

Sri Chinmoy 5K Race

Battersea Park, London

23rd June 2026

DASHING DEER 5K



**SRI CHINMOY
MARATHON TEAM**



www.runandbecome.com

WINNERS						
RANK	NAME	SURNAME	CLUB	M F	TIME	AGE
Men U/50						
1	Fred	Smithers	Serpentine	Male	00:15:34	29
2	Victor	Lio	Serpentine Rc	Male	00:15:45	37
3	Matthew	Haynes	Victoria Park & Tower Hamlets AC	Male	00:15:46	30
4	Tomas	Cotter	Fulham Running Club	Male	00:15:49	35
5	Sergei	Predko		Male	00:15:53	37
6	Edward	Palfreeman	Herne Hill Harriers	Male	00:16:15	30
7	James	Haynes	London Heathside	Male	00:16:15	33
Women U/50						
1	Katie	Grinyer	Guildford & Godalming AC	Female	00:17:21	29
2	Sarah	Overington	South London harriers	Female	00:18:20	37
3	Francesca	Stocco	London Heathside	Female	00:18:45	31
4	Alice	McCormack	Hercules Wimbledon	Female	00:19:00	24
5	Natasha	Sheel	Serpentine Running and Athletics Club	Female	00:19:04	38
6	Jess	Lovell	Tonbridge	Female	00:19:41	29
7	Helena	Hines	Serpentine	Female	00:20:13	24
Men Vet 50						
1	Angus	Beaumont	Serpentine Rc	Male	00:18:16	52
2	Christian	Nielsen	Thames Valley Harriers	Male	00:18:26	51
3	Jonathan	Moscrop	Serpentine Rc	Male	00:18:56	52
Women Vet 50						
1	Penny	Pilbeam	Tonbridge AC	Female	00:21:12	56
2	Catherine	Wilding	Serpentine	Female	00:21:17	55
3	Colleen	Renihan	Serpentine Rc	Female	00:21:51	56
Men Vet 60						
1	David	Ogden	South London harriers	Male	00:19:24	67
2	Nadi	Jahangiri	Highgate Harriers	Male	00:20:57	64
Women Vet 60						
1	Katrin	Flikschuh	Victoria Park Harriers Tower Hamlets A	Female	00:21:24	65
2	Catkin	Shelley	Serpentine Rc	Female	00:23:20	62
Men Vet 70						
1	Matt	Darville	South London harriers	Male	00:21:47	71
Women Vet 70						
1	Avril	Riddell	Serpentine Rc	Female	00:28:29	72
Women Under 16						
1	Zoe	Davis	South London harriers	Female	00:19:27	14
2	Anna	Jones	South London harriers	Female	00:22:34	14

ALL RESULTS BELOW

RESULTS									
RANK	NAME	SURNAME	CLUB	M F	TIME	CATEGORY	CAT. POS.	AGE	Race No
1	Fred	Smithers	Serpentine	Male	00:15:34	M U/50	1	29	1522
2	Victor	Lio	Serpentine Rc	Male	00:15:45	M U/50	2	37	1521
3	Matthew	Haynes	Victoria Park & Tower Hamlets AC	Male	00:15:46	M U/50	3	30	1836
4	Tomas	Cotter	Fulham Running Club	Male	00:15:49	M U/50	4	35	1529
5	Sergei	Predko		Male	00:15:53	M U/50	5	37	1835
6	Edward	Palfreeman	Herne Hill Harriers	Male	00:16:15	M U/50	6	30	1527
7	James	Haynes	London Heathside	Male	00:16:15	M U/50	7	33	1801
8	Nicholas	Browne	Serpentine	Male	00:16:17	M U/50	8	45	1517
9	Jacek	Skryzalin	London Frontrunners	Male	00:16:20	M U/50	9	35	1514
10	Nicholas	Clegg	Blackheath and Bromley Harriers AC	Male	00:16:23	M U/50	10	35	1524
11	David	Morgan	Kent Athletic Club	Male	00:16:24	M U/50	11	42	1544
12	Leo	Maliphant	Aldershot and Farnham District	Male	00:16:26	M U/50	12	36	1515
13	Matthew	Cartwright	Serpentine R.C	Male	00:16:29	M U/50	13	36	1832

