth	Cottam	Collingwood AC	Female	00:25:36	W V50	3	59	382
279	Ian	McCarthy	Cambridge Harriers	Male	00:25:39	M V60	8	68	825
280	Adrian	Hunt	Thames Hare and Hounds	Male	00:26:15	M V60	9	62	385
281	Barrie John	Nicholls	Dulwich Runners A.C	Male	00:26:36	M V70	2	71	663
282	Dave	Foard		Male	00:26:39	M V50	23	56	664
283	Claire	Steward	Dulwich Runners A.C.	Female	00:26:41	W V70	1	73	667
284	Nyla	Hussain	Serpentine	Female	00:27:04	W U/50	46	49	393
285	Ros	Tabor	Dulwich Runners A.C.	Female	00:27:10	W V70	2	75	395
286	Louise	Rowland		Female	00:27:43	W U/50	47	33	807
287	Heidi	Rasmussen	Serpentine Running and Athletics Club	Female	00:27:58	W V50	4	54	820
288	Rachel	Dixon	Wimbledon Windmilers	Female	00:28:34	W U/50	48	30	813
289	Lindsey	Annable	Dulwich Runners A.C	Female	00:29:03	W V50	5	57	665
290	Julian	Canty	Clapham Chasers	Female	00:29:31	W U/50	49	40	829
291	Andrew	Murray	dulwich runners ac	Male	00:30:27	M V70	3	72	811
292	Elkinsu	Ornek		Female	00:30:44	W U/50	50	25	814
293	Ruth	Corbett	Serpentine Rc	Female	00:40:49	W U/50	51	49	409