14	Isaac	Edwards	London Heathside AC	Male	00:16:35	M U/50	14	30	1829
15	George	Lowe	London Fronrunners	Male	00:16:37	M U/50	15	28	1818
16	Sammy	Keenan	London Heathside	Male	00:16:47	M U/50	16	34	1539
17	Brendan	O'Boyle		Male	00:16:48	M U/50	17	36	1554
18	Mark	Boulton	Victoria Park & Tower Hamlets AC	Male	00:16:49	M U/50	18	42	1550
19	James	Macdonald	Cambridge Harriers	Male	00:16:56	M U/50	19	45	1579
20	Fintan	Kearney	Herne Hill Harries	Male	00:16:56	M U/50	20	33	1837
21	Steven	Artist	London Fronrunners	Male	00:17:00	M U/50	21	41	1808
22	Robert	Hickman	London Heathside	Male	00:17:03	M U/50	22	33	1604
23	David	Horsman	Tonbridge AC	Male	00:17:04	M U/50	23	44	1585
24	Hugh	Torry	Serpentine Rc	Male	00:17:11	M U/50	24	47	1547
25	Will	Thompson	Fulham Running Club	Male	00:17:11	M U/50	25	28	1598
26	Matthew	Trueman	dulwich runners ac	Male	00:17:14	M U/50	26	34	1603
27	Sean	Cuddihy	Clapham Chasers	Male	00:17:16	M U/50	27	29	1605
28	Jack	Goody	London Heathside AC	Male	00:17:23	M U/50	28	30	1559
29	Jose	Sabroso	London Heathside	Male	00:17:19	M U/50	29	42	1624
30	Lewis	Sullivan	London Fronrunners	Male	00:17:20	M U/50	30	38	1822
31	Katie	Grinyer	Guildford & Godalming AC	Female	00:17:21	W U/50	1	29	1689
32	Christoforos	Tsantoulas	Serpentine	Male	00:17:23	M U/50	31	46	1606
33	Simon	Morris	Serpentine Rc	Male	00:17:24	M U/50	32	35	1670
34	Chris	Cox	London Heathside	Male	00:17:26	M U/50	33	26	1583
35	Hugh	Stobart	Dulwich Runners AC	Male	00:17:29	M U/50	34	36	1546
36	Caleb	Hathaway	Herne Hill Harriers	Male	00:17:29	M U/50	35	29	1556
37	Marius	Thies	London Fronrunners	Male	00:17:32	M U/50	36	38	1823
38	Cameron	Hutton	London Fronrunners	Male	00:17:36	M U/50	37	32	1814
39	Tristan	Johnston-Wood	University of Oxford Cross Country Club	Male	00:17:38	M U/50	38	30	1534
40	Philip	Coales	Striders of Croydon	Male	00:17:44	M U/50	39	34	1576
41	Jose Maria	Andreo Casaseca	London Fronrunners	Male	00:17:44	M U/50	40	36	1807
42	Tom	Foster	Herne Hill Harriers	Male	00:17:47	M U/50	41	33	1697
43	Oliver	Stevenson	Aldershot Farnham & District AC	Male	00:17:48	M U/50	42	47	1789
44	Tristan	Lee	Best Athletics	Male	00:17:57	M U/50	43	36	1834
45	Nigel	Patrick	London Fronrunners	Male	00:18:00	M U/50	44	46	1821
46	Edoardo	Barbieri	Serpentine Rc	Male	00:18:03	M U/50	45	28	1607
47	Tobias	Kelley	London Fronrunners	Male	00:18:03	M U/50	46	31	1816
48	Tim	Draper	Hart road runners	Male	00:18:03	M U/50	47	34	1660
49	Si	Raeyen	Serpentine R.C	Male	00:18:10	M U/50	48	27	1838
50	Matthew	Briscoe		Male	00:18:10	M U/50	49	31	1693
51	Ryan	McCrickerd	Serpentine Rc	Male	00:18:12	M U/50	50	37	1666
52	Nick	Gibson	London Heathside	Male	00:18:12	M U/50	51	37	1720
53	Thomas Mario	Mario Franco	London Fronrunners	Male	00:18:13	M U/50	52	25	1819
54	Ethan	Walter	Holland Sports AC	Male	00:18:13	M U/50	53	28	1584
55	Charlie	Burkitt	Serpentine Rc	Male	00:18:14	M U/50	54	32	128
56	Yanakan	Logeswaran		Male	00:18:15	M U/50	55	29	1745
57	Angus	Beaumont	Serpentine Rc	Male	00:18:16	M U/50	1	52	1619
58	Fergal	Joyce	London Fronrunners	Male	00:18:17	M U/50	56	39	1815
59	Albano	Yuguero Bores	Hampstead Triathlon Club	Male	00:18:20	M U/50	57	32	1671
60	Sarah	Overington	South London harriers	Female	00:18:20	W U/50	2	37	1825
61	Jack	Foster	London Fronrunners	Male	00:18:24	M U/50	58	28	312
62	Christian	Nielsen	Thames Valley Harriers	Male	00:18:26	M U/50	2	51	1728
63	James	Flett	Serpentine	Male	00:18:28	M U/50	59	43	1826
64	Laurens	Price-Nowak	London Heathside	Male	00:18:29	M U/50	60	29	1590
65	Tim	Powell	Serpentine	Male	00:18:29	M U/50	61	36	1827
66	Chris	Oram		Male	00:18:30	M U/50	62	28	42
67	Dominic	Paine	trent park running club	Male	00:18:30	M U/50	63	20	1638
68	James	Gillanders	Serpentine Rc	Male	00:18:34	M U/50	64	48	1786
69	Philip	Whitehouse	Serpentine	Male	00:18:36	M U/50	65	36	1776
70	Philipp	Legner	London Fronrunners	Male	00:18:36	M U/50	66	33	1817
71	John	Daly	Best Athletics	Male	00:18:37	M U/50	67	34	1612
72	Charles	Riley	Dulwich Runners AC	Male	00:18:37	M U/50	68	39	1633
73	Wojciech	Pankow	London Fronrunners	Male	00:18:37	M U/50	69	41	1820
74	Cian	O'Mara	Herne Hill Harriers	Male	00:18:38	M U/50	70	29	1678
75	Sam	Hawthorn	the stragglers rc	Male	00:18:45	M U/50	71	32	1668
76	Francesca	Stocco	London Heathside	Female	00:18:45	W U/50	3	31	1749
77	Harry	Owrid	London Heathside	Male	00:18:48	M U/50	72	33	1746
78	Craig	Andrew Munn	London Fronrunners	Male	00:18:49	M U/50	73	35	295
79	Hamish	Watkins	London Fronrunners	Male	00:18:50	M U/50	74	33	364
80	Andrew	Snook	Axe Valley Runners	Male	00:18:53	M U/50	75	45	1674

81	Reece	Oliver	Belgrave run club	Male	00:18:54	M U/50	76	30	1756
82	William	Shippin	Redway Runners	Male	00:18:54	M U/50	77	40	1704
83	Brian	Barrett		Male	00:18:54	M U/50	78	26	18
84	Jack	Siggers		Male	00:18:54	M U/50	79	28	1731
85	Luke	Bangerter	Paddock Wood AC	Male	00:18:55	M U/50	80	38	1649
86	Jonathan	Moscrop	Serpentine Rc	Male	00:18:56	M V50	3	52	1833
87	Matt	Packer	South London harriers	Male	00:18:57	M U/50	81	40	1735
88	Sean	O'Neill	London Frontrunners	Male	00:18:59	M U/50	82	32	333
89	Peter	clarke	Serpentine Rc	Male	00:18:59	M V50	4	58	1761
90	Alice	McCormack	Hercules Wimbledon	Female	00:19:00	W U/50	4	24	40
91	Matthew	Baker	London Frontrunners	Male	00:19:01	M U/50	83	33	296
92	Natasha	Sheel	Serpentine Running and Athletics Club	Female	00:19:04	W U/50	5	38	1737
93	Laurens	Smulders	London Frontrunners	Male	00:19:05	M U/50	84	23	353
94	Rolandas	Glotnis	Serpentine	Male	00:19:05	M U/50	85	34	45
95	Dante	Easten	MAIDENHEAD ATHLETICS CLUB	Male	00:19:09	M U/50	86	17	1664
96	Raoul	Huysmans	Serpentine	Male	00:19:14	M U/50	87	45	109
97	Ben	O'Shea	London Frontrunners	Male	00:19:16	M U/50	88	33	334
98	Neil	Goodwin	South London harriers	Male	00:19:18	M U/50	89	41	393
99	Giles	Oliver	London Frontrunners	Male	00:19:19	M U/50	90	45	335
100	Andrew	Davies	hercules wimbledon ac	Male	00:19:20	M V50	5	52	14
101	David	Ogden	South London harriers	Male	00:19:24	M V60	1	67	1773
102	Zoe	Davis	South London harriers	Female	00:19:27	W U/16	1	14	392
103	Alex	Hellier	London Frontrunners	Male	00:19:28	M U/50	91	47	1813
104	Jess	Lovell	Tonbridge	Female	00:19:41	W U/50	6	29	46
105	James	Hamilton	Hercules Wimbledon	Male	00:19:48	M V50	6	52	1759
106	Benjamin	Thompson	Cambridge Harriers	Male	00:19:48	M U/50	92	45	17
107	Will	Parry	London Frontrunners	Male	00:19:49	M V50	7	58	338
108	Liam	Hazelton	London Frontrunners	Male	00:19:50	M U/50	93	44	319
109	Edward	Stephenson		Male	00:19:50	M U/50	94	26	39
110	Joe	Aslin		Male	00:19:52	M U/50	95	32	97
111	Toby	Crooks	Serpentine Running and Triathlon Club	Male	00:19:52	M U/50	96	30	1705
112	Dylan	Carmichael	London Frontrunners	Male	00:19:54	M U/50	97	33	1810
113	Thomas	Mcquade	Croydon Harriers	Male	00:19:56	M U/50	98	36	1659
114	Declan	Boothe-Brennan	Serpentine	Male	00:19:58	M U/50	99	30	369
115	Simon	Ellick	Serpentine R.C	Male	00:20:06	M U/50	100	28	394
116	Abu	Asad	Serpentine RTC	Male	00:20:07	M U/50	101	48	82
117	Helena	Hines	Serpentine	Female	00:20:13	W U/50	7	24	50
118	Sophie	Telfer	Serpentine Rc	Female	00:20:13	W U/50	8	30	202
119	Chris	Notton	Serpentine	Male	00:20:17	M V50	8	51	1764
120	Ian	Wang	Southwark Athletic Club	Male	00:20:18	M U/50	102	27	118
121	Will	Meakin	West 4 Harriers	Male	00:20:21	M U/50	103	29	38
122	Paul	Mercer	London Heathside	Male	00:20:25	M V50	9	51	1
123	Dominic	Addison	London Frontrunners	Male	00:20:25	M U/50	104	35	294
124	Roger	Kennedy	London Frontrunners	Male	00:20:27	M V50	10	52	324
125	Anna	Crawley	Ilford AC	Female	00:20:31	W U/50	9	36	49
126	James	Screen	Southwark Athletics Club	Male	00:20:32	M U/50	105	42	4
127	Tim	Charters	London Frontrunners	Male	00:20:33	M U/50	106	48	301
128	Samuel	Taylor	kent ac	Male	00:20:36	M U/50	107	41	1694
129	Robert	Collopy		Male	00:20:45	M U/50	108	31	389
130	Rachel	Haldane	West4Harriers	Female	00:20:48	W U/50	10	34	81
131	Alex	Slotwinska	Windsor Slough Eton & Houndslow AC	Female	00:20:50	W U/50	11	33	85
132	Peter	Woolley	Serpentine Rc	Male	00:20:52	M U/50	109	46	107
133	Liz	Wynn	Serpentine	Female	00:20:52	W U/50	12	48	384
134	Andrew	Scott	dulwich runners ac	Male	00:20:53	M U/50	110	44	1771
135	Nadi	Jahangiri	Highgate Harriers	Male	00:20:57	M V60	2	64	104
136	Sarah	Cronin	Tonbridge AC	Female	00:20:58	W U/50	13	34	34
137	Thomas	Cheetham	Hercules Wimbledon	Male	00:20:58	M V50	11	59	385
138	Mat	Barber	Southwark Athletics Club	Male	00:20:59	M U/50	111	48	64
139	Shaun	Melvin	west 4 harriers	Male	00:21:01	M U/50	112	42	67
140	Sophie	Flanagan	Serpentine	Female	00:21:11	W U/50	14	34	371
141	Will	Dimond	London Frontrunners	Male	00:21:12	M U/50	113	33	307
142	Penny	Pilbeam	Tonbridge AC	Female	00:21:12	W V50	1	56	102
143	Valerio	Fasoli	London Frontrunners	Male	00:21:15	M U/50	114	37	310
144	Stephen	Topp	London Heathside	Male	00:21:15	M U/50	115	49	35
145	Catherine	Wilding	Serpentine	Female	00:21:17	W V50	2	55	382
146	Georgina	Thorborn-Crook	Serpentine Rc	Female	00:21:19	W U/50	15	43	96
147	Matthew	Howles	London Frontrunners	Male	00:21:22	M U/50	116	36	321

148	Katrin	Flikschuh	Victoria Park Harriers Tower Hamlets A	Female	00:21:24	W V60	1	65	157
149	Paul	Brandreth	Ravens City of London Running Club	Male	00:21:29	M V50	12	51	66
150	Leo	Pemberton	London Heathside	Male	00:21:36	M U/50	117	48	119
151	Philip	Hogg	London Heathside AC	Male	00:21:43	M V50	13	56	31
152	Matt	Darville	South London harriers	Male	00:21:47	M V70	1	71	184
153	Kevin	Galono	London Frontrunners	Male	00:21:50	M U/50	118	36	313
154	Colleen	Renihan	Serpentine Rc	Female	00:21:51	W V50	3	56	198
155	Laura	Schmid	Clapham Chasers RC	Female	00:21:51	W U/50	16	37	164
156	Rhona	Macleod	South London harriers	Female	00:21:52	W V50	4	50	388
157	Katie	Potter		Female	00:21:52	W U/50	17	33	144
158	Paul	Sanderson	Guildford & Godalming AC	Male	00:21:54	M V70	2	71	166
159	Aidan	Padfield	London Frontrunners	Male	00:21:55	M U/50	119	35	337
160	Alex	Malzer	Serpentine Running and Athletics Club	Male	00:21:57	M V50	14	56	129
161	Robbie	Leventhal		Male	00:22:00	M U/50	120	26	78
162	Jo	Tillman	Southwark Athletics Club	Female	00:22:01	W U/50	18	47	71
163	Anushka	Cross	Highgate Harriers	Female	00:22:02	W U/50	19	47	161
164	Nicholas	Anderston	VPH & TH	Male	00:22:08	M U/50	121	38	105
165	Charlie	Morgan		Male	00:22:14	M U/50	122	38	258
166	Hans	Ho	Serpentine Rc	Male	00:22:19	M U/50	123	44	178
167	Adam	Jones	London Frontrunners	Male	00:22:24	M U/50	124	38	323
168	Jon	Moore	London Frontrunners	Male	00:22:31	M U/50	125	40	331
169	Peter	Brown	South London harriers	Male	00:22:33	M V60	3	69	170
170	Anna	Jones	South London harriers	Female	00:22:34	W U/16	2	14	162
171	Heath	Rose	London Frontrunners	Male	00:22:35	M U/50	126	49	346
172	Magnus	Hallin	London Heathside	Male	00:22:39	M V50	15	58	187
173	Dragan	Prlja	Serpentine	Male	00:22:56	M V50	16	58	378
174	Mitch	Fryer	London Frontrunners	Male	00:23:06	M U/50	127	36	292
175	John	Foss	South London Harriers	Male	00:23:13	M V60	4	67	1831
176	Catkin	Shelley	Serpentine Rc	Female	00:23:20	W V60	2	62	175
177	Jemima	Guelfi		Female	00:23:31	W U/50	20	34	181
178	Patrick	Thielemans	Serpentine Rc	Male	00:23:37	M U/50	128	49	391
179	Zeke	Farrell	London Frontrunners	Male	00:23:39	M U/50	129	36	309
180	Katharine	Shields	London Frontrunners	Female	00:23:40	W U/50	21	32	350
181	Geoff	Hurrell	Tunbridge Wells Harriers	Male	00:23:46	M V60	5	63	219
182	Daniel	Wrapson	London Heathside AC	Male	00:23:48	M U/50	130	40	212
183	Justin	Dickson	London Frontrunners	Male	00:24:04	M U/50	131	44	306
184	Jerry	Lockspeiser	Serpentine	Male	00:24:06	M V70	3	73	375
185	Martin	Vu	London Frontrunners	Male	00:24:12	M U/50	132	30	363
186	Anastasios	Koutsos	London Frontrunners	Male	00:24:24	M U/50	133	48	326
187	David	Ruegg	London Frontrunners	Male	00:24:37	M V50	17	56	347
188	Michelle	Wong	Serpentine	Female	00:24:59	W U/50	22	26	383
189	Eoin	Collins		Male	00:25:06	M U/50	134	28	15
190	Freddie	Mansfield		Male	00:25:08	M U/50	135	25	177
191	Alex	Swanson	London Frontrunners	Male	00:25:16	M U/50	136	35	355
192	Marie-Laure	Lhomond	Serpentine	Female	00:25:36	W V50	5	52	374
193	Chris	Jennings		Male	00:25:57	M U/50	137	29	386
194	Rebecca	Marshall	London Heathside	Female	00:26:04	W U/50	23	49	205
195	Sath	Vimalarajah	London Frontrunners	Male	00:26:26	M U/50	138	33	362
196	Filipe	Borne	London Frontrunners	Male	00:26:32	M U/50	139	47	298
197	Helen	Lane	Serpentine R.C	Female	00:26:37	W V60	3	62	387
198	James	Merrikin		Male	00:27:04	M U/50	140	38	179
199	Jenny	Gois	Serpentine R.C	Female	00:27:05	W U/50	24	32	390
200	Dominic	Harington	HRUK	Male	00:27:24	M U/50	141	42	259
201	Sophie	Taylor	Serpentine R.C	Female	00:27:26	W U/50	25	38	214
202	Simon	Lawson	Serpentine	Male	00:27:32	M V50	18	59	235
203	Avril	Riddell	Serpentine Rc	Female	00:28:29	W V70	1	72	256
204	Gwen	Wright	London Frontrunners	Female	00:28:31	W V60	4	63	366
205	Naomi	Stanford	Serpentine	Female	00:28:43	W V70	2	75	379
206	Peter	Smith		Male	00:28:49	M V70	4	73	228
207	Sky	Herington	N/A	Female	00:29:14	W U/50	26	36	236
208	Gail	Barnard	London Frontrunners	Female	00:29:25	W V60	5	62	297
209	Jill	Olsen	London Frontrunners	Female	00:29:28	W V50	6	53	336
210	Camilla	Allwood	Serpentine Running and Triathlon Club	Female	00:29:52	W V60	6	67	245
211	Stephanie	Vaatz	Serpentine R.C	Female	00:30:51	W V50	7	51	244
212	Bob	Ravelli	London Frontrunners	Male	00:37:07	M V60	6	69	340
213	Ruth	Corbett	Serpentine Rc	Female	00:47:31	W V50	8	50	